

Better FOR Others

by Michelle Salem

The Saint Charles Borromeo theme this year is Better FOR Others. What does that mean?

I think it's important that to be Better FOR others, you need to start with yourself. Being good to yourself makes you a happier and healthier person. Being your best and feeling good about yourself sets an example to others. Being better FOR others means helping and connecting with others.

Making good, moral choices shows others that you're a good person, and more people will want to be around you. Being the best version of yourself encourages others to be the change they want to see in their lives. Our environment, plants, animals, the air, water, and people all depend on each other for world peace and happiness. So be the best person you can be. We aren't here to be better THAN others, we are here to be better FOR others.

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