

Eucharistic Adoration and Exposition-

Perhaps the inseparable bond between Mary and the Eucharist is no better seen than in the lives of the Saints. These heroic men and women, who lived the Christ-life to the fullest and were perfectly attuned to the action of the Holy Spirit, were without exception devoted to the Eucharist and the Blessed Mother. One particular Saint comes to mind because of his outstanding devotion to the Eucharist. In fact he founded a special Order to promote Eucharistic Adoration. St. Peter Julian Eymard, before he founded his Order, belonged to a Society that was especially dedicated to Mary in her Immaculate Conception. It was towards the end of his life that he asked his spiritual sons and daughters to address Mary and venerate her under the title of Our Lady of the Blessed Sacrament. Thus Mary would be intricately linked with our Lord's Real Presence in the Blessed Sacrament. She who first conceived Jesus by faith in her heart gave Him the immaculate dwelling place where His humanity developed. And now she is nurturing our faith so that we can grow in our love and devotion to that mystery of faith, the Eucharist. Commenting on this role of our Lady in our own personal sanctification, St. Peter said: "The more you allow Mary to work within you through your Communion, the more will Christ be glorified."

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