

HAVING A “WIN-WIN” OUTLOOK

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The Seven Habits of Highly Effective People is a bestselling book first published in 1989. This year at Saint Charles School, we are examining the “Seven Habits” and considering how they can help us be more effective students and teachers. In regards to the seven habits, Mrs. Updegrove said, “Our goals are to become more effective, healthy, happy people and to develop better habits.” The first three habits are about improving oneself, and they build on one another. We can improve ourselves by being positive in difficult situations, for example.



The next four habits are about us getting along better with others. How can we do this? First we improve ourselves, and then we use that to get along better with others. Thinking before acting helps us to make better choices. This week we learned about habit four, “Think Win-Win,” which means to try to find solutions that are good for everyone. This habit is not just about being nice, it is to value and respect people by understanding a “win” for all would be better than just a win for only one person. Following these seven habits here at St. Charles and out in society will give everyone a positive outlook in their personal and spiritual lives.