

## **“Communion**

Because we are not receiving the Eucharist at Mass, are we really missing out on Communion?

The dictionary says “Communion is an act of sharing with nature or with a person, it is an intimate interaction.”

The most intimate relationship we can have is with our God who knows and loves us warts and all.

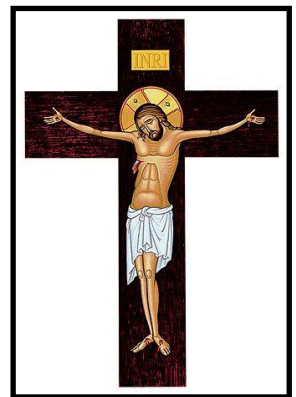
“God knows everything in our hearts” St Paul to the Romans. AWESOME

By praying with and for one another, we are recognising and sharing our mutual love and relationship with our God.

Being part of our Parish weekly Mass and thinking of our fellow parishioners is a great way to stay in Communion with one another.

The outstretched arms of Jesus on the Crucifix enfolds us all.

Let us rejoice and be glad.”



## **“Let’s put a spring in our step—Gardening Tips**

**Potting Herbs:** It is time pot herbs in small pots and place on bright window sill and can be transplanted in Spring.

**Planting Carrots:** Prepare garden bed now using compost. Plant seeds in September.

Asparagus can be planted now.

Enjoy the sunshine when we can, it is good for the body and soul.”

