
First Reconciliation Retreat

— Sacred Heart/St. John —
January 2021



TWO SONS AND A FATHER

GOD'S STORY

Prodigal Son Questions

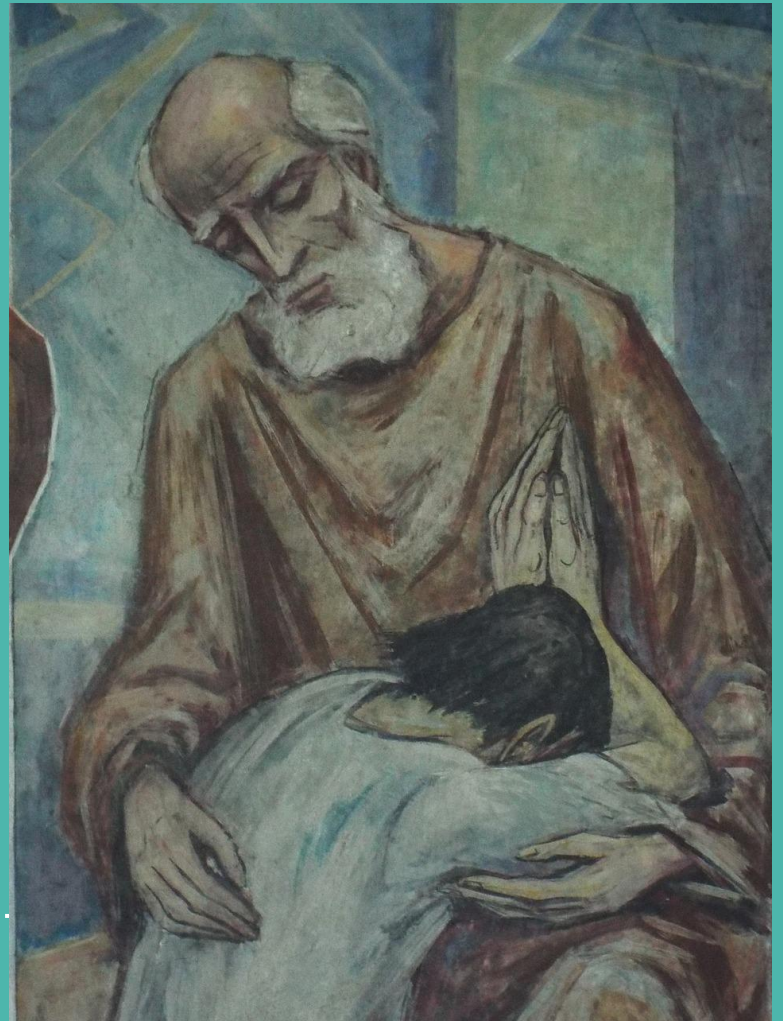
Preguntas sobre el hijo pródigo

-How did the lost son feel? Have you ever felt like the lost son. ¿Cómo se sintió el hijo perdido? ¿Alguna vez te has sentido como el hijo perdido?

-How did the father feel? Describe a time when you felt like the father. ¿Cómo se sintió el padre? Describe un momento en el que te sentiste como el padre.

-How did the loyal son feel? Describe a time when you felt like the loyal son. ¿Cómo se sintió el hijo leal? Describe un momento en el que te sentiste como el hijo leal.

-Who is God in this story? ¿Quién es Dios en esta historia?



Words to Know...

Reconciliation (Reconciliación)

Making up for hurting someone. To restore a relationship. (with God) **Compensación por lastimar a alguien. Para restaurar una relación. (con Dios)**

Sacrament of Reconciliation (Sacramento de la reconciliación)

A great gift that Jesus gave us to forgive our sins committed after Baptism. We tell God we are sorry and make up our minds not to sin again. God heals and forgives, gives us strength, and unites with the Church. (Also called Confession or Penance) **Un gran regalo que Jesús nos dio para perdonar nuestros pecados cometidos después del Bautismo. Le decimos a Dios que lo sentimos y decidimos no volver a pecar. Dios sana y perdona, nos da fuerza y se une a la Iglesia. (También llamado Confesión o Penitencia)**

Penance (Penitencia)

The prayer or actions assigned by the priest after we have confessed our sins. They help undo the harm caused by our sins. **La oración o acciones asignadas por el sacerdote después de haber confesado nuestros pecados. Ayudan a reparar el daño causado por nuestros pecados.**

Absolution (Absolución)

The prayer by which the priest, in the name of Jesus, takes away our sins. **La oración por la cual el sacerdote, en el nombre de Jesús, quita nuestros pecados.**

Examination of Conscience

Reflecting prayerfully on one's thoughts, words, and deeds in order to identify any sins.

Reflexionando en oración sobre los pensamientos, las palabras y los hechos de uno para identificar cualquier pecado

Forgiven for Children on FORMED

<https://watch.formed.org/forgiven/season:1/videos/forg-children-how-to-make-a-great-confession>

Sacred Heart Confessional Tour

<https://www.youtube.com/watch?v=5aAO5NBVs2c&feature=youtu.be>

Confession Role Play

YOU: *Make the Sign of the Cross as you say:*

“In the name of the Father, and of the Son, and of the Holy Spirit. Bless me Father, for I have sinned. This is my First Confession. These are my sins:

[Insert Sins Here]

“For these and all my sins I am truly sorry.”

PRIEST: The priest will talk to you about your sins and give you a penance. Then, the priest will ask you to pray the Act of Contrition.

YOU: “My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen.”

PRIEST: The priest will pray the Prayer of Absolution over you. It will sound something like this: “I absolve you from your sins in the name of the Father and of the Son and of the Holy Spirit, Amen.”

YOU: *Make the Sign of the Cross with Father at the end of his prayer.*

Final Preparations before First Reconciliation

Preparativos finales antes de la primera reconciliación

1. Make an Examination of Conscience
Hacer un examen de conciencia
-Use pages 51-61
-Think about the 10 Commandments
2. Prepare a “Cheat Sheet” if you’d like.
[Printables on our website](#)
3. Talk to your child about what questions they still have.
Hable con su hijo sobre las preguntas que todavía tiene.
-Use pgs. 15-39
4. Practice! ¡Práctica!



My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His name, my God have mercy. Amen.

Additional Resources for Parents

- Second Grade Page on our Parish Website:
<https://boonecountycatholics.org/second-grade>
- Link to Forgiven series on FORMED
<https://watch.formed.org/forgiven>
- Busted Halo Guide to Confession
<https://bustedhalo.com/ministry-resources/busted-halos-guide-confession>
- Parent University: Confession w/ Fr. Shane Deman
<https://www.youtube.com/watch?v=SkHIjo06X3E&feature=youtu.be>