



A Safe Return to Competition

August 2021

At the Dallas Parochial League, it is our mission to offer opportunities for our Catholic School Students to participate in interscholastic athletic programs. Our student-athletes will have that opportunity this fall. The DPL will be offering volleyball, tackle football, flag football and cross country this fall season.

Due to an increase in COVID-19 cases in the Dallas Metroplex, there will be certain safety protocols for indoor and outdoor sports. We have outlined below some of the safety protocols that will be followed by all our schools, teams, players, coaches, and spectators. The DPL will continue to monitor the situation as conditions change.

VOLLEYBALL

1. Players, coaches, spectators and officials to arrive at the gym wearing masks. Everyone is required to keep masks in place at all times. Players will be permitted to remove their masks only while actively playing.
2. Separate entrance/exit doors will be marked in all gyms. Players, coaches and spectators are not to enter the gym until the gym has been cleared from the previous match.
3. If possible, team benches are to be enlarged so that players can socially distance on the bench.
4. Hand sanitizing stations should set-up so they are readily accessible to players, coaches and referees. Hands must be sanitized before players take the court and each time they exit the court.
5. The pre-game prayer will still be said but with teams standing in their bench area. No pre-game or post-game handshakes will take place but we still encourage players and coaches to congratulate each other after the game, just from a safe distance.
6. Teams will warm-up as usual staying on their own side of the court.
7. Teams will not switch sides after each set. They are to remain on their home/visitor sides throughout the match.
8. A pre-game coin flip will determine first serve only.

OUTDOOR SPORTS

1. Masks will not be required for outdoor sports except on sidelines/dug-outs where social distancing isn't possible.
2. Hand sanitizing stations will be available on site.

ISOLATION/QUARANTINE

- The DPL will follow the CSO isolation and quarantine policy for all teams and coaches.

COVID ATHLETIC WAIVER

- All student athletes will be required to have a signed COVID Athletic Waiver in their student file.