

2nd Grade Sacrament Preparation At-Home - *Reconciliation Lesson Plan*

Materials Needed:

- Bible (we have free copies if you need one!)
- Reconciliation Student Guide
- Reconciliation Leader Guide (PDF version was emailed to you)

Praying with the Bible

Each lesson opens with a meditation on a scripture passage. This practice is called (Lek-see-oh De-vī-na) *Latin*, Divine Reading. This is a very old tradition in the Church, going back to the early centuries of Christianity. The goal is to allow your life to unfold in the presence of God.

[Watch this video](#) for an explanation of Lection Divina.

[Watch this video](#) for an example of how to do this with children.

Closing Prayer

At the end of each lesson you will pray the Act of Contrition with your child. Please note that the version listed in their book is not the one we typically teach. There is a sticker in the front cover with the version we usually teach. Please use this one:

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen

Brush Up!

Want to learn more about the sacrament of Reconciliation? We highly recommend the series Forgiven on FORMED.org. <https://watch.formed.org/forgiven> (All parishioners can subscribe to FORMED.ORG for free!)

Important Dates

-*First Reconciliation Learning Stations* - Children must attend one of the following sessions with at least one parent:

1. Sunday, January 17th 11:30am at Sacred Heart
2. Wednesday, January 20th 4:30pm at St. John

-*First Reconciliation* – Saturday, January 23rd 10:00am at Sacred Heart

Monthly Lesson Plan

Month	Book Lesson	Supplements
<i>September</i>	<p>Lesson 1: Original Sin & Baptism</p> <p>Lesson 2: What is Reconciliation?</p>	<p>-Watch this Preparing Your Child for First Confession video (44min)</p>
<i>October</i>	<p>Lesson 3: God's Commandments & 1st Commandment</p> <p>Lesson 4: Personal Sin & 2nd Commandment</p>	<p>-Rules that Rock booklet (sent to you via email) 1st & 2nd Commandment Worksheets</p> <p>-Watch Fr. Ross' Ten Commandments video (1 min.)</p> <p>-Practice the Act of Contrition, Hail Mary, Our Father, Glory Be Prayers</p>
<i>November</i>	<p>Lesson 5: Beatitudes & 3rd Commandment</p> <p>Lesson 6: Lost Sheep & 4th Commandment</p> <p>Lesson 7: Prodigal Son & 5th Commandment</p>	<p>-Rules that Rock booklet 3rd-5th Commandment Worksheets</p> <p>-Lesson 7: Watch this Prodigal Son Video (4 min.)</p> <p>-Practice the Act of Contrition, Hail Mary, Our Father, Glory Be Prayers</p>
<i>December</i>	<p>Lesson 8: Healing of Sick & 6th & 7th Commandments</p> <p>Lesson 9: Paschal Mystery & 8th Commandment</p> <p>Lesson 10: Act of Contrition & 9th & 10th Commandments</p>	<p>-Rules that Rock booklet 6th-10th Commandment Worksheets</p> <p>-Practice the Act of Contrition, Hail Mary, Our Father, Glory Be Prayers</p>
<i>January</i>	<p>Lesson 11: Penance & Commandment Review</p> <p>Lesson 12: Examination of Conscience & Confession Review</p>	<p>-Watch this "How to Make a Great Confession" video with your child. (12min.)</p> <p>-It is extremely important to role play and practice "going to confession" with your child this month.</p> <p>-You'll also want to help them with their examination of conscience and write some sins down to take to their First Reconciliation</p>