

He's Alive!



Living the Good News
2nd Sunday of Easter – A

"Thomas," say the friends of Jesus. "We have seen Jesus. He's alive!"

"No!" says Thomas. "Jesus died on a cross."

"But now he's alive," say the friends of Jesus.

"No!" says Thomas. "I must touch Jesus myself before I will believe that he is alive."

Suddenly Jesus is there.

"Peace be with you," says Jesus. Then Jesus walks right up to Thomas.

"See me, Thomas," says Jesus. "Touch me."

"I can see you," says Thomas. "I can touch you. Jesus, you're really alive!"



Touch-Me Signs



Cut out these signs.
Use tape to put each
sign on a family
member. Then kiss,
cuddle and hug!



Today your child heard the story of Thomas, who refuses to believe that Jesus is alive until he can touch Jesus himself (John 20:19-31).

Touching is one of the most powerful tools we have to communicate love to our child. Hugs, cuddles, kisses and even friendly roughhousing are all ways that children enjoy being touched.

When children do not get enough touching or other focused attention, they act in predictable ways: they whine, sulk, get angry and get into trouble. When you see these behaviors beginning, try to give your child your direct, friendly attention immediately.

Sit close to your child; give him or her your full attention, smile and offer backrubs, hugs or shoulder squeezes. You may be surprised at the powerful effect your loving attention can have on your child's behavior.