








Lunch Menu October 2019

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-Allergy alert: Menu items may contain nuts or eggs.

Mon	Tue	Wed	Thu	Fri
	1 Hotdog/Bun Tuna Salad Sandwich Baked Beans Carrot Sticks Peaches Milk Choice	2 CiCi Cheese Pizza Hamburger/Bun Romaine & Spinach Salad Mix Corn Applesauce Milk Choice 	3 Chicken Alfredo w/Pasta PB & J Sandwich/Carrots Romaine & Spinach Salad Mix Green Beans Warm Cinnamon Apple Slices Milk Choice	4 No School
7 Frito's w/Chili & Cheese Boiled Egg, Fresh Veggies, Roll Sweet Corn Diced Peaches Milk Choice	8 Chicken & Waffle Tuna Salad Sandwich Mashed Potatoes Carrot Sticks Fruit Mix Milk Choice  	9 CiCi Cheese Pizza Corndog Romaine Salad Mix Green Beans Applesauce Milk Choice 	10 Pasta w/Meat Sauce Fluffer Nutter/Carrot Sticks Romaine & Spinach Salad Mix Blueberries Milk Choice 	11 Nacho Cheese w/Chips Cereal w/Cheese Stick Romaine Salad Celery & Carrot Fresh Fruit Milk Choice
14 Meatball Sub Egg Salad over Lettuce/Bread Potato Tots (Baked) Broccoli Applesauce Milk Choice	15 Grilled Cheese Sandwich Chicken Salad Wrap Tomato Soup Fresh Sautéed Squash Blueberries Milk Choice	16 CiCi Cheese Pizza Hotdog/Bun Romaine Salad Mix Corn Warm Apple Slices w/Cinnamon Milk Choice 	17 Chicken Alfredo w/Pasta PB & J Sandwich/Carrots Romaine & Spinach Salad Mix Sweet Peas Mixed Fruit Milk Choice	18 BBQ Chicken Strip/Bread Tuna Salad Sandwich Baked Beans Carrot Sticks Peaches Milk Choice
21 Chicken & Cheese Casserole Egg Salad Sandwich Romaine Salad Carrot Sticks Fruit Mix Milk Choice	22 Breakfast Express French Toast/Ham Egg & Cheese Burrito Potato Tots (Baked) Blueberries Milk Choice	23 Half Day - No Lunch Parent/Teacher Conferences	24 Half Day - No Lunch Parent/Teacher Conferences	25 Macaroni & Cheese/Bread Fluffer Nutter Romaine Salad Mix Italian Green Beans Fresh Fruit Milk Choice
28 White Chicken Chili/Chip Tuna Salad Sandwich Romaine Salad Mix Carrot Sticks Peaches Milk Choice	29 Hamburger/Bun Ham & Cheese Sandwich Potato Tots (Baked) Broccoli Salad Fresh Fruit Milk Choice	30 CiCi Cheese Pizza Corndog Romaine Salad Mix Green Beans Applesauce Milk Choice 	31 Pasta w/Meat Sauce Fluffer Nutter/Carrots Romaine & Spinach Salad Mix Diced Peaches Milk Choice 