



ImPACT Worksheet

Demographic and Background Information

School/Organization: _____ Date of Birth ____ Month ____ Date ____ Year
First Name: _____ Last Name: _____
Height: _____ ft _____ in Weight: _____ Gender: ____ Male ____ Female
Handedness: _____ right _____ left _____ ambidextrous (both right and left)
Native Country / Region: _____
Native Language: _____
Second Language: _____ (only if fluent in speaking and writing)
Ethnicity: _____ (Asian, Hispanic, etc.)
Years of education **completed** excluding kindergarten: _____ (e.g., high school senior is 11 years)
Check any of the following that apply:

- _____ Received speech therapy
- _____ Attended special education classes
- _____ Repeated one or more years of school
- _____ Diagnosed learning disability
- _____ Diagnosed attention deficit disorder or hyperactivity

While in school, what type of student are/were you?

- _____ Below Average
- _____ Average
- _____ Above Average

Current Sport: _____

Current position / event / class: _____
(e.g., quarterback, forward, 1st base, etc.)

Current level of participation: _____
(e.g., junior high, high school)

Years of experience at this level: _____ (0 - 4)
(e.g., number of years in high school, high school senior = 3)



Demographic and Background Information (cont.)

Concussion History (excluding current injury)

- _____ Number of times diagnosed with a concussion (**excluding current injury**)
- _____ Total number of concussions resulting in a loss of consciousness (**excluding current injury**)
- _____ Total number of concussions that resulted in confusion (**excluding current injury**)
- _____ Total number of concussions that resulted in difficulty with memory for events that occurred immediately after injury (**excluding current injury**)
- _____ Total number of concussions that resulted in difficulty with memory for events that occurred immediately before injury (**excluding current injury**)
- _____ Total number a games that were missed as a direct result of all concussions combined (**excluding current injury**)

Please list your 5 most recent concussions: _____ month _____ year
_____ month _____ year
_____ month _____ year
_____ month _____ year
_____ month _____ year

Indicate if you have had any of the following:

- _____ yes _____ no Treatment for headaches by physician
- _____ yes _____ no Treatment for migraine headaches by physician
- _____ yes _____ no Treatment for epilepsy/seizures
- _____ yes _____ no Treatment for brain surgery
- _____ yes _____ no Treatment for meningitis
- _____ yes _____ no Treatment for substance abuse / alcohol abuse
- _____ yes _____ no Treatment for psychiatric condition (depression, anxiety)

Have you been diagnosed with any of the following?

- _____ yes _____ no ADD/ ADHD
- _____ yes _____ no Dyslexia
- _____ yes _____ no Autism

Have you participated in any strenuous exercise and/or exertion in the last 3 hrs?

_____ yes _____ no

Date of your recent concussion: _____ month _____ date _____ year

Number of hours slept last night: _____ (approximate if uncertain)

Please list any **PRESCRIPTION** medication(s) you are currently taking:

