

Are you interested in learning about  
Natural Family Planning?



Join SJB parishioners  
Carlos and Mariana De La Torre  
as they host an introductory class.

# An Introduction to Natural Family Planning (NFP)

THURSDAY, JULY 29

7-8 PM

ON ZOOM

TO REGISTER, EMAIL  
SECRETARY@SJBALAMEDA.ORG

THE ZOOM LINK WILL BE  
EMAILED TO YOU ON THE  
DAY OF THE EVENT