

UNIT ONE: Creation is a Gift

LECTIO DIVINA

- Read Genesis 1:1-19
- Complete the Prayer Reflection on pg. 8

THE LESSON

- Read The Lesson on pgs 10-13
Take notes or write questions that come up on pg. 14

KALOS

Choose one of the following options:

- Watch [*Planet Earth: from Pole to Pole*](#)
Reflect on pgs 16-17 and write or draw about how this video connects to the lesson in this chapter.
OR
- Go somewhere to experience nature with as few distractions as possible (park, arboretum, your own backyard). Choose a spot to sit in silence for 30 minutes. Reflect by writing or drawing on pgs 16-17

DISCUSSION

- Answer the questions on pgs. 18-21

EXPERIENCE

- Make a Gift - Search the internet for directions on how to make origami. Give the gift you make to someone.
- Answer the following questions on pg. 23
 - How does making a gift for another person involve more than just your hands?
 - Did it make a difference that you were careful and didn't rush through the project?
 - How did the receiver feel in receiving such a gift? How does the giving and receiving of a gift impact the relationship between the giver and receiver?
 - Ultimately, how does that change the way you think about God and creation when you think of yourself as a "gift"?

SAINTS & HEROES

- Read the story of Blessed Pier Giorgio Frassati pg. 24
- Write about another saint or hero from your own life on pg. 25

BEYOND THE CLASSROOM

- Complete the Gratitude Journaling pages on pgs 26-28