



January

Fiat: Mary says Yes.

Mary's "fiat" changed the eternal fate of humankind. In a similar, but lesser way, God will use our "Yes" to His invitations to change the hearts and souls known to Him. But, remember; God will not use us, if we say "no" to Him. Pray that we may never let our selfishness and fear deprive us of the privilege of being part of God's perfect plan.

PRAY



Pray a Hail Mary for Moms (birth, adopted, spiritual, and others!).

Pray for an end to abortion.

Start a prayer chain at your New Year's meal. Have each person at the table say one thing for which they are thankful.

Pray the Angelus at a set time (6 a.m., noon, or 6 p.m.) daily for a week.

EAT



"Bless us, O Lord! And these Thy gifts, which we are about to receive from Thy bounty, through Christ our Lord. Amen."

Take pictures as you cook a meal together!

Take time to write out a family recipe to share with someone else.

Make a Saint Basil's Jewel Cake for the new year! Details on our website.



"We give you thanks, almighty God, for all your benefits, who lives and reigns for ever and ever. Amen. May the Lord grant us His peace. And life everlasting. Amen. "

PLAY



Participate in the virtual 5K benefitting the Bethlehem Maternity Home. Details on the website!

Pick a patron saint for your family for the year.

Celebrate a saint's feast day with a fun dessert or special meal. Watch a video about a saint's feast day this month. Some January feast days are listed on our calendar on our website!

Listen for the church bells that ring during the Angelus times.

Celebrate Jesus' baptism by remembering your own baptism! Find out when you were baptized and mark in on the calendar.

Making resolutions? How about including some to grow closer to God? Attend Mass more frequently. Pray the rosary daily. Pick something that works for you!

Want More?

Visit our website:

<https://www.victoriadiocese.org/year-of-the-family>

Share pictures of activities using #DOVFamilies