



Valley Park

Sacred Heart Catholic School Newsletter

Website:

<https://sites.google.com/sacredheart-vp.com/shvpschoolwebsite/home>

Follow us on Twitter: @ParkSacred

From the desk of Mr. Holley:

Dear School Families:

First I want to thank our auction committee, Home and School, all of the volunteers, and all that attended our virtual auction 'Wild Nights' last Saturday. I cannot tell you how humbled I am to be a part of this wonderful, caring, and generous community. I think we are all looking for silver linings in this time of distress. I cannot think of a better representation of a community coming together to support Sacred Heart but also to support each other.

Next week will be a special week where we honor our eighth grade. Each day will have a different activity that shows the love our community has for our eighth grade and how much we will miss them as they begin the next chapter of their lives.

I am including the procedure to return and pick up materials from school. We will be sending out Sign-Up genius links next week for families to sign up for a timeslot to return materials. Please read the procedure carefully and reach out to me if you have any questions.

God Bless

Patrick Holley

Principal

Eighth Grade Spirit Week

Next week we are going to honor our eighth graders each day. Take a look at the following flyer to see what activities we have planned.



CLASS OF 2020

8th Grade

SPIRIT WEEK!

MONDAY: MEET THE CLASS OF 2020

TUESDAY: THROWBACK DAY

WEDNESDAY: WHERE ARE THEY OFF TO NOW?

THURSDAY: BLACKOUT DRIVE

FRIDAY: WE LOVE OUR 8TH GRADE DAY!

SACRED HEART



VALLEY PARK

Pick-up and Drop-off procedures for returning school items.

Please read the following letter about dropping-off and picking-up items at Sacred Heart Catholic School. Please contact the office if you have any issues. We will be sending out sign-up genius links soon for returning items.

[Pick-up and Drop-Off procedures](#)

End of the Year Parade

The last day of school is May 13th and we would like to celebrate with a parade around campus in your cars! There is more information to come, but please mark your calendars for May 13 in the early evening to help celebrate the end of the school year.

Team Heart Updates

Thank you
for your
support!



We raised
\$22,575
because of you...

An impressive 1061
tickets sold

Thank you especially to
our top sellers:
The Clifton family,
Mrs. Hanson, and the
2nd grade class!

teamheart@sacredheart-vp.com

Raffle Drawing Details:

\$100 JAN 6 - Ashlee P.
\$100 JAN 13 - David B.
\$100 JAN 20 - Katie H.
\$250 JAN 27 - Jean H.

\$100 FEB 3 - Steve K.
\$100 FEB 10 - Frank B.
\$100 FEB 17 - Jeff Z.
\$250 FEB 24 - Jennie W.

\$100 MAR 2 - Cindy B.
\$100 MAR 9 - Rebecca K.
\$100 MAR 16 - Emily H.
\$250 MAR 23 - Steve M.
\$100 MAR 30 - Jan F.

\$100 APR 6 - Sean B.
\$100 APR 13 - Gale W.
\$250 APR 20 - Alexandra H.
\$100 APR 27 - Ellen W.

\$100 MAY 4
\$100 MAY 11
3RD PLACE DRAWING \$250 MAY 18
2ND PLACE DRAWING \$500 MAY 18
GRAND PRIZE DRAWING \$1000
MAY 18

Resources from our Counselor: Erica Freiling

Dear parents,

I know that this is an incredibly stressful time. Between helping your child with e-learning, working from home, financial uncertainties, and family tension, you may feel more frustration than usual. This week I wanted to share some articles with tips for working from home while your kids are there too. These also have some great, creative ways to have your child stay engaged while you are working.

There is also an article with 10 strategies to help ease family stressors. These tips include having routines (with downtime), moving and laughing, going outside, having personal "me time" for everyone in the house, having family fun time, scheduling friend and extended family video chats, strategies to help with sibling tension, spending one on one time with each child, and family mindfulness.

Please remember to take care of yourselves and take some "me time."

Best,

Erika Freiling, PLPC

Saint Louis Counseling

School Partnership Program Therapist

[9200 Watson Road Suite G-101 St. Louis MO, 63126](#)

Office: (314) 544-3800 ext. 1361

[Kids at home but you are trying to get work done?](#)

[10 Solutions to save your sanity during the Corona Virus Pandemic School Closures](#)

Tutor Opportunity

A Sacred Heart Parishioner has reached out to the school to offer her services as a tutor to any families interested. Her name is Jeannette Dowling and she has been in education for many years. She has worked as a reading specialist in both Catholic and Public schools. If you are interested in her services you can contact her at mccanndowling@gmail.com

Home and School

May 1, 2020

Teacher Appreciation Day - Tuesday, May 5th:

Next week is National Teacher Appreciation Week, with **Tuesday, May 5th** as the official day to celebrate! Please join Home and School on May 5th in thanking our teachers for all they do! Our teachers are the best and letting them know is the perfect gift. Please find a bit of time to let the teachers know how much you appreciate them. Home and School sent an email to all families on Wednesday, April 29th with ideas on how to celebrate Teacher Appreciation Day. If you did not receive this email, please contact us at homeandschool@sacredheart-vp.com.

May Home and School Meeting – DATE CHANGE

Please join us for our next Home and School Meeting on **Thursday, May 14th** at 7pm. This will be a Zoom Meeting; details coming soon. It's a great time to connect virtually with our School Community as we close out the school year. We hope you can attend J!

Note: This meeting was originally scheduled for Wednesday, May 13th but we need to move it to Thursday, May 14th.

Virtual Auction – THANK YOU!!

Dear Sacred Heart Families,

We would like to thank you for participating in the 2020 Virtual Wild Nights Auction. It was so cool to see our parish come together for a virtual gathering and raise some funds for our school and parish. We have raised almost **\$91K**. The generosity of this community is AMAZING!

A Big Thank You to our Auction Chairs and Auction Committee for pulling this Virtual Auction together! We are extremely grateful and appreciate all of your hard work to make this event happen. **You Rock!!** The success of this event is due to your hard work and dedication. Thank You!!

Thank you for your generosity!
Home and School Board
Susan Vilmain, President
Marcia Neiman, Vice President
Maggie Ledbetter, Treasurer
Lisa Dunn, Corresponding Secretary
Colleen Lehmkuhl, Recording Secretary