



# South Boston Catholic Academy

*Faith, Family Spirit, Academic Excellence*

Dear Parents/Guardians,

An important reminder as the cold and flu season gets underway. If your child is ill (temperature of 99.0 degrees or greater, has copious amounts of nasal secretions, is excessively coughing or sneezing), they should not be attending school for their own health as well as the health of the other students and faculty. It's imperative that a student who has been given a fever reducer in the morning not come to school. The fever must be gone for 24hrs without medication. Students with the illnesses/health issues noted below will be sent home, or should be kept home, and will be excluded from school for the following minimum times:

**Vomiting and /or Diarrhea**

Keep your child home until he/she is symptom free and well hydrated for at least 24 hours.

**Fever/and or Flu**

Keep your child home until he/she is fever free for at least **24 hours without medication** (Tylenol or Ibuprofen).

**Conjunctivitis/Pink Eye**

Keep your child home until he/she has been on prescribed medication for at least 24 hours.

**Lice**

Keep your child at home until he/she has been properly treated. Once treatment has been administered and your child has no live activity then he/she is allowed to return to school.

**Contagious Skin Disorders (Impetigo)**

Keep your child home until he/she has been on prescribed medication for at least 24 hours and lesions are dried over.

**Strep Throat**

Keep your child home until he/she is fever free without medication and has been on antibiotic for at least 24 hours.

**Chicken Pox**

If a student has chicken pox, the health office needs to know. Keep your child home until all his/her blisters are crusted over.

Listed above are just a few of the more common illnesses/situations that students may present with during the school year. As always, with any pressing child illness or health issue, please contact your child's medical care provider at the first signs of symptoms. Please feel free to contact the SBCA Health Office, at any time, with any questions or concerns you may have.

Sincerely,

Traci Canto RN

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