



St. Barnabas Catholic Church



Litururgical schedule this weekend, August 22-23:

Saturday, August 22:

- Drive Through Confession 1-3pm at St. Barnabas
- Communion Service 4pm at Our Lady of Lourdes

Sunday, August 23:

- Sunday Mass 9am in the Church

***Face Masks are required to attend Sunday Mass. Please keep social distancing if you are not part of a family.**

In Christ,
Rev. Douglas M. Vu
Pastor



Spiritual Exercise for this week:

Begin with prayer:

O my God, I firmly believe that you are one God in three divine Persons, Father, Son, and Holy Spirit; I believe that your divine Son became man and died for our sins, and that He shall come to judge the living and the dead. I believe these and all the truths that the holy Catholic Church teaches, because you have revealed them, who can neither deceive nor be deceived. Amen.

At our Baptism we were given sanctifying grace, a share in the Life of God, the life of God in us. As our bodies are intended to grow and reach adulthood so our souls are to grow and reach spiritual adulthood. The full experience of this spiritual adulthood is in heaven with God and the saints. In order to grow in the life of virtue we must use all that God gives us to grow in virtue. The life of God is active in man through the virtues both the theological virtues, and the moral virtues. The virtues of faith, hope and love are called theological virtues because they have God as their end. So the virtue of faith helps us to believe what God has made known to us and act like it.

God gives us the virtue of faith to perfect our mind. So with the virtue of faith God helps us to accept what He has made known to us concerning the deep mysteries of His inner life, as well as His work in the world.

For example: God has made known to us that God is One Divine Nature and Three Divine Persons. This is the mystery of the Holy Trinity. God has made known this mystery of His inner life and has given us the light by which we believe it. He also makes known to us His work in this world. Some examples are:

- He created the world,
- He came into the world to save us from our sins
- by His becoming man,
- suffering and dying for us,
- rising from the dead and
- ascending into heaven.

We accept the truth that God reveals because of His word alone. He is all-knowing and cannot deceive or be deceived. So our faith in God is certain. Along with the virtue of faith God gives two gifts of the Holy Spirit, knowledge and understanding. With the gift of knowledge God moves us to judge rightly and with certainty about the true relationship between God and created things. This enables us to see creatures in their proper

perspective as a reflection of the beauty and goodness of God. When these creatures lead us to God then we are seeing them as they really are but when they lead us away from God, then we should avoid them or we could end up making them into an idol. The gift of understanding helps us to begin to understand the truths we accept by faith. Since the usual way which we learn is little by little so God helps us to know and understand Him a little at a time so that we grow in our knowledge of Him better and better. This knowledge of God is the beginning of happiness and with God's help through the virtue of faith as well as the gifts of knowledge and understanding we should continually grow and increase in our knowledge of God and His work in the world until we reach spiritual adulthood in the Beatific Vision.

God grant we the grace to grow in the virtue of faith that I may know you better and love you more. I ask especially for Your help with_____.

Increase my faith that I may trust and love you more. I thank you for your help to be faithful to what you have made known to me!

In the Immaculate Heart of Mary,

Sister Rita Marie, SsEW



A FAMILY OF FAITH

*Family Catechesis
for Our Parish*

Register for continuing your faith...we need all ages, singles and families to register for Family Catechesis. Please register by 8/31/2020.

Click [HERE](#) to Register



Mass Readings for this weekend:

Twenty-first Sunday in Ordinary Time

Reading 1: IS 22:19-23

Responsorial Psalm: PS 138:1-2, 2-3, 6, 8

Reading II : ROM 11:33-36

Alleluia: MT 16:18

Gospel: MT 16:13-20



"Cards & Calls" Volunteers Needed

Since Covid started, I have made several phone calls or sent greeting cards to our known homebound or "senior" parishioners to see if they need anything, and to let them know they are not forgotten. More volunteers are needed. If you can help, please contact Angie Dailey at the parish office, 205-833-0334, or email stbarnabasbhm@gmail.com



St. Williams 50th Annual Seafood Festival

Labor Day Weekend
915 Gunter Avenue - Guntersville, Alabama



Please Continue to Support the Parish Financially

You can mail your contribution to

St. Barnabas Church

7921 1st Avenue North, Birmingham, AL 35206

We encourage you to enroll in our online giving program at

<https://giving.parishsoft.com/app/giving/stbarnabasbhm>

Or you may text to give at 205-850-7921

