

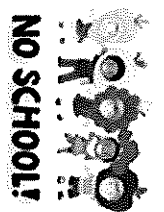
Holy Family School

October 2021

Name: _____

Room# _____

DUE DATE: MONDAY SEPT. 13

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				October 1 Pizza Party Garden Veggie Salad Carrots Peaches Graham Crackers Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative <input type="checkbox"/> Extra Slice
October 4 French Toast Sticks W/ Syrup Sausage Hash Brown Carrots Orange Juice Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative	October 5 Cheesy Calzone Celery Sticks Broccoli florets Apple Slices Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative	October 6 Pasta & Meatballs W/ Breadstick Green Beans Red pepper slices Seasonal Fruit Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative	October 7 Chicken Sandwich Mashed Potatoes Baked Beans Fruit Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative	October 8 Pizza Party French Fries Carrot Sticks Fresh Fruit Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative <input type="checkbox"/> Extra Slice
October 11 Baked Mozzarella Sticks W/ Marinara Sauce Cauliflower florets Carrot Sticks Fruit Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative	October 12 Meatball Sub Celery Sticks Broccoli florets Apple Slices Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative	October 13 Walking Taco W/ Chips, Cheese, Lettuce, Tomato & Salsa Seasoned Corn Black Bean Salad Pineapple Churro Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative	October 14 Pizza Crunchers French Fries Carrots Fruit Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative	October 15  NO SCHOOL!
October 18 French Toast Sticks W/ Syrup Sausage Hash Brown Carrots Orange Juice Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative	October 19 Pasta & Meatballs W/ Garlic Bread Italian Peas Carrots Fruit Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative	October 20 Hot Dog Baked Beans Garden Veggie Salad Apple Slices Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative	October 21 Grilled Cheese Sandwich Carrots Broccoli Florets Sliced Peaches Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative	October 21 Pizza Party Garden Salad Celery Sticks Applesauce Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative <input type="checkbox"/> Extra Slice
October 25 Chicken Tenders Curly Fries Tossed Salad Fruit Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative	October 26 Mac & Cheese W/ WW Roll Caesar Salad Carrots w/ Ranch Dip Apple Slices Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative	October 27 Pizza Crunchers Green Beans Cauliflower Florets Fruit Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative	October 28 Cheesy Breadsticks Marinara Celery Sticks Broccoli florets Fruit Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative	October 29 Pizza Party Garden Veggie Salad Carrots Apple Slices Goldfish Milk <input type="checkbox"/> Regular <input type="checkbox"/> Alternative <input type="checkbox"/> Extra Slice

The alternative meal includes: Cereal, cheese stick, yogurt,

goldfish, fruit and veggie of the day and milk.

Choice of fat free chocolate, fat free white and 1% white milk available daily.

"USDA is an equal opportunity provider and employer"
Menu Subject to Change



Date Due:

of days _____ x 1 = _____
Extra Slice _____ x 1 = _____