

19th Sunday Ordinary Time August 8th, 2021

The Gloria:

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Liturgy of the Word

Reading I

I Kings 19: 4-8

Elijah went a day's journey into the desert, until he came to a broom tree and sat beneath it.

He prayed for death saying: "This is enough, O LORD! Take my life, for I am no better than my fathers."



He lay down and fell asleep under the broom tree, but then an angel touched him and ordered him to get up and eat. Elijah looked and there at his head was a hearth cake and a jug of water.

After he ate and drank, he lay down again, but the

angel of the LORD came back a second time, touched him, and ordered, "Get up and eat, else the journey will be too long for you!" He got up, ate, and drank; then strengthened by that food, he walked forty days and forty nights to the mountain of God, Horeb.

The Word of the Lord. **Thanks be to God.**

Responsorial Psalm Psalm 34

R Taste and see the goodness of the Lord.

I will bless the LORD at all times; his praise shall be ever in my mouth. Let my soul glory in the LORD; the lowly will hear me and be glad. R.

Glorify the LORD with me, Let us together extol his name. I sought the LORD, and he answered me and delivered me from all my fears. R.

Look to him that you may be radiant with joy, and your faces may not blush with shame. When the afflicted man called out, the LORD heard, and from all his distress he saved him. R.

The angel of the LORD encamps around those who fear him and delivers them. Taste and see how good the LORD is; blessed the man who takes refuge in him. R.

Reading II Ephesian 4: 30-5:2

Brothers and sisters:

Do not grieve the Holy Spirit of God, with which you were sealed for the day of redemption. All bitterness, fury, anger, shouting, and reviling must be removed from you, along with all malice. And be kind to one another, compassionate, forgiving one another as God has forgiven you in Christ.

So be imitators of God, as beloved children, and live in love, as Christ loved us and handed himself over for us as a sacrificial offering to God for a fragrant aroma. **The Word of the Lord. . .**

Thanks be to God!

R. Alleluia, alleluia.

I am the living bread that came down from heaven, says the Lord; whoever eats this bread will live forever.

R. Alleluia, alleluia.

Gospel:

John 6: 41-51

The Jews murmured about Jesus because he said, "I am the bread that came down from heaven," and they said, "Is this not Jesus, the son of Joseph? Do we not know his father and mother? Then how can he say, 'I have come down from heaven'?"

Jesus answered and said to them, "Stop murmuring among yourselves. No one can come to me unless the Father who sent me draw him, and I will raise him on the last day.

It is written in the prophets: **They shall all be taught by God.** Everyone who listens to my Father and learns from him comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father.

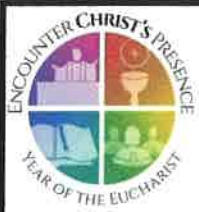


Amen, amen, I say to you, whoever believes has eternal life. I am the bread of life.

Your ancestors ate the manna in the desert, but they died; this is the bread that comes down from heaven so that one may eat it and not die. **I am the living bread that**

came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

The Gospel of the Lord. . . Praise to you Lord Jesus Christ.



Year of the Eucharist

Archbishop Lori has designated Sunday, June 6th, 2021 until June 19th, 2022 as the **Year of the Eucharist.**

Check out the archdiocesan website for more info: www.archbalt.org/year-of-the-eucharist

Holy Hour for Peace

The next Holy Hour will be Sunday, August 22nd, 2021 from 8:45 to 9:45am in the church. The hour will end with Rosary

Feast of St. Dominic Pulpit Exchange

In the summer of 1215, St. Francis and a small group of friars were in Rome seeking approbation for his Rule.



One night while Francis was praying, he saw Our Lord prepared to unleash the most terrible chastisements upon the world. The Virgin Mary made an effort to placate Him, asking His mercy and forgiveness by presenting two men who would

labor for the conversion of the world and return a countless number of lost sheep to the fold. Francis recognized himself as one of these apostles. He did not recognize the other one, however.

The following day, while St. Francis was in church, an unknown man suddenly came up to him and embraced him. Francis recognized him as the other man in the vision. St. Dominic, who had also received a similar vision, upon seeing St. Francis immediately greeted him with the words, ***"You are my companion. We will work together, supporting one another toward the same end, and no one will prevail against us."***

To celebrate this meeting, Next Sunday, **(the Feast of St. Dominic) Fr. Paul, a Capuchin Franciscan, will travel to the Parish of Sts. Philip & James to preach their 10:30am mass and Fr. Ambrose Arralde, OP from their will preach our 10am mass.** The same will be done on Sunday, Oct. 3rd, in honor of the Feast of St. Francis on October 4th. Welcome Fr. Ambrose!

Tithe Update:

Last week in pew: \$4,540.00



Mary Adderly, Karen Brown-Berkley, Wanda Brewton, Renee Bruce, Kathy Burundi, Fred Buchanan, Al Butler, Anita Cole, Patricia Cullings-Dix, Dale Dyson, William Ford III, Phyllis Ford, Sarah Gamble, JoAnn Glenn, Fr. Bill Graham, OFM Cap., Cornell (Nelson) Johnson, Joseph Jones, Shella Leary-Smith, Alice Manns, Charles Manns, III, Kimberly Merrill, Allan Noble, Deacon Seigfried Presberry, Rhonda Rumbra, Sr. John Francis Schilling, OSP, Carl & Bernice Shrieves, Daniel Smith Sr., Augustine and Archie Stith, Rosalita Stone, Alease Stokes, Gloria Tate, Ernest Thomas, Jean Thomas and Alice Zaborowski

Weekly Mass Intentions

August 8, Mr. Henry Zaborowski, deceased father to our Fr. Paul, on the 19th anniversary of his passing.

August 15, Mr. Wilbur Watkins, deceased husband to our Mrs. Rosalie Watkins, on the 17th year of his passing.

Eternal Rest grant unto them O Lord and let your perpetual light shine upon them, may their souls and all the souls of the faithful departed rest in peace, Amen

Congratulations Sr. Stella

We rejoice with Oblate **Sr. Stella Ogonnia Kanu, OSP** who will profess her final vows this coming Friday. Next Sunday we will celebrate with Sr. Stella and her family members and friends at our 10am mass. We thank God for Sister responding to the Lord's call and saying, YES!!



Capuchin Final Profession

Some of you may remember **Br. Edgar Periera, OFM, Cap.**, who assisted in our religious Education program a few years ago. Well, he is professing his Solemn Profession of vows as a Capuchin Friar, on Sat. August 21, 2021 at the Capuchin motherhouse, St. Augustine Church, in Pittsburgh, PA. We thank God for Brother's YES to the Lord and ask for continued blessing upon him.



Faith Formation Concerns

Fr. Paul strongly encourages all parents of school age children to register their children ASAP for religious education classes. **Classes begin Sept. 18th.**

Simply contact Sister Stella at srstella@saintambrose.com or 443-934-9244 to register your child/children. **Deadline is August 15th.**

Archdiocesan Mental Wellness Initiative.

In response to the growing need to provide support to parishioners, parish & school staff who are suffering from the emotional impact of the pandemic, the Archdiocese has launched a mental wellness initiative to encourage those in our community to reach out for help if they or a loved one are struggling. Among the efforts is an initiative, a workgroup of mental health professionals and archdiocesan staff have compiled general resources and a variety of provider listings to assist individuals, couples and families in finding the help they may need at www.archbalt.org/help-is-here. As Archbishop Lori stated in a recent communication, "It is so important to make the space in our lives to fully comprehend the issues we may be suffering from, such as depression, unresolved grief, isolation, marital pressures, substance misuse, or simply the unaccustomed stress of living in such close quarters and coping with balancing working and schooling children at home. It is critical to get the help we need before we are in crisis."

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