

Dear Parent/Guardian,

Beginning this spring, **St. Monica Catholic School** will be performing ImPACT (Immediate Post-Concussion Assessment and Cognitive Testing) Pediatric baseline testing in a pilot program on select athletes. Pediatric concussion management is a growing concern. ImPACT Pediatric gives healthcare providers the tools to be proactive and the data to be confident in their approach to concussion evaluation for patients ages 5-11. With the use of ImPACT Pediatric to establish baseline data in healthy patients, this provide insight into cognitive changes if an injury occurs, and aids in the development of a personalized course of treatment. This is the first baseline ImPACT Pediatric testing in the Metroplex and is designed to learn how to bring this testing to other schools in the area. Medical professionals who most frequently evaluate and treat sports medicine injuries are Orthopaedic surgeons, pediatricians, family medicine practitioners, although a broad range of specialists may also see the concussed athlete following their injury. In addition, Certified Athletic Trainers often play a crucial role in evaluation and treatment of the concussed athlete and are often involved in the baseline screening of the athlete.

For more information regarding ImPACT Pediatric, please visit their website: [www.impactpediatric.com](http://www.impactpediatric.com)

ImPACT was not designed to take the place of regular medical care and should not be used without proper oversight. ImPACT should never be used as a “stand alone” instrument to make return to play decisions and the test results should always be placed within the context of the overall medical care of the athlete.

It is also important to emphasize that ImPACT is not a substitute for neuropsychological testing, which can only be completed by an appropriately trained and licensed Neuropsychologist. Neuropsychologists can play an important role in the evaluation of athletes who have experienced a concussion but are not usually involved in the acute management of the athlete. Neuropsychological testing can be particularly useful in treating athletes who have prolonged or complicated recoveries, or who have academic issues following injury.

By signing below, you give permission for your son or daughter to have a baseline ImPACT (Immediate Post-Concussion Assessment and Cognitive Testing) Pediatric test administered at **St. Monica Catholic School**. This baseline test will be on file at **St. Monica Catholic School**. There is no charge for the testing.

**St. Monica Catholic School** may release the ImPACT (Immediate Post-concussion Assessment and Cognitive Testing) Pediatric baseline results to my child’s primary care physician, neurologist, or other treating physician, as indicated below.

I understand that general information about the test data may be provided to my child’s guidance counselor and teachers, for the purposes of providing temporary academic modifications, if necessary. This information may be sent electronically via text or e-mail.

Name of Parent or Guardian: \_\_\_\_\_

Signature of Parent or Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

PLEASE PRINT THE FOLLOWING INFORMATION:

Name of Doctor: \_\_\_\_\_

Name of Practice or Group: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Student’s Home Address: \_\_\_\_\_

Parent or guardian phone numbers (please indicate preferred contact number & time if necessary):

Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_