

# St. Anthony Parish

August 1, 2021  
Eighteenth Sunday in Ordinary Time

**ENTRANCE ANTIPHON:** O God, come to my assistance; / O Lord, make haste to help me! / You are my rescuer, my help; / O Lord, do not delay.

**GLORIA**—Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

**First Reading**—The whole Israelite community grumbled against Moses and Aaron. The Israelites said to them, “Would that we had died at the Lord’s hand in the land of Egypt, as we sat by our fleshpots and ate our fill of bread! But you had to lead us into this desert to make the whole community die of famine!” Then the Lord said to Moses, “I will now rain down bread from heaven for you. Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not. “I have heard the grumbling of the Israelites. Tell them: In the evening twilight you shall eat flesh, and in the morning you shall have your fill of bread, so that you may know that I, the Lord, am your God.” In the evening quail came up and covered the camp. In the morning a dew lay all about the camp, and when the dew evaporated, there on the surface of the desert were fine flakes like hoarfrost on the ground. On seeing it, the Israelites asked one another, “What is this?” for they did not know what it was. But Moses told them, “This is the bread that the Lord has given you to eat.”

The word of the Lord. **Thanks be to God.**

**Responsorial Psalm:**

**The Lord gave them bread from heaven.**

What we have heard and know,  
and what our fathers have declared to us,  
we will declare to the generation to come  
the glorious deeds of the Lord and his strength  
and the wonders that he wrought. **R.**

He commanded the skies above  
and opened the doors of heaven;  
he rained manna upon them for food  
and gave them heavenly bread. **R.**

**Second Reading**— Brothers and sisters: I declare and testify in the Lord that you must no longer live as the Gentiles do, in the futility of their minds; that is not how you learned Christ, assuming that you have heard of him and were taught in him, as truth is in Jesus, that you should put away the old self of your former way of life, corrupted through deceitful desires, and be renewed in the spirit of your minds, and put on the new self, created in God’s way in righteousness and holiness of truth. The word of the Lord. **Thanks be to God.**

**Gospel**—When the crowd saw that neither Jesus nor his disciples were there, they themselves got into boats and came to Capernaum looking for Jesus. And when they found him across the sea they said to him, “Rabbi, when did you get here?” Jesus answered them and said, “Amen, amen, I say to you, you are looking for me not because you saw signs but because you ate the loaves and were filled. Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on him the Father, God, has set his seal.” So they said to him, “What can we do to accomplish the works of God?” Jesus answered and said to them, “This is the work of God, that you believe in the one he sent.” So they said to him, “What sign can you do, that we may see and believe in you? What can you do? Our ancestors ate manna in the desert, as it is written: / He gave them bread from heaven to eat.” / So Jesus said to them, “Amen, amen, I say to you, it was not Moses who gave the bread from heaven; my Father gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” So they said to him, “Sir, give us this bread always.” Jesus said to them, “I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst.”

The Gospel of the Lord. **Praise to you Lord Jesus Christ.**

**APOSTLES’ CREED**

**I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.**

## Welcome to our Parish Community.

Visit our website: [www.stanthonyspokane.org](http://www.stanthonyspokane.org) to make a donation and join our Flocknote

**Pastor:** Rev. Brian R. Sattler

bsattler@dioceseofspokane.org

503-989-7585

**Pastoral Assistant:** Deacon James Schwarzer

jschwarzer@dioceseofspokane.org

**Chaplain to the Vietnamese Community:**

Rev. Vincent Van Dao Nguyen

vdao@dioceseofspokane.org

509-328-1467

**Office Manager:** Tierney McNeiece

509-327-1162

tmcneiece@dioceseofspokane.org

Hours: 8:30 AM-12:30 PM Monday-Thursday

**Trinity School:** Principal Staci Holcomb

509-327-9369

2315 N. Cedar St., Spokane, WA 99205

[www.trinityspokane.com](http://www.trinityspokane.com)

**Sacramental Prep:** Sr. Consuela SMMC

Email: cberube@dioceseofspokane.org

**Youth Group:** Dana Mannino — 263-0830

Tuesdays at 7PM in Wilson Hall

**Worship Schedule**

Masses: Saturday 4:30 PM

Sunday 8:00, 11:00 AM

1:00PM in Vietnamese

Tuesday — Friday 8:00 AM

**Holy Hour:** Tuesdays 8:30AM-9:30AM

**Confessions:** Saturdays at 3:30 PM

Tuesdays at 8:30 AM

**Baptism:** Contact the parish office

**Marriage:** Please contact the parish office at least four months before desired wedding date.

**Parish Pastoral Council:** President—Cindy Ecklund

Vice President—Rick Mannino

Secretary—Steve Moser

Kay Gorka

Mary Mannino

Duny Nguyen

Connie Anderson

Thomas Meloche

The Parish Council meets every Second Wednesday of the month at 5:15pm, except July & August

**Finance Council:**

President—Luke Anderson

Cara Weipert

Jim Money maker

Nina Heidt

Deacon Jim Schwarzer

**St. Vincent de Paul Society**

To attend a meeting, or to learn more please call the Parish Office at 327-1162

<http://sasvdpspokane.wordpress.com>

**Clause for a Christian Will**

I give, devise and bequeath to St. Anthony Catholic Parish-Spokane, a non-profit corporation under the laws of the State of Washington, (describe the amount of gift or specific item or property), for the exclusive use of St. Anthony Parish and/or Trinity School, Spokane.



**PLEASE KEEP  
IN YOUR  
PRAYERS**

Call Jan Russell: 509-850-8711

Rose Schmitz, Linda Abel, Rosemary Morbeck, Ryan, Betty Lease, John Morbeck Sr., Mari Murphy, & Joe Fritz.

### An Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

### How to Make an Act of Perfect Contrition

1 — Call to mind your sins.

2 — Reflect on God's tremendous and unconditional love for you and how your sin offends that love. Express your sorrow.

3 — Make the intention to go to sacramental confession as soon as it is possible for you with the intention of mentioning any mortal sins forgiven through your perfect act of contrition.

4 — Pray an Act of Contrition:

O my God, I am heartily sorry for having offended Thee, and I detest all my sins, because I dread the loss of heaven, and the pains of hell; but most of all because they offend Thee, my God, Who are all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.



### Parish Mass Intentions

**Saturday, 7/31 St. Ignatius of Loyola**

11AM Baptism for Lucy Sims

3:30PM Confession

4:30PM Mass: Renee

**SUNDAY, 8/1 EIGHTEENTH SUNDAY IN ORDINARY TIME**

8AM Mass: Renee

11AM Mass: Renee

1PM Mass in Vietnamese

**TUESDAY, 8/3**

8AM Mass: Renee

8:30AM-9:30AM Adoration & Confession

**WEDNESDAY, 8/4 St. JOHN VIANNEY**

8AM Mass: Renee

**THURSDAY, 8/5 THE DEDICATION OF THE BASILICA OF ST MARY MAJOR**

8AM Mass: Bernadette

**FRIDAY, 8/6 THE TRANSFIGURATION OF THE LORD**

8AM Mass: Bernadette

**Saturday, 8/7 St. Sixtus II & Companions**

3:30PM Confession

4:30PM Mass: Bernadette



THANK YOU FOR YOUR PRESENCE AND YOUR SUPPORT.  
2320 N. CEDAR STREET, SPOKANE, WA 99205

Rev. Brian R. Sattler —

Sunday, August 1, 2021 18th Sunday OT

St. Alphonsus Liguori

Exodus 16:2-4, 12-15/Psalm 78/Ephesians 4:17, 20-24 John 6:24-35

The Lord through Exodus is giving his people bread from heaven to eat. The Psalmist is proclaiming the Lord gave them bread from heaven. The Holy Spirit through Ephesians is declaring and testifying in the Lord that we be "renewed by the spirit of our minds, and put on new self, created in God's way in righteousness and holiness of truth," because we have learned Christ. Jesus is teaching us that he is the true bread from heaven, the bread of life. Father open the hearts of all your children to receive Jesus the Bread of Life to the fullest you will allow, so we be renewed by the spirit of our minds and your will be done. I ask you this in Jesus. Father I thank you for the gift of Jesus in the Holy Eucharist. I thank you in Jesus. Amen. Most Holy Virgin Mary pray for us. St. Joseph pray for us. St. Anthony pray for us. St. Alphonsus pray for us.

Pastor's Corner

**News from Trinity Catholic School:**

**Enrollment** for the 2021-22 school year is underway. Please help to spread the word about the best Catholic school in town! Referrals are greatly appreciated! Grade level brochures are available to share the fabulous things Trinity has to offer students and families alike. Our child-care center is also accepting new applications and enrolling for the summer program as well.

**Trinity Catholic School's first ever "Thanks-A-Million! Hole-In-One Golf Tournament."**

You could win \$1,000,000 and benefit the school at the same time! This event will be held on Saturday, August 7, 2021 at Esmeralda Golf course. Shotgun start at 7:30 a.m. \$100 per player. Register your scramble team of four or have your business sponsor a hole.

Not a golfer and would like to participate? Donate to provide water, grab bags, custom golf balls, lunch, silent auction items, and more.

Go online today to [ThanksAMillionGolf.org](https://www.ThanksAMillionGolf.org) to register to play or make a donation.

Questions? Call me at (503) 989-7585.

**Stewardship**

7/4 Donations: \$2,490

7/11 Donations: \$3,794

7/18 Donations: \$2,414

July Total: \$8,698

*Thank you for your support*

**Stewardship**

**Vietnamese Community**

7/4 Donations: \$497

7/11 Donations: \$458

7/18 Donations: \$418

July Total: \$1,373

*Thank you for your support*

**ANNOUNCEMENTS**

**Musicians Needed!**—St. Anthony's in Spokane is looking for musicians for the Saturday 4:30pm, and Sunday 8am & 11am Masses. For more information, please contact Tierney at 509-327-1162, [tmcneiece@dioceseofspokane.org](mailto:tmcneiece@dioceseofspokane.org) or Fr. Brian Sattler at 503-989-7585.

**IMMACULATE HEART RETREAT CENTER**

August 8, 2021, 4:30 PM - August 15, 2021, 1:00 PM

**Silent 8-Day Ignatian Retreat** —This retreat is silent. Becoming More Aware of Jesus' love in the World and Rejoicing. Immaculate Heart Retreat Center will host an 8 - Day Ignatian Silent Retreat titled: "Becoming More Aware of Jesus' love in the World and Rejoicing" conducted by Fr. Tom Lamanna, S.J. and Fr. J.K. Adams, S.J.. The 8 - Day Ignatian Retreat begins at 4:30 PM with registration before dinner and ends at 1:00 PM after the closing lunch. St. Ignatian has offered the Church the amazing gift of the Spiritual Exercises and the rules of discernment. Learn how discouragement and desolation are opportunities for connection with God. We are called to be people who live for God's love and in connection with God. The spiritual exercises help us to learn in a (w)holy way. \$720 per person.

<https://ihrc.net/events/8-day-ignatian-retreat>

Wednesday, August 11, 2021, 9:00 AM - 3:30 PM

**Silent Day of Prayer on Saint Philomena**

Saintly Superhero: Patron for Our Times

Sr. Mary Eucharista, SMMC

Virgin, martyr, healer, wonderworker, financial rescuer: what more could you want in a heavenly helper? Find out how this relatively unknown thirteen-year-old worked miracles for other saints like the Cure of Ars. She can charge apathetic spiritual lives into energizing workers in homes, parishes and dioceses. Includes Mass, two conferences, the Sacrament of Reconciliation, Lunch, Holy Hour of Adoration, and the recitation of the Holy Rosary. \$40 per person, (\$50 with the use of a private room for the day). Includes, Mass, Reconciliation, Two Conferences, and Adoration. <https://ihrc.net/events/day-of-prayer>

**INTENTION OF THE HOLY FATHER, AUGUST The Church:**

Let us pray for the Church, that She may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.

**ST. VINCENT DE PAUL SOCIETY** — How blessed are we

who have bread to nourish our bodies and who also know that Jesus is the Bread of Life. We use St Thomas More's food bank to bring bread (and more) to those in need. Your donations of personal hygiene and cleaning supplies are also greatly appreciated!