

Ascension Sunday
May 24, 2020

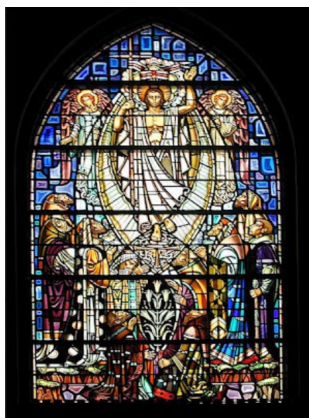
FAITH @ HOME

Ascension Sunday

First Reading: Acts 1: 1-11
Responsorial Psalm Psalm 47: 2-3, 6-7, 9
Second Reading: Ephesians 1: 17-23
Gospel: Matthew 28: 16-20

[Full Readings can be found here!](#)

1. HEAR



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Options to Read/Listen to the Gospel

Matthew 28: 16-20

Grab your bible and look up the reading. Don't have one? No worries you can find the [text here](#).

Check out this [video](#) with the Proclamation of the Gospel with images. For families with young children, a [video](#) from Holy Heroes.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

2. PRAY

When Jesus ascended into heaven, he told the apostles to wait on the Holy Spirit to come upon them. They stayed and prayed for 9 days until Pentecost Sunday, making the first novena. A novena is a prayer prayed for 9 days and the concept is based on this event. The ascension of Jesus is the 2nd glorious mystery of the rosary!

- As a household, pray the 2nd glorious mystery of the rosary together.
- Say out loud: "the second glorious mystery, the Ascension of our Lord into heaven" and then pray the Our Father once and then 10 Hail Marys while meditating on the mystery.
- End your prayer with one Glory Be.

3. TALK

Discussion questions for the 2nd glorious mystery the Ascension: After spending 40 days with his disciples, Jesus ascended body and soul into heaven. Jesus did exactly what he said he would do.

- He was a man of his word. Why do we ignore and doubt his words so often?
- He said he would return one day. Do you ever think about it?
- Imagine if he came today. Are you ready? Would you recognize him?

[A guide on unlocking all of the mysteries of the rosary can be found here.](#)