



"I don't want to be first or last. I want to wallow somewhere in the middle."

CWL News



The CWL Executive committee is looking in to see if and when meetings will be possible for the fall. When the go ahead is given they will make sure that the members know. In the mean time, stay safe and continue to pray for all our members, both past and present. God Bless.

Care of Creation Fourth Prayer: Water

"We praise you, Lord, for Sister Water, so useful, humble, precious and pure." (St. Francis of Assisi)

"Now they even want to take our rivers, which have been our forever." (Pusbel Castomoque, Kukama people, Peruvian Amazon)

Creator God, from your gift of water flows all life, yet we pollute your clear springs. Forgive us, as the earth cries out.

St. Francis, your drank deeply from Christ's living water. May we, like you, live simply and prize the good things of the earth.

St. Francis pray for us.



Make distractions a plus in prayer

There is no better way to build a relationship with Jesus than through prayer. Relying on His strength during difficult times is how we get through them. Yet when we become distracted during prayer, we can become discouraged and give up. Try these ideas for turning distractions into blessings.

Gently return. Start your prayer by placing yourself in the presence of God. When you wander, gently bring yourself back.



Practice recall. St. Francis de Sales said, *"When your mind wanders or gives way to distractions, gently recall it and place it once more close to its Divine Master. If you should do nothing else but repeat this during the whole time of prayer, your hour would be very well spent and you would perform a spiritual exercise most acceptable to God."*

Turn distraction into prayer. If you start thinking about people and events unrelated to your prayer, pray about them and then return to the original subject of your prayer.

Pray out loud. When distractions overwhelm you, pray out loud.

Taken from—*Growing in Faith*, September 2020

A speedy recovery to not 2 but 3 parishioners that have had surgery this past week. May you all take the time to rest and heal. Our thoughts and prayers are with all of you.



Daily Readings

September 21 Mon: Saint Matthew

Ephesians 4.1-7, 11-13, Ps 19.1-2, 3-4ab, Matthew 9.9-13

September 22 Tues: Ordinary Weekday

Proverbs 21.1-6, 10-13, Ps 119.1+27, 30+34, 35+44, Luke 8.19-21

September 23 Wed: Saint Pius of Pietrelcina

Proverbs 30.5-9, Ps 119.29+72, 89+101, 104+163, Luke 9.1-6

September 24 Thurs: Blessed Emilie Tavernier-Gamelin

Ecclesiastes 1.2-11, Ps 90.3-4, 5-6, 12-13, 14+17 Luke 9.7-9

September 25 Fri: Saint Cosmas and Saint Damian

Ecclesiastes 3.1-11, Ps 144.1a+2abc, 3-4, 9+15b, Luke 9.18-22

September 26 Sat: St. John De Brebeuf, St. Isaac Jogues and Companions

Revelation 7.9-17, Ps 124.2-3, 4-5, 7b-8, 2Corinthians 4.7-15, Luke 9.23-26 or John 12.24-26

September 27 Sun: 26th Sunday in Ordinary Time

Ezekiel 18.25-28, Ps 25.4-5a, 6+7b, 8-9, Philippians 2.1-11, Matthew 21.28-32

Mass Schedule September 20 thru October 1

Sunday, September 20—St. Ambrose—Noon Mass—Elaine Campbell (rip), Requested by Glenn and Leah Carson

Thursday, September 24—Manor—10:30 Mass—Closed

Sunday, September 27—St. Ambrose—Noon Mass—Joyce Laplante, Requested by Albert and Pat Bisailon

Thursday, October 1—Manor—10:30 Mass—Closed

September 13—Collection Total

Sunday envelopes	360.00
Loose	5.00
Building	.00
Candles	14.00
Lift Fund	.00

Total \$ 394.00

**Attendance 27
Average Sunday Envelope \$**

"The trees are about to show us how lovely it is to let the dead things go"

Happenings on Sunday, September 27

On Sunday September 27 we have the collections of the needs of the Church in Canada. Every year, the Bishops of Canada appeal for financial assistance. This collection helps each diocese make its annual contribution to the national Episcopal Conference and to the respective regional episcopal assembly (in the Atlantic, Quebec, Ontario and Western regions). Any additional funds from the collection are at the disposal of the diocese for its own pastoral needs.

Contributing to this collection is an act of collaboration with the Bishops in their ministry of teaching, sanctifying and pastoral governance.

"Challenges and favours which the Lord gives...are the way by which he wanted his Church founded and established by the Apostles and Disciples. This is the same grace he has made to the Church in Canada, by which it has taken all its force and growth, and is sustained and maintained by patience and long-suffering in peace and union with Our Lord, all as he is pleased to permit." Saint Francois DeLaval, first Bishop of New France

Please support our Bishops and give what you can.