

SAINT'S PAPER

Some people choose to adopt the name of a saint as their confirmation name. The purpose is that the candidate will develop a devotion for the saint as well as a better understanding of the communion of saints. However, the older tradition of using one's baptismal name is preferred because it better expresses the link that exists between baptism and confirmation.

If the baptismal name is not that of a recognized saint, a new name should be chosen for confirmation. The name should be of a recognized saint of the Catholic Church. Candidates should choose a patron saint's name, not because of the attractiveness of the name, but because of the attractiveness of the person's Christian life.

Find out more about your patron saint's life and write a paper of about 250 words, which includes the following information:

- ❖ Name of the Saint*
- ❖ Feast Day*
- ❖ Years lived, died and was canonized*
- ❖ Their background, family, occupation, life and death*
- ❖ Virtues that this saint exhibited*
- ❖ Why did you choose this saint as your patron?*
- ❖ What did this saint teach me? How can I follow his/her example in my life today?*

Some possible sources:

"Butler's Lives of the Saints"

"Dictionary of Saints", by: John Delaney.

Newadvent.org

If you cannot find a certain piece of information, please state that in your paper. Do not plagiarize from any source. Most of all, take this opportunity to learn more about your patron saint and make this project your own.

Another option is to choose the name of someone who is not a canonized saint, but rather a close family member or friend (living or deceased) who you feel would be a good spiritual role model. Simply write 250 words explaining whom this person is and the significant role they play in your spiritual life.