Mass Schedule

Weekdays: 8:00 am / Saturday: 8:00 am & 5:00 pm Vigil
Sunday: 7:30, 9:30, 11:30 am & 7:00 pm

Sacrament of Reconciliation

Saturday at 3:30 - 4:30 pm
or by appointment.

Seventh Sunday In Ordinary Time, February 23, 2020

Do you not know that you are the temple of God, and that the Spirit of God dwells in you?

1 Corinthians 3:16
### Upcoming Events at a glance….

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
<th>Time</th>
<th>Where</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursdays, Feb 27 - April 2</td>
<td>Lenten Soup Meals &amp; Lenten Reflection Series</td>
<td>6:00 pm &amp; 7:00 pm</td>
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<tr>
<td>Thursday, Feb 27</td>
<td>Grief Support Ministry</td>
<td>6:30 - 8:30 pm</td>
<td>Damien Room</td>
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<tr>
<td>Fridays, Feb 28 - April 5</td>
<td>Stations of the Cross, followed by Eucharistic Adoration</td>
<td>6:30 pm</td>
<td>Basilica</td>
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<tr>
<td>Feb 29, Mar 7, Mar 28 &amp; Apr 4</td>
<td>Spirituality For The Second Half of Life Series</td>
<td>2:30 - 4:30 pm</td>
<td>St. Joseph Room</td>
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<tr>
<td>Sunday, March 1</td>
<td>Family Mass / Rite of Sending to Election</td>
<td>9:30 am</td>
<td>Basilica</td>
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### Abstaining & Fasting on Ash Wednesday and Good Friday

Abstaining & Fasting on Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. Fasting on Friday is obligatory from age 18 until age 59 (unless medically necessary). When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The purpose of fasting is spiritual focus, self-discipline, imitation of Christ, and performing penance. Bodily fasting is meaningless unless it is joined with a spiritual fast from sin. St. Basil gives the following exhortation regarding fasting: Let us fast an acceptable and very pleasing fast to the Lord. True fast is the estrangement from evil, temperance of tongue, abstinence from anger, separation from desires, slander, falsehood and perjury. Privation of these is true fasting. The act of abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards on those days and all Fridays in Lent. These obligations, however, do not apply to those whose health or ability to work would be seriously affected.

### Save the Date!

**Feast of St. Joseph Thursday, March 19**

On the Feast of St. Joseph, Bishop Michael Barber will celebrate with the parish community in a joint liturgy with our two schools at 8:30 am Mass in the High School’s Gym. Please note the regular morning 8:00 am Mass is canceled.

**St. Joseph Day Sunday, March 22**

Plan to join us after the 11:30 am Mass to celebrate our Patron Saint and also to honor recipients of our St Joseph-St. Damien Awards. If you have not yet nominated someone, forms are still available found at all entrances of the Church. Return nomination by March 1.

Bishop Barber will celebrate again at the 11:30 am Mass on March 22 with the parish community.

### Lenten Schedule

- **Lenten Soup Meals & Reflection**
  - Thursdays, Feb 26 - April 2
  - See back page of Bulletin for details.

- **Stations Of The Cross, followed by Eucharistic Adoration**
  - Fridays, Feb 27 - April 3
  - 6:30 - 8:00 pm, Basilica (ending at 7:30 pm on March 27)

- **Taize, March 27**
  - 8:00 pm, Basilica
Dear Friends,

This week we begin the holy season of Lent. If you’re like me, you may get a little dejected when you realize that the season of fasting is near. And yet, as the weeks of Lent proceed I find myself enjoying this “penitential” season. That’s because these 40 days of fasting, prayer, and almsgiving is something Jesus did, and whenever we do what Jesus did our lives become more meaningful, peaceful, and joyful. Yes, Lent can be a joyful season.

If this is a new idea for you, I recommend that you enter this season with an open heart, and a plan. In addition to your own personal Lenten observances, consider joining us regularly on Thursday evenings in Notre Dame hall to share a simple meal of soup, followed by a talk on a different style of prayer. Or, join us on Fridays as we meditate on the Stations of the Cross and have some quiet time in adoration of Jesus in the Blessed Sacrament.

Follow Jesus into this season with intentionality, and perhaps Lent will become for you not simply something we must endure before we can celebrate Easter, but a season of incredible closeness with our Lord as we imitate his own 40 days in the desert.

On a different note, I would like to offer a few updates on some recent happenings around the parish.

1. The capital campaign committee has selected a bid for the retrofit of the bell tower and the wall that joins Marianist Hall to the church. We hope to begin work on these projects after the schools let out in June. We hope to begin the renovation of the sanctuary following the completion of these projects.

2. A committee has been put together to interview applicants for the principal position at the high school. We will conduct interviews in March.

3. The two “Meet Fr. Mario” sessions went very well. I thoroughly enjoyed sharing my family’s and my own faith journey, and I am grateful for the experiences and ideas that the parishioners shared with me about St. Joseph.

I would like to conclude with a word of thanks. These first six weeks, in addition to meeting with individuals, I have met with the Young Families group, SJND Board of Trustees, Young Adults, Pastoral Council, Finance Council, Stewardship Committee, Facilities Committee, Capital Campaign Committee, Pastoral Care ministry, St. Vincent de Paul ministry, Parent Teacher Group, and Knights of Columbus.

This sounds like a lot, but, rather than being overwhelming, it has been inspiring to witness your dedication to your parish. This is most evident during our time of worship at Mass. You worship well, and I am grateful to be a part of that.

God bless you,
Father Mario

Bishop’s Appeal Commitment Weekend: February 22 & 23

This is Commitment Weekend! To successfully achieve our parish goal of $51,000, we need your help. A pledge to the Appeal will help us reach out to thousands in the East Bay through diocesan ministries, programs and services. If you have not had an opportunity to make a pledge by returning the card through the mail, please complete a pledge envelope found in the pew. You can drop the completed pledge in the collection basket or drop it off to the Parish Office.

A pledge allows you to make payments at your convenience - monthly, quarterly semi-annual or annually. The decision on a specific amount is a decision each family is asked to make after prayerful.

Although we call it "The Bishop’s Appeal," it is really Christ's appeal. Thank you in advance for your love and generosity. No gift is too small. Thank you! —Bishop Barber
Pray for the Sick

*May those who are in need of our prayers, place their trust and faith in the comforting presence of the Lord*

Natalie Ackerman, Sandy Anderson, Fong Che, Romelita Bautista, Ronald Bautista, Lhiza Brown, Jan Curtis, Mary Cronin, Lee Corral, Ethan Doa, Alma Flores, Sherry Eastwood-Falls, Michael Long, David McGaffey, Celia Mendez, Amelia Miguel, Michael Lancaster, Marc Lambert, Monte McEntee, Maureen McGee, Joanne Miller, Nory A. Reyes, Michael Ricica, Rachel Sutherland, Prosperidad Salamanca, Dee Pickett, Ramon N. Tirona, Emma Trias, Ophelia Tangi, Charles H. Thomas, Joanne Vargas & John Verduzco.

*We will start a new Sick List in March. Please call the Parish Office (510) 522-0181 if you would like a name to remain on the List.*

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**Mass Intentions**

**Saturday, February 22**
- 8:00 am †John Quick
- 8:00 am †Rachelle Sutherland - birthday thanksgiving
- 5.00pm Carlos Vadillo-Roca

**Sunday, February 23**
- 7:30 am For the People of the Parish - Living & Deceased
- 9:30 am †Deceased Family Members of Edna Go
- 11:30 am †Jonathan Ramos - death anniversary
- 7:00p pm †Lita Abad

**Monday, February 24**
- 8:00 am †Gerard Zyla
- 8:00 am †Cindy Shields

**Tuesday, February 25**
- 8:00 am †Maria Lupetti

**Wednesday, February 26**
- 8:00 am †Rodrigo Ravanera
- 8:00 am †Dom Des Bonis

**Thursday, February 27**
- 8:00 am †Louis Vonderheid

**Friday, February 28**
- 8:00 am †Deceased Family Members of Belluomini & Marcheschi Families
- 8:00 am †Ramon Leones

**Saturday, February 29**
- 8:00 am †Liliano Lupetti
- 5.00 pm Deceased Family Members of Ferrer & Posadas

**Sunday, March 1**
- 7:30 am †Enadalupe Oronos
- 9:30 am †Patricia & Fortunato Zamora
- 11:30 am †Angela Nacario
- 7:00 pm †For All Souls

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**Catholic Relief Service Rice Bowl (CRS)**

CSR Rice Bowl has been sharing the stories of women, men and children with whom CRS works for nearly 46 years. Built around the Lenten spiritual pillars of prayer, fasting and almsgiving, the program has been a tradition for thousands of Catholic families in every diocese in the U.S. To read more visit CRS www.crsricebowl.org. Rice Bowls can be found at all entrances to the Basilica. Please pick up one after Mass on Ash Wednesday.

**LENT IS A TIME OF ENCOUNTER:**
- Encounter Ourselves
- Encounter Our Neighbors
- Encounter Our God

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**Parish Volunteer Needed On A Regular Basis**

We are in need of volunteers on Monday afternoons, 1:00 - 5:00 pm or Tuesday mornings, 9:00 - 12:00 noon, starting March. Or, you can volunteer for couple of hours on either day. The office needs someone who can help with reception duties, some admin and computer work. To volunteer, please email Sherley Lim: secretary@sjbalameda.org. We look forward to you join the Office Team!
The 2020 Lenten season begins on Ash Wednesday, February 26, for Latin-rite Catholics with Easter Sunday on April 12.

During Lent, we are asked to devote ourselves to seeking the Lord in prayer and reading Scripture, to service by giving alms, and to practice self-control through fasting. Many know of the tradition of abstaining from meat on Fridays during Lent, but we are also called to practice self-discipline and fast in other ways throughout the season. Contemplate the meaning and origins of the Lenten fasting tradition in this reflection. In addition, the giving of alms is one way to share God’s gifts - not only through the distribution of money, but through the sharing of our time and talents. As St. John Chrysostom reminds us: "Not to enable the poor to share in our goods is to steal from them and deprive them of life. The goods we possess are not ours, but theirs." (Catechism of the Catholic Church, no. 2446).

In Lent, the baptized are called to renew their baptismal commitment as others prepare to be baptized through the Rite of Christian Initiation of Adults, a period of learning and discernment for individuals who have declared their desire to become Catholics. The key to fruitful observance of these practices is to recognize their link to baptismal renewal. We are called not just to abstain from sin during Lent, but to true conversion of our hearts and minds as followers of Christ. We recall those waters in which we were baptized into Christ's death, died to sin and evil, and began new life in Christ.

Lent is a favorable season for opening the doors to all those in need and recognizing in them the face of Christ. -- Pope Francis

Election Season

As we enter into the election season it is important for us to remember that it is our moral and civic duty to vote. As Catholics, we are not single-issue voters nor does our Church endorse any Party or candidate. With that in mind, please remember that when we enter our worship space we should refrain from partisan conversations and be aware that the clothes we wear should not promote candidates or political issues that can divide us. Below, find a guide written by the US Bishop’s that encourage us to be faithful citizens

**Forming Consciences for Faithful Citizenship. Catholics Care. Catholics Vote.**

"We need to participate for the common good. Sometimes we hear: a good Catholic is not interested in politics. This is not true: good Catholics immerse themselves in politics by offering the best of themselves so that the leader can govern." - Pope Francis, 9/16/13

The Catholic bishops of the United States are pleased to offer once again to the Catholic faithful Forming Consciences for Faithful Citizenship, our teaching document on the political responsibility of Catholics. This statement represents our guidance for Catholics in the exercise of their rights and duties as participants in our democracy. We urge our pastors, lay and religious faithful, and all people of good will to use this statement to help form their consciences; to teach those entrusted to their care; to contribute to civil and respectful public dialogue; and to shape political choices in the coming election in light of Catholic teaching. The statement lifts up our dual heritage as both faithful Catholics and American citizens with rights and duties as participants in the civil order. Read: Forming Consciences for Faithful Citizenship - A Call to Political Responsibility from the Catholic Bishops of the United States, which provides a framework for Catholics in the United States.

Parish Office Hours:
Monday - Friday: 8:30am - 5:00pm
(Office Closed for lunch: Noon to 1:00pm)
Volunteer Coverage
Sat. 8:30am - 12:30pm / Sun. 8:30am - 1:00pm

Parish Website: www.sjbalameda.org
Facebook: www.facebook.com/sjbalameda
FORMED: www.sjbalameda.formed.org

Clergy:
Rev. Mario Rizzo  - Parochial Administrator
(510) 995– 9421 / frmario@sjbalameda.org
Rev. Sunil Orathel - Priest In Residence
(510) 917-9558 / sunil@sjbalameda.org
Dcn. Peter Lawongkerd (Youth Ministry Coordinator)
510-995-9474 / deaconpeter@sjbalameda.org

Sacrament of Marriage
Preparation for registered, active parishioners should begin at least six months in advance of the proposed wedding date. Please contact Parish Office (510) 522-0181 for details.

Sacrament of Baptism
Please stop by the Parish office or check our website under “Sacraments” for information.
- For infant baptism (6 or younger) contact Parish Office, 510-522-0181
- For adults or children over age 6 please contact Anne Marie, 510-995-9409

Parish Staff:
Steve Mullin - Pastoral Associate
510-995-9475 / smullin@sjbalameda.org
Stan Schonberg - Business Manager
510-995-9411 / business@sjbalameda.org
Anne Marie Fourre - Director of Faith Formation
510-995-9409 / afourre@sjbalameda.org
Sr. Asha Kooliyadan R. - Director of Pastoral Care
510-995-9406 / srasha@sjbalameda.org
Eric Bertelsen - Liturgy Coordinator
510-995-9404 / ebertelsen@sjbalameda.org
David Howitt - Music Director
510-995-9403 / dhowitt@sjbalameda.org
Michael Chinnavaso – 7:00pm Music Coordinator
mchinnavaso@sjbalameda.org / 510-5220181
John Scott -Youth Mass Music Coordinator
sjbyouthband@gmail.com / 510-522-0181
Susan Gahan - Coordinator for Funerals
510-995-9416 / sg@sjbalameda.org
Sherley Lim – Parish Secretary
510-995-9420 / secretary@sjbalameda.org

Community Staff:
Julie Guevara - Interim Principal, SJND High School
510-523-1526 / jguevara@sjnd.org
Katherine Francisco – Principal, Elementary School
510-522-4456 / kfrancisco@csdo.org

St. Vincent de Paul Hotline: (510) 995-9471

St. Joseph Basilica Ministries
All God’s Children Prayer Group - Mondays, 7:00-9:00pm, Basilica
Basilica Choir Rehearsal - Wednesdays, 7:30-9:00pm, Basilica
Bible Study - Thursdays, 10:00-11:30am, Parish Center (St. Joseph Room)
Children’s Choir - Thursdays, 4:00-5:00pm, Basilica
CIA (Christ in Action Children’s Ministry) - Tuesdays, 3:30 - 4:30 pm, Basilica
Cub Scouts - 1st Monday, 6:45-8:00pm, Parish Center (St. Joseph Room)
Grief Support Ministry - 2nd Thursday, 6:30 - 8:30pm, Parish Center (Damien Room)
Guadalupe Ministry - 1st Thursday, 7:00 - 8:30 pm, Parish Center (St. Joseph Room)
Knights of Columbus - 2nd Thursday, 7:00-8:30pm, Parish Center (St. Joseph Room)
Legion of Mary - 2nd & 4th Fridays, 7:00 - 8:30pm, Parish Center (St. Joseph Room)
Legion of Mary - 1st & 3rd Saturdays, Reconciliation Room
Moms’ Bible Study Tuesdays, 10:00-11:30am, Parish Center (St. Joseph Room)
Pastoral Care Team - 1st Saturday, 8:45-9:30am, Parish Center (St. Joseph Room)
Rite of Christian Initiation of Adults Inquiry - Wednesdays, 7:30-9:00pm, Parish Center (Mother Teresa Room)
St. Vincent DePaul Society - 4th Thursdays, 7:00-8:30pm, Parish Center (St. Joseph Room)
Spirit Ensemble rehearsal Thursdays, 7:30-9:30pm, Basilica
Sp. Needs Inclusion Ministry - 4th Thursdays, 6:30 - 7:30 pm, Parish Center (Mother Teresa Room)
Taize Prayer Service - 4th Friday, 8:00-9:00pm, Basilica
Young Adults - 1st & 3rd Wednesday, 7:30pm-9:00pm, Parish Center (Damien Room)
Young Families Potluck - 3rd Saturday, 10 – noon, Notre Dame Hall
Saint Joseph Basilica

Come Fill Your Bowl & Soul

Let us gather for a simple soup meal to nourish our bodies
And let us join in spiritual reflection to nourish our souls

**Thursdays, February 27 – April 2**

**SOUP:** 6:00 pm at Notre Dame Hall

**REFLECTION:** 7:00 pm – 8:00 pm

St. Joseph Elementary School Learning Center
(Note: March 5 will be at the Parish Center, 1119 Lafayette Street)

Each evening will be led by one of our parishioners and will include a short meditation, prayer experience and small group faith sharing. We will explore various forms of prayer such as *Lectio Divina* and *Ignatian Imaginative Prayer.*
BULLETIN NUMBER
421600

CHURCH NAME AND ADDRESS
St. Joseph Basilica
1109 Chestnut Street
Alameda, CA 94501
TELEPHONE: 510-995-9420
CONTACT PERSON: Sherley Lim
EMAIL: secretary@sjbalameda.org
SOFTWARE:
MS PUBLISHER 2016
ADOBE ACROBAT 2017
WINDOWS 10
PRINTER:
Ricoh Aficio 2800 Super G3
TRANSMISSION TIME:
Wednesday, 10am
BULLETIN FOR SUNDAY:
Feb 22, 2020
NUMBER OF PAGES SENT:
1 THROUGH 8

SPECIAL INSTRUCTIONS:
All Color Bulletin, eff. 8/31/14