

Once again we are faced with ever tightening restrictions and wonder are we ever going to see a light at the end of the tunnel. We feel very worried, frustrated and helpless.

We are hearing heart-warming stories from parishioners about how they are overcoming feeling of loneliness and isolation.

At Mass, we are creatures of habit and always sit in the same spot every Sunday (sound familiar) and we remember those faces and get to know one another become acquainted and see each other around the local area. One parishioner has made contact with one such friendly face from Mass and has invited her to come to her home every second Sunday and watch our virtual Mass Celebration recorded by Dispin. We cannot meet in the church together yet but I was very moved to hear how our fellow parishioners are keeping in touch with one another. Others, I have heard, make it a point to call and chat to at least 3 people every few days. The majority of us have our families to keep in touch with and assist us with shopping running errands etc. but our parish community is also our “family” and it is wonderful to reach out to one another. I’m sure there are many uplifting stories out there in our community so please feel free to share these with us and of course you can remain anonymous.

So as we patiently wait to be reunited and meet in larger friendship groups, here is a recipe for you to try and sample. Don’t be put off by healthy vegies and fruit combination in this recipe; it is delightful! It has a lower sugar content but the dates add sweetness. Maybe a cake to bake for Dispin so he doesn’t have to feel guilty and count calories 😊

Please keep your recipes, tips and stories coming in. We love to read and share them with everyone. Monika