

22nd Sunday in Ordinary Time
August 29, 2021

FAITH @ HOME

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First Reading: Deuteronomy 4:1-2, 6-8
Responsorial Psalm: Psalm 15:2-3, 3-4, 4-5
Second Reading: James 1:17-18, 21b-22, 27
Gospel: Mark 7:1-8, 14-15, 21-23

[Full readings can be found here!](#)

1. HEAR

Grab your bible and look up the Gospel reading. Don't have one? You can find the text [HERE](#).

[Click here](#) to see a video of the Gospel.

[Click here](#) to see a video of the Gospel for children.

2. PRAY

In the Gospel today we see the Pharisees challenge Jesus by questioning him saying, "Why do your disciples not follow the tradition of the elders but instead eat a meal with unclean hands?"

In Jesus response to the Pharisees, we see him say, ".....This people honors me with their lips, but their hearts are far from me....."

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

Consider reading that phrase again and pray with it, "This people honors me with their lips; but their hearts are far from me." As you pray with these words, reflect on the state of YOUR heart when you practice your faith:

- Is your heart open and attentive when you go to mass?
- Is your heart on fire with love and mercy towards others?
- Does your heart glorify God as you follow His word?



3. TALK

With those in your family or with a friend, share your response to one of the questions above. Discuss ways that you can be a better Missionary Disciple.

We are called by Jesus to love God and love one another. Let us all strive to be closer to Jesus and reflect God's love to others with an open and loving heart.