

FIRST COMMUNION PREPARATION SHEET

1. Who is God?

God is the Creator of heaven and earth

2. Why did God make me?

God made me to know Him and to love Him in this life and to be happy with Him in heaven.

3. What do we know about God?

We know that God is all powerful, all knowing, and everlasting.

4. How do we know these things?

The bible tells us what we need to know about God.

5. What is the “Bible”?

The Bible is a collection of books that tell us stories about God and men and women who served God throughout all of human history.

6. How many parts are there to the Bible? Two

7. What are the two parts of the Bible?

The Old Testament tells us about the time before Jesus and the New Testament that tells us about the stories and teachings of Jesus.

8. Who is Jesus?

Jesus is the son of God and the Virgin Mary.

9. Why did God send Jesus to Earth?

Jesus came to Earth to teach people about God. He taught us how to live as friends of God and help each other. He also taught us what was good and bad in God’s eyes.

10. What is the “Blessed Trinity”?

Jesus taught us that God is called “Father,” “Son,” and “Holy Spirit.” This is a great mystery we call the “Blessed Trinity.”

11. What is a mystery?

A mystery is something we don’t know much about. We don’t know everything about everything so we study and try to find out more about the mysteries of life...Like God.

The Bible helps us to find out more about God.

12. What is “sin”?

Sin is a deliberate offense against God, or “when you do something against God on purpose.”

13. Are some sins worse than others?

Yes, some sins are more serious than others. When Jesus came to Earth He taught His followers about good and bad, about how to live with and treat each other. He taught people about God. That is why the followers of Jesus are called “the people of God.”

14. In the story of Creation from the Bible, God made us in his images when he created Adam and then Eve. Then the first man and woman disobeyed God by eating from the Tree of Life. This was the first sin. This was the “Original” sin. This is why Adam and Eve were sent out of the Garden of Eden. After they were expelled, God promised to restore friendship with us.

15. What do we learn from the story of Creation?

We learn that God made man, and Adam and Eve disobeyed him.
We learn that when we offend God we must say we are sorry.
We learn that we have to rebuild friendships with each other.

16. Who are the People of God?

The People of God call themselves the “Church”, and are a group of people who believe in God, follow the teachings of Christ and pray together.

17. Who is the Church?

The Church is the People of God who follow Jesus and teach other men and woman about God now that Jesus has returned to heaven.

18. What does the Church teach the people?

The Church teaches people that God is everywhere, and that God loves us.

19. What is a sacrament?

A sacrament is an outward sign you can see, that helps you become closer to God.

20. How many sacraments are there in the Church?

7

21. What are the sacraments?

Baptism, Penance, Holy Communion, Confirmation, Holy Orders, Marriage and the Anointing of the Sick.

22. What is Baptism?

Baptism is a sacrament that makes me a friend of God. It washes away the “original sin” committed by Adam and Eve and prepares me to live like Jesus Christ.

23. What is Penance?

Penance is like Baptism. It takes away the sins we committed after Baptism. In Penance, we tell God we are sorry and God forgives us through the words of the priest.

24. What is Holy Communion?

Holy Communion is a sign to remember Jesus and His promise to remain with us forever.

Before Jesus died, he met with His friends for a “special” supper. When they were at supper, Jesus took bread, blessed it and said “THIS IS MY BODY.” Then He told his friends that whenever they gathered together, they should “DO THIS TO REMEMBER ME.”

Holy Communion is our holy meeting with Jesus. It is a time we pray for ourselves and for each other.

25. What is prayer?

Prayer is talking to God either out loud (like at Mass) or quietly in your heart.

26. What are the different kinds of prayer?

Prayers to thank God for His blessing
Prayers to ask God for help
Prayers to ask God for forgiveness