

January 26, 2020

Third Sunday of Ordinary Time

Dear friends in Christ,

As Catholics we are entirely devoted to the Person of Jesus who remains with us in every Catholic Church. He is truly present in the Blessed Sacrament.

At Communion time during Mass, those who are in a state of grace (that is, they have been to confession since their last mortal sin), join the procession of those who approach the altar to receive Jesus. The Lord Jesus has instituted the Blessed Sacrament which we receive during Mass so that we have the spiritual nourishment necessary to remain near to God. The challenges of life are too much for us without the help that He offers us in Holy Communion.

"The Body and Blood of Christ present under the appearances of bread and wine are treated with the greatest reverence both during and after the celebration of the Eucharist (cf. *Mysterium Fidei*, nos. 56-61). For example, the tabernacle in which the consecrated bread is reserved is placed "in some part of the church or oratory which is distinguished, conspicuous, beautifully decorated, and suitable for prayer" (Code of Canon Law, Can. 938, §2).

According to the tradition of the Latin Church, one should genuflect in the presence of the tabernacle containing the reserved sacrament."

Many members of the parish have asked me if they may use the altar rail to kneel while they receive Holy Communion. Of course, I have eagerly agreed to distribute the Blessed Sacrament to them in the reverent posture of kneeling. To use the altar rail while receiving on the tongue is the traditional way of receiving the Eucharist. Kneeling is one way to fulfill the REQUIREMENT to make a form of reverence for those who approach the altar to receive Jesus in Holy Communion; if one is standing, then a noticeable bow of the head is made.

Certain norms have been approved for the United States as indicated in the General Instruction to the Roman Missal:

"The norm established for the Dioceses of the United States of America is that Holy Communion is to be received standing, unless an individual member of the faithful wishes to receive Communion while kneeling (*Redemptionis Sacramentum*, no. 91).

When receiving Holy Communion, the communicant bows his or her head before the Sacrament as a gesture of reverence and receives the Body of the Lord from the minister. The consecrated host may be received either on the tongue or in the hand, at the discretion of each communicant." (GIRM #160)

As we worship together at Mass, it should be our fervent desire to give glory to God in unity. If we are following the praxis of the Church, we are united. To be a practicing Catholic in a state of grace and to receive the Jesus in the Blessed Sacrament in accord with the provisions of liturgical law manifests the sign and reality of Communion.

Venite adoremus - Come let us adore Him!

Fr. Martin Flum



"Pregnant and parenting moms in need are in our parishes and our neighborhoods. As Pope Francis reminds us, our parishes need to be "islands of mercy in the midst of a sea of indifference." Everyone in the parish community should know where to refer a pregnant woman in need.

The 25th anniversary year of *Evangelium Vitae* gives us a wonderful opportunity to assess, expand, and communicate resources to pregnant moms and families in need. We are inviting parishes, through the support of their bishop and pastor, to join a nationwide effort from March 25, 2020 to March 25, 2021 entitled: "Walking with Moms in Need: A Year of Service." An initiative of the Pro-Life Committee of the US Bishops.

MINISTRY SCHEDULE FOR NEXT WEEK

Saturday	02/01/20	5pm
Rosary Leader: Joe Sobnosky		
Server: James Aviles	Lector: Claude Boswell	
EMHC: TBD		
Sunday	02/02/20	8am
Rosary Leader: Ron Smith		
Server: Felicita Rich	Lector: Maureen Ingle	
EMHC: TBD		
Sunday	02/02/20	11:30am
Rosary Leader: Kevin Mondorff		
Server: Kayla Aure	Lector: David Mason	
EMHC: TBD		

Readings for the week of January 27, 2020

Mon	1/27/20	2 Sm 5: 1-7. 10 /Ps 89/Mk 3: 22-30
Tues	1/28/20	2 Sm 6: 12b-15.17-19/Ps 24/Mk 3: 31-35
Wed	1/29/20	2 Sm 7: 4-17/Ps 89/Mk 4: 1-20
Thurs	1/30 /20	2 Sm 7: 18-19. 24-29/ Ps 132/ Mk 4: 21-25
Fri	1/31/20	2 Sm 11:1-4a.510a.13-17/Ps 51/ Mk 4: 26-34
Sat	2/1/20	2 Sm 12: 1-7a, 10-17/ Ps 51: /Mark 4: 35-41
Sun.	2/2/20	Mal 3: 1-4/Ps 24:/ Heb 2: 14-18/ Lk 2: 22-40

PLEASE PRAY FOR THE SICK: For those who suffer from chronic illness, especially Joe Aviles, Angela Farmer, Madison Brady, Ann Canter, Charlene Cardwell, Tom Cardwell, Joyce Chambers, Thomas Chambers, Jackie Chapman, Brianna Daniels, Dorothy Dunston, Kathy Fisher, Mabel Hamilton, Florence Henderson, Crystal Johnson, Bernice Kirby, Marie Knobel, Wanda Langley, Betty Lindsay, Kenny Lindsay, Adam Lumpkins, Rachel Makle, Michael Mohun, Ralph and Regina Nasatka, Fannie Newman, Joyce Pickeral, Rev. Robert Pittman, Betty Proctor, Dawn Russo, Lucille Shanks, Dee Smith, Geraldine Stewart, Willie Stewart, George Thomas, Terry Wilson and Belinda Windsor, may their crosses be joined to the Cross of Jesus.



The Food Pantry & Clothing Closet will BOTH be open on the 2nd Saturday of every month 9am - 11am. Visit our website for more details:

stmichaelsbaden.weconnect.com

The food pantry is always in need of staple foods such as canned tuna and chicken, canned soup, peanut butter, jelly, and spaghetti sauce. Your donations of any of the above items and any other nonperishable items are greatly appreciated!

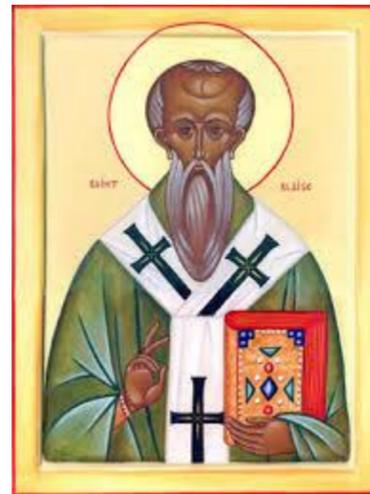
National Blue Army Shrine of Our Lady of Fatima



Saturday, April 25, The World Apostolate of Fatima-Archdiocese of Washington Division is sponsoring a 1-day bus pilgrimage led by Msgr. Balbago to the National Blue Army Shrine of Our Lady of Fatima in Washington, NJ. Cost is \$60.00. For more information call Monica at 301-949-5710.

Blessing of Throats

After all of the Masses on Sunday, Feb. 2nd, you may have your throat blessed. "Through the intercession of St. Blaise, bishop and martyr, may God deliver you from every disease of the throat and from every other illness, in the name of the Father, and of the Son, and of the Holy Spirit. Prayer for the Blessing of Throats.



FEAST OF ST. BLAISE

The Blessing of the Throats is a sacramental of the Roman Catholic Church usually offered on February 3rd, the feast day of Saint Blaise of Sebaste. Saint Blaise was the bishop of Sebaste and a doctor. The first known record of the saint's life comes from the medical writings of Aëtius

Amidenus, where he is recorded as helping with patients suffering from objects stuck in their throat. Many of the miraculous aspects of St. Blaise's life were written 400 years after his martyrdom in the "Acts of St. Blaise." Saint Blaise is believed to have begun as a healer and eventually, became a "physician of souls." Later, he retired to a cave, where he remained in prayer. People often turned to Saint Blaise for healing. Saint Blaise is depicted holding two crossed candles in his hand or in a cave with wild animals.

FIRST SATURDAY

February 1st is First Saturday! 8 AM Mass will be followed by adoration, the rosary, the opportunity for confession, and a 15-minute reflection on the mysteries of the Rosary. The Blue Army group will be gathering for breakfast and their meeting afterwards. If you have questions or would like to attend a meeting, call Joanna Mason at the office or email her at evangelization.stmichaelbaden@gmail.com.

YOUR SACRIFICIAL OFFERINGS

St. Michael's	
Offertory Collection	\$ 3750.00
St. Dominic's	
Offertory Collection	\$ 1265.00

Young Adults!

Don't forget we have a young adult group here (WINGS) that is spiritually thriving, having fun, and serving together. To find out more, talk to Joanna Mason (the organist) after Mass or contact her at the parish office.: (240)681-3551 or evangelization.stmichaelbaden@gmail.com

MASS INTENTIONS

Saturday	01/25/20	5pm	Ann Proctor ☩
Sunday	01/26/20	8am	Parishioners & their families
Sunday	01/26/20	10am	Thelma Rose Weinelt ☩
Sunday	01/26/20	11:30am	Rebecca Brown ☩
Monday	01/27/20	8am	Ann Barsi ☩
Tuesday	01/28/20	8am	Thelma rose Weinelt ☩
Wed.	01/29/20	8am	Rebecca Brown ☩
Thurs	01/30/20	8am	Yuick Chung ☩
Friday	01/31/20	8am	Ann Proctor ☩

"Daughter, when you go to confession, to this fountain of My mercy, the Blood and Water which came forth from My Heart always flows down upon your soul and ennobles it. Every time you go to confession, immerse yourself entirely in My mercy, with great trust, so that I may pour the bounty of My grace upon your soul. When you approach the confessional, know this, that I Myself am waiting there for you. I am only hidden by the priest, but I myself act in your soul. Here the misery of the soul meets the God of mercy. Tell souls that from this fount of mercy souls draw graces solely with the vessel of trust. If their trust is great, there is no limit to My generosity. The torrents of grace inundate humble souls. The proud remain always in poverty and misery because My grace turns away from them to humble souls." (Jesus to St. Faustine, Diary #1602)