

GOOD FRIDAY AT HOME

United to the whole Church and from our homes we celebrate an extraordinary Holy Week with many blessings

Here is a suggestion on how you may live GOOD FRIDAY.

LITURGICAL CELEBRATIONS FROM SOCIAL MEDIA

First thing: Reserve the time and space to participate in the Liturgical Celebration.

9:00 AM: ARCHBISHOP GOMEZ CALLS FOR NATIONAL MOMENT OF PRAYER ON GOOD FRIDAY. (*Go at the end of this document*)

In our St Frances X Cabrini community we will broadcast the Celebration of the Passion of the Lord at **3 PM** on YouTube or Facebook.

You're also welcome to tune in to the mass celebrated at the cathedral, which you are able to find on the church website. Or at

<https://www.wordonfire.org/daily-mass/> The Mass will be held at 3 PM also.

From our website you can access the indicated social networks and other useful resources for our perseverance:

[sfxcabrinichurch.org](https://www.sfxcabrinichurch.org)

For those who speak Spanish, you are welcome to participate in the morning prayer (lauds) at 8:30 AM

You are able to find these prayers in English at <https://universalis.com>

The important thing is that we are united in prayer.

SIGNS – ENVIROMENT

If possible, it would be good to have the following:

- Place the largest cross at home in the most visible place for all members.

It could be made with two planks in case you don't have a large crucifix.

- Signs or decoration drawings you correspond to the Way of the Cross that will celebrate at home.

On the internet it is not so difficult find these pictures. Example:

<https://www.aciprensa.com>

If there are children at home, it would be better to print the images that they can color.

- 14 crosses that can be made with any material that is available and can be placed in different places in the house.

STATIONS OF THE CROSS AT HOME

*The situation of each home or each house is different. All the **adaptations** deemed pertinent will be made.*

*It is necessary to **choose** the fourteen points of the house for the Stations of the Cross.*

*It is also important to **choose** who will preside or guide the Way of the Cross,*

preferably mom or dad or who may have this leadership role.

INTRODUCTION

Guide:

Let us prepare to start this way to the cross, the Stations of the Cross. May this walk, together in Christ Jesus, allow us to

- value the mercy of God
- repent of our sins
- and respond to the love manifested on the cross.

Let us begin by making the sign of the Cross

Everyone:

In the name of the Father...

Guide:

Let us become aware of the presence of God in our midst. He is with us.

Pause

Guide:

God, Our Father, who has loved us so much by giving us your only Son, for his

merits, forgive our sins and make us partakers of your divine life.

We all say:

GOD, OUR FATHER, SOURCE OF LOVE,
HAVE MERCY ON US

Everyone: GOD, OUR FATHER, SOURCE
OF LOVE ...

Guide:

Lord Jesus, you made the firm decision to die for us so that dead to sin we may rise to a new life, have mercy on us.

We all say:

JESUS, INCARNATED LOVE, HAVE MERCY
ON US

Together: JESUS, INCARNATED LOVE ...

Guide:

Holy Spirit, God of Love, who made it possible for Jesus to become a man with the consent of Mary, purify us of our sins by helping us to be reborn into a new life to be ONE in Christ Jesus.

We all say:

HOLY SPIRIT, HELPER OF THE SINNER,
HAVE MERCY ON US

Everyone: HOLY SPIRIT, HELPER OF THE
SINNER ...

Guide:

Let us prepare to start our Way to the
Cross

FIRST STATION:

Guide:

First station: Jesus is condemned to death.

We adore you, O Christ, and we bless you.

Everyone:

THAT BY YOUR HOLY CROSS YOU HAVE
REDEEMED THE WORLD AND I, A
SINNER. AMEN.

Reader:

The high priests and elders convinced the
people to release an evildoer named
Barabbas and to kill Jesus. Pilate, washing
his hands, fulfills the wish of the people:
he frees Barabbas and hands Jesus over to
be crucified. (*Cf. Mt 27, 20-26*)

Guide:

Let us pray ... Lord Jesus, for accepting your death sentence to free us, I thank you, my Lord.

Everyone:

THANK YOU, MY LORD JESUS.

Guide:

For the times that we have spoken wrong of others or have unfairly accused them, forgive me, Lord, forgive me.

Everyone:

Forgive me, Lord, forgive me.

Guide:

Talk to Jesus in your own words.

Pause

Anyone who would like to pray out loud, is welcome to do so.

Pause

Guide: Jesus, I have sinned.

Everyone: HAVE MERCY ON ME.

Our Father ... Hail Mary .. Glory be to the Father ...

SECOND STATION

Guide: *Second station: Jesus carries the cross.*

We adore you, O Christ, and we bless you.

Everyone:

THAT BY YOUR HOLY CROSS YOU HAVE REDEEMED THE WORLD AND I, A SINNER. AMEN.

Reader:

The soldiers brought Jesus to the palace. They dressed him in purple and put a crown of thorns on him. After beating him, spitting on him, and mocking him, they took him out to crucify him. (*Cf. Mc 15, 16-20*)

Guide:

Let us pray ... Lord Jesus, for bearing the consequences of loving us to the extreme

and bearing our multitude of sins, I thank you, my Lord.

Everyone:

THANK YOU, MY LORD JESUS.

Guide:

For the times we have made fun of others and made their lives heavier, forgive me Lord, forgive me.

Everyone: Forgive me Lord, forgive me.

Guide: Use this moment to speak to Jesus in your own words.

Pause

Anyone who would like to pray out loud, is welcome to do so.

Pause

Guide: Jesus, I have sinned.

Everyone: HAVE MERCY ON ME.

Our Father ... Hail Mary .. Glory be to the Father ...

THIRD STATION

Guide: *Third station: Jesus falls the first time.*

We adore you, O Christ, and we bless you.

Everyone:

THAT BY YOUR HOLY CROSS YOU HAVE REDEEMED THE WORLD AND I, A SINNER. AMEN.

Reader:

The weight of the cross makes Jesus fall, but for his love for us, he rises to continue his mission and encourages us saying: «Come to me all those who are weary and burdened, and I will give you rest. Take my yoke upon you, and learn from me, for I am meek and humble in heart, and you will find rest. My yoke is soft and my burden light. *(Cf. Mt 11, 28-30)*

Guide:

Let us pray ... Lord Jesus, without getting discouraged and thinking about us you got up so that we could find rest in you, I thank you, my Lord.

Everyone:

THANK YOU, MY LORD JESUS.

Guide:

For the times that we have felt tired and have not had the strength to get up because we have not come to you, Jesus, forgive me, Lord, forgive me.

Everyone: Forgive me, Lord, forgive me.

Guide: Use this moment to speak to Jesus in your own words.

Pause

Anyone who would like to pray out loud, is welcome to do so.

Pause

Guide: Jesus, I have sinned.

Everyone: HAVE MERCY ON ME.

Our Father ... Hail Mary .. Glory be to the Father ...

FOURTH STATION

Guide:

Fourth station: Jesus meets Mary, his mother.

We adore you, O Christ, and we bless you.

Everyone:

THAT BY YOUR HOLY CROSS YOU HAVE REDEEMED THE WORLD AND I, A SINNER. AMEN.

Reader:

Mary, mother and disciple at the same time, remains faithful in her vocation. She is the first who lives the way of the cross of her Son in his own flesh. Mary, the mother of Jesus becomes our mother and we receive her at home as the disciple of Jesus does. (*Cf. Jn 19, 25-27*)

Guide:

Let us pray ... Lord Jesus, for accepting the maternal love of a woman, Mary, and for making us partakers of this feminine love that we need so much, I thank you, my Lord.

Everyone:

THANK YOU, MY LORD JESUS.

Guide:

For the times that we have not valued your will to receive Mary in our homes as our mother and we have not been faithful disciples like her, forgive me Lord, forgive me.

Everyone: Forgive me Lord, forgive me.

Guide: Use this moment to speak to Jesus in your own words.

Pause

Anyone who would like to pray out loud, is welcome to do so.

Pause

Guide: Jesus, I have sinned.

Everyone: HAVE MERCY ON ME.

Our Father ... Hail Mary .. Glory be to the Father ...

FIFTH STATION

Guide:

Fifth station: Simon of Cyrene helps Jesus carry the cross.

We adore you, O Christ, and we bless you.

Everyone:

THAT BY YOUR HOLY CROSS YOU HAVE REDEEMED THE WORLD AND I, A SINNER. AMEN.

Reader:

As they led him away they took hold of a certain Simon, a Cyrenian, who was coming in from the country; and after laying the cross on him, they made him carry it behind Jesus. (cf. Lk 23, 26)

Guide:

Let us pray ... Lord Jesus, for not showing pride or self-sufficiency and receiving help in carrying the cross to carry out your mission, I thank you, my Lord.

Everyone:

THANK YOU, MY LORD JESUS.

Guide:

For our pride and not accepting what we need from others, forgive me Lord, forgive me.

Everyone: Forgive me Lord, forgive me.

Guide: Use this moment to speak to Jesus in your own words.

Pause

Anyone who would like to pray out loud, is welcome to do so.

Pause

Guide: Jesus, I have sinned.

Everyone: HAVE MERCY ON ME.

Our Father ... Hail Mary .. Glory be to the Father ...

SIXTH STATION

Guide:

Sixth station: Veronica wipes the face of Jesus.

We adore you, O Christ, and we bless you.

Everyone:

THAT BY YOUR HOLY CROSS YOU HAVE
REDEEMED THE WORLD AND I, A
SINNER. AMEN.

Reader:

In Jesus what the prophet Isaiah tells us is fulfilled: "I gave my back to those who beat me, my cheeks to those who tore out my beard; My face I did not hide from insults and spitting." (*Cf. Is 50, 6*)

Guide:

Let us pray ... Lord Jesus, you faced us, you didn't hide your face. By opening our eyes, we are able to see you in those who need us most, I thank you, my Lord.

Everyone:

THANK YOU, MY LORD JESUS

Guide:

For not wanting to stand up when someone needs us and for not approaching you looking for your face in whom we can give comfort or encouragement, forgive me Lord, forgive me.

Everyone: Forgive me Lord, forgive me.

Guide: Use this moment to speak to Jesus in your own words.

Pause

Anyone who would like to pray out loud, is welcome to do so.

Pause

Guide: Jesus, I have sinned.

Everyone: HAVE MERCY ON ME.

Our Father ... Hail Mary .. Glory be to the Father ...

SEVENTH STATION

Guide:

Seventh station: Jesus falls a second time.

We adore you, O Christ, and we bless you.

Everyone:

THAT BY YOUR HOLY CROSS YOU HAVE REDEEMED THE WORLD AND I, A SINNER. AMEN.

Reader:

Collapsed a second time by the weight of the cross for bearing our pains and illnesses and totally wounded by our sins, Jesus becomes the source of our salvation, for by his wounds we have been healed.

(Cf. Is 53, 4-5)

Guide:

Let us pray ... Lord Jesus, to kiss us you had to kiss the ground, to accept the weight of our sins and to fall to where we had fallen to be able to heal us with your wounds, I thank you, my Lord.

Everyone:

THANK YOU, MY LORD JESUS,

Guide:

For the shame that you touch our wounds by not being sincere in confessing and acknowledging our sins, we ask you to help us be humble and forgive us. forgive me Lord, forgive me.

Everyone: Forgive me Lord, forgive me.

Guide: Use this moment to speak to Jesus in your own words.

Pause

Anyone who would like to pray out loud, is welcome to do so.

Pause

Guide: Jesus, I have sinned.

Everyone: HAVE MERCY ON ME.

Our Father ... Hail Mary .. Glory be to the Father ...

EIGHTH STATION

Guide:

Eighth station: Jesus comforts the weeping women.

We adore you, O Christ, and we bless you.

Everyone:

THAT BY YOUR HOLY CROSS YOU HAVE REDEEMED THE WORLD AND I, A SINNER. AMEN.

Reader:

Among the crowd that followed Jesus, there were women who wept and wailed

for Him. Jesus spoke to them saying,
“Daughters of Jerusalem, do not weep for
me; rather cry for yourselves and for your
children” (*Cf. Lc 23, 27-28*)

Guide:

Let's pray ... Lord Jesus, you told us that
Blessed are those who cry because they
will be comforted, for understanding our
suffering and giving us hope that our
crying will be transformed into joy, I
thank you, my Lord.

Everyone:

THANK YOU, MY LORD JESUS

Guide:

For the times when we have not cried
with those who mourn and for being cold-
hearted in not feeling pain by our own
sins, forgive me Lord, forgive me.

Everyone: Forgive me Lord, forgive me.

Guide: Use this moment to speak to Jesus
in your own words.

Pause

Anyone who would like to pray out loud, is welcome to do so.

Pause

Guide: Jesus, I have sinned.

Everyone: HAVE MERCY ON ME.

Our Father ... Hail Mary .. Glory be to the Father ...

NINTH STATION

Guide:

Ninth station: Jesus falls a third time.

We adore you, O Christ, and we bless you.

Everyone:

THAT BY YOUR HOLY CROSS YOU HAVE REDEEMED THE WORLD AND I, A SINNER. AMEN.

Reader:

As we contemplate Jesus who falls again, it helps us to bring to our minds and hearts the same words: "Behold, the hour is coming and has arrived when each of you will be scattered* to his own home

and you will leave me alone. But I am not alone, because the Father is with me. I have told you this so that you might have peace in me. In the world you will have trouble, but take courage, I have conquered the world.”(Cf. Jn 16, 32-33)

Guide:

Let us pray ... Lord Jesus, for persevering in your walk despite the falls caused by our sins and for warning us that we would have tribulations so that we are not discouraged, I thank you, my Lord.

Everyone:

THANK YOU, MY LORD JESUS

Guide:

For not putting our hope in you, even though you have repeatedly gotten back up after every fall. For the repeated falls due to our addictions and feeling defeated which has discouraged me to get back up, forgive me Lord, forgive me.

Everyone: Forgive me Lord, forgive me.

Guide: Use this moment to speak to Jesus in your own words.

Pause

Anyone who would like to pray out loud, is welcome to do so.

Pause

Guide: Jesus, I have sinned.

Everyone: HAVE MERCY ON ME.

Our Father ... Hail Mary .. Glory be to the Father ...

TENTH STATION

Guide:

Tenth station: Jesus is deprived of his clothes.

We adore you, O Christ, and we bless you.

Everyone:

THAT BY YOUR HOLY CROSS YOU HAVE REDEEMED THE WORLD AND I, A SINNER. AMEN.

Reader:

When the soldiers had crucified Jesus, they took his clothes and divided them into four shares, a share for each soldier. They also took his tunic, but the tunic was seamless, woven in one piece from the top down. So, they said to one another, "Let's not tear it, but cast lots for it to see whose it will be," in order that the passage of scripture might be fulfilled [that says]: "They divided my garments among them, and for my vesture they cast lots." This is what the soldiers did. (Cf Jn 19, 23-24)

Guide:

Let us pray ... Lord Jesus, you allowed the humiliation to be stripped of your clothes. You then clothed us who were naked; ashamed because of our disobedience, I thank you, my Lord.

Everyone:

THANK YOU, MY LORD JESUS

Guide:

For having lost our dignity as your children by stripping others of their

dignity or reputation by speaking badly of them. Whether it was through gossip or slander, forgive me Lord, forgive me.

Everyone: Forgive me Lord, forgive me.

Guide: Use this moment to speak to Jesus in your own words.

Pause

Anyone who would like to pray out loud, is welcome to do so.

Pause

Guide: Jesus, I have sinned.

Everyone: HAVE MERCY ON ME.

Our Father ... Hail Mary .. Glory be to the Father ...

ELEVENTH STATION

Guide:

Eleventh station: Jesus is nailed to the cross.

We adore you, O Christ, and we bless you.

Everyone:

THAT BY YOUR HOLY CROSS YOU HAVE
REDEEMED THE WORLD AND I, A
SINNER. AMEN.

Reader:

Jesus was crucified along with two
criminals, one on his right and one on his
left. Nailed to the cross he intercedes for
us saying: "Father, forgive them, because
they know not what they do" (*Cf Lk 23, 33-34*)

Guide:

Let us pray ... Lord Jesus, you decided to
forgive us by nailing on the cross every
single one of our sins, I thank you, my
Lord.

Everyone:

THANK YOU, MY LORD JESUS

Guide:

For the times that we have not valued
your forgiveness and we have refused to
forgive those who have hurt us, forgive
me Lord, forgive me.

Everyone: Forgive me Lord, forgive me.

Guide:

At this time, may we recognize our sins, we ask God to have mercy on us, to give us back the joy of forgiveness.

Pause

Now let us bring to mind the people who have offended or hurt us.

Looking at the cross, pray like Jesus for each one of these people and tell Jesus to help you forgive them.

Pause

Anyone who would like to pray out loud, is welcome to do so.

Guide: Jesus, I have sinned.

Everyone: HAVE MERCY ON ME.

Our Father ... Hail Mary .. Glory be to the Father ...

TWELVTH STATION

Guide:

Twelfth station: Jesus dies on the cross.

We adore you, O Christ, and we bless you.

Everyone:

THAT BY YOUR HOLY CROSS YOU HAVE
REDEEMED THE WORLD AND I, A
SINNER. AMEN.

Reader:

After this, aware that everything was now finished, in order that the scripture might be fulfilled, Jesus said, "I thirst." There was a vessel filled with common wine. So, they put a sponge soaked in wine on a sprig of hyssop and put it up to his mouth. When Jesus had taken the wine, he said, "It is finished." And bowing his head, he handed over the spirit. *(Cf. Jn 19, 28-30)*

Guide:

Let us kneel and have a moment of silence to pray.

Pause

Guide: Jesus, I have sinned.

Everyone: HAVE MERCY ON ME.

Guide:

Let us pray now for those who have passed away. To each person we remember, we name them out loud and answer:

REMEMBER HIM AND RECEIVE HIM IN YOUR KINGDOM

OR

REMEMBER HER AND RECEIVE HER IN YOUR KINGDOM

Our Father ... God save you Mary .. Glory to the Father ...

THIRTEENTH STATION

Guide:

Thirteenth station: Jesus is taken down from the cross and delivered to his Mother.

We adore you, O Christ and we bless you.

Everyone:

THAT BY YOUR HOLY CROSS YOU HAVE REDEEMED THE WORLD AND I, A SINNER. AMEN.

Reader:

Now there was a virtuous and righteous man named Joseph who, though he was a member of the council, had not consented to their plan of action. He came from the Jewish town of Arimathea and was awaiting the kingdom of God. He went to Pilate and asked for the body of Jesus. After he had taken the body down, he wrapped it in a linen cloth and laid him in a rock-hewn tomb in which no one had yet been buried. *(Cf. Lc 23, 50-53)*

Guide:

Let us pray ... Lord Jesus, you allow us to contemplate this loving scene where Mary testifies that death cannot quench love, I thank you, my Lord.

Everyone:

THANK YOU, MY LORD JESUS,

Guide:

Let us pray now, together with Mary our mother, for those who suffer the death of a loved one. Let us say to Jesus:

INCREASE YOUR FAITH AND GIVE THEM
PEACE

Our Father ... God save you Mary .. Glory
to the Father ...

FOURTEENTH STATION

Guide:

*Fourteenth station: Jesus is placed in the
tomb.*

We adore you, O Christ, and we bless you.

Everyone:

THAT BY YOUR HOLY CROSS YOU HAVE
REDEEMED THE WORLD AND I, A
SINNER. AMEN.

Reader:

Now in the place where he had been
crucified there was a garden, and in the
garden a new tomb, in which no one had
yet been buried. So, they laid Jesus there
because of the Jewish preparation day; for
the tomb was close by. (*Jn 19, 41-42*)

Guide:

Let us pray ... Lord Jesus, you taught us that if the grain of wheat does not die, it does not produce fruit, but if it dies it produces much fruit. For being that seed that dies to give life, for burying with you our many sins so that we may have new life, I thank you, my Lord.

Everyone:

THANK YOU, MY LORD JESUS

Guide:

For not giving life by dying to ourselves, for seeking applause and recognition. For not dying to ourselves we bury false victory which does not give Glory to you, oh God, forgive me, Lord, forgive me.

Everyone: Forgive me Lord, forgive me.

Guide:

At this time, may we recognize our sins, we ask God to have mercy on us, to give us back the joy of forgiveness.

Pause

Now let us bring to mind the people who have offended or hurt us.

Looking at the cross, pray like Jesus for each one of these people and tell Jesus to help you forgive them.

Pause

Anyone who would like to pray out loud, is welcome to do so.

Guide: Jesus, I have sinned.

Everyone: HAVE MERCY ON ME.

Our Father ... Hail Mary .. Glory be to the Father ...

FINAL PRAYER

Guide:

Let us now proclaim the lordship of Jesus who with his death has overcome our death giving us the certain hope of a new life.

Let us profess our faith by repeating after each stanza the following song:

*JESUS CHRIST IS LORD,
FOR THE GLORY OF GOD, THE FATHER*

Reader or Guide:

Phil 2, 6-11

Christ, despite his divine condition, did not flaunt his category of God, on the contrary, he annihilated himself, and took the status of a slave, passing through one of many.

*JESUS CHRIST IS LORD,
FOR THE GLORY OF GOD, THE FATHER*

And so, acting like any other man, he lowered himself to submit even to death and death on a cross.

*JESUS CHRIST IS LORD,
FOR THE GLORY OF GOD THE FATHER*

So, God raised him above all and gave him the "Name-above-all-name"; so that at the name of Jesus every knee bends in heaven, on earth, In the abyss and every tongue proclaim: Jesus Christ is Lord, to the glory of God, the Father.

Glory to the Father and to the Son and to
the Holy Spirit ...

*JESUS CHRIST IS LORD,
FOR THE GLORY OF GOD, THE FATHER*

Guide:

Let us conclude our Stations of the Cross
by marking the sign of the cross, the sign
of our redemption as we say:

MAY THE LORD BLESS US, PROTECT US
FROM ALL EVIL AND BRING US TO
EVERLASTING LIFE. Amen.

P. Juan Bosco Jiménez G

ARCHBISHOP GOMEZ CALLS FOR NATIONAL MOMENT OF PRAYER ON GOOD FRIDAY

On Good Friday (April 10) at 9 a.m. PST **Archbishop José H. Gomez will lead a [National Prayer](#) of the Litany of the Sacred Heart of Jesus for an end of the COVID-19 (coronavirus) pandemic**, on behalf of the bishops in the United States. Archbishop Gomez invites Catholics nationwide to participate in Friday's moment of prayer in a video on <https://lacatholics.org/sacred-heart/>. **The prayer will be livestreamed** from the Cathedral of Our Lady of the Angels on <https://lacatholics.org/sacred->

[heart/](#) and <https://www.facebook.com/usccb>. Relevant Radio (930AM/KHJ) and Guadalupe Radio (guadaluperadio.com) will interrupt their regular programming to broadcast the prayer live. The prayer card is available in **English** and **Spanish**.

Praying together as a nation, the Archbishop asks that our community of faith seek healing for all who are unwell, wisdom for those whose work is halting the spread of coronavirus, and strength for all God's children. **With special permission received from the Apostolic Penitentiary of the Holy See, a plenary indulgence is available for those who join Archbishop Gomez in praying the Litany of the Sacred Heart on Good Friday.**

“Future generations will look back on this as the long Lent of 2020, a time when disease and death suddenly darkened the whole earth. As we enter into Holy Week, these most sacred days of the year,

Catholics here in Los Angeles and across the United States and the world are living under quarantine, our societies shut down by the coronavirus (COVID-19) pandemic,” said Archbishop Gomez.

“This Holy Week will be different. Our churches may be closed, but Christ is not quarantined and his Gospel is not in chains. Our Lord’s heart remains open to every man and woman. Even though we cannot worship together, each of us can seek him in the tabernacles of our own hearts,” added the Archbishop.

Good Friday is a day when Christians around the world solemnly commemorate the day when Jesus suffered and died on the cross. Catholics traditionally mark the day with fasting, penance, and reflection on Jesus’ loving sacrifice. This opportunity to pray together during the coronavirus pandemic offers a special moment of unity for the faithful during a time when

communities throughout the United States and worldwide are physically unable to congregate for Holy Week and Easter because of COVID-19.

Along with celebrating Mass online, Catholics can celebrate daily through the following ways and sharing photos and post with the hashtag #LACatholicsEnterIn (#CatólicosLAEntran) during Holy Week and #LACatholicsBelieve (#CatólicosLACreen) on Easter:

- Holy Thursday: Set your family dinner table
- Good Friday: Venerate a cross
- Holy Saturday: (Holy) #SilentSaturday, Light a candle and spend time in silence
- Easter: Renew your baptismal promises

To download the prayer visit: [Litany of the Sacred Heart of Jesus](#) or [Letanía del Sagrado Corazón de Jesús](#), and to share Archbishop's Gomez message visit: [National Prayer on Good Friday](#).

Angelus News explains the meaning of the Litany and shares an video invitation to the faithful at this link: <https://angelusnews.com/news/nation/u-s-catholics-invited-to-pray-litany-of-the-sacred-heart-on-good-friday-amid-pandemic/>.

For more information on resources and reflections to celebrate Holy Week from home during the pandemic visit lacatholics.org/holyweek (lacatholics.org/semanasanta in Spanish).