

Feast of the Holy Family

Nourishing the Spirituality & Well-Being of Our Families

Sunday, December 27, 2020



Feast of the Holy Family

The Feast of the Holy Family, usually celebrated on the Sunday following Christmas, marks a time to honor Mary, Joseph and Jesus. It is also an occasion to consider the holiness inherent in domestic church. Jesus was born into a family who nurtured, protected, taught, and raised him to adulthood. Mary and Joseph are there to model what it means to live by faith and trust in God through difficult times. They journeyed through tough terrain to avoid the persecution of their baby, Jesus Christ, and protect him. Similarly, we place our faith in God to journey with us as we navigate this pandemic and nurture our spirituality and well-being.

Amen

Create Your Own Holy Family Prayer

Color the beautiful image of the Holy Family and reflect on how you can make space for Mary, Joseph and Jesus at your home especially if you are feeling overwhelmed by the pandemic.

WRITE YOUR OWN PRAYER: End your prayer with these words:

Holy Family, protect us and guide our way.

Please be with us everyday.

With your family say the prayer together.



Holy Family Fill-In the Blank

1. The _____ includes Mary, Joseph and Jesus.
2. It is important to nourish our _____ for our well-being during this pandemic.
3. Our homes and families are considered the _____ Church.
4. We are called to _____ our families.
5. The Holy Family is a great _____ for our lives and to live by with our families.
6. Honor your _____ and _____.
7. The Feast of the Holy Family is typically falls after the week _____.

Activities to Do As a Family

- Use the Feast of the Holy Family (December 27) to plan a family date. Discuss what makes your family “holy” and what you each admire about the Holy Family.
- Look for ways to extend Christmas charity to families in need through programs/ministries that provide resources and services especially during this time.
- Spend some time with God and tell Him your fears during this pandemic and then ask Him to calm your fears and know he is with you.
- Attend Sunday Mass (Virtually/In-Person) to celebrate the Feast of the Holy Family and embrace this special day.
- Reflect on Sunday’s Scriptures readings as a family in your home or nature and how what they speak to your heart to stay grounded.

Holy Family Sunday Readings

Reading 1

Sir 3:2-6, 12-14

Responsorial Psalm

Ps 128:1-2, 3, 4-5

Reading 2

Col 3:12-21

Gospel

Lk 2:22-40

Key: 1. Holy Family 2. Spirituality 3. Domestic 4. Love 5. Model 6. Mother, Father 7. Christmas