

Why is Mass important?

1. Mass is special.

- It helps us to thank God,
- to learn about God and how he wants us to live,
- to remember Jesus and how he died to save us from sin and death,
- to receive Jesus in the Eucharist,
- and to sent out to live our lives as Jesus teaches us by sharing with others.



2. Mass is where we meet Jesus. He is present in:

- the Eucharist,
- the priest,
- the Word of God,
- and the people.



3. Mass is where we:

- pray,
- listen,
- speak,
- believe,
- and live as God's people.

When we attend Mass, everything that you do at home, school, or anywhere during your week is made more holy by what you learned and did during Mass because we meet Jesus in every Mass.

During the pandemic, we are given permission to not attend Mass. However, you can still attend Mass by watching Mass online on our website www.stmadeleine.org. You can also visit the Children's Liturgy of the Word or CLOW on our website under Faith Formation for children. Also, when your family feels safe enough to attend Mass, you can sign up for Masses on the website.