

Prayer for Spiritual Communion

A prayer for those who may wish to, but are unable to receive Communion, for whatever reason.



My JESUS, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

AMEN

