

MY FIVE FINGER PRAYER

2

Teachers and Healers

The next finger is the index finger. Pray for those who teach you, instruct you, and heal you. They need the support and wisdom to show direction to others.

3

Leaders and Authority

The third finger is the tallest one. It reminds us of our leaders, those in government, and those who have authority. They need God's guidance.

4

Weak and Sick

The fourth finger is the ring finger. It is our weakest finger. It reminds us to pray for the weakest, the sick, or those plagued by problems. They need your prayers.

5

Yourself

Finally we have the smallest finger. Your pinkie reminds you to pray for yourself. When you are done praying for the other four groups, you will see your own needs, but in the proper perspective. You will be able to pray for your own needs in a better way.

1

Family and Friends

The thumb is the closest finger to you. So start praying for those who are closest to you. They are the people easiest to remember.

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