

# The Easter Season

With the Lenten season upon us, we must get into the mindset of patience, prayer, almsgiving and repentance. During this time, we don't eat meat on Fridays, we fast on Ash Wednesday and Good Friday, and we can give something up during Lent. Jesus died on the cross for us and our sins- we should be able to fast, sacrifice something, and not eat meat on Fridays!



Lent is a season of sacrifice and fasting. We also should be giving alms. This means we are to give our gifts, talents, and money to help the poor. We do these things to prepare ourselves for Easter, the resurrection of our Savior. Some things will be different this year because of the pandemic, but we will all get through it together and will grow in our faith.

The time between Ash Wednesday and Easter is always forty-six days, with forty days of fasting. This year Lent starts on February 17, and ends the day before Easter, April 3. The week before Easter, beginning with Palm Sunday, is called Holy Week. We remember the Last Supper on Holy Thursday, April 1, and the crucifixion of Jesus on Good Friday, April 2. Holy Saturday, is a time for prayer and waiting. After the Saturday vigil is Easter Sunday, when Jesus is risen.

Our school holds a fish fry during Lent so we can have another non-meat option, instead of making meals at home. Money from the fish fry also supports our school! This year's fish fry will be take out only.

In conclusion, we should all use this time to change our hearts through prayer, repentance, and taking care of the poor and vulnerable. What will you do this Lenten season?

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