

COUPLE TIME -- ST. VINCENT'S MARRIAGE MATTERS DATE NIGHT (2)

- Take some time tonight to pray together from your hearts for your marriage, your family.
- Discuss how and what time of day is best for you to implement daily prayer time together, as a couple.
- Discuss one ritual around the house that you could start doing together. (ex: game night, folding laundry, taking walks together)
- Discuss one thing you could implement in your marriage that would strengthen your spiritual life together. (ex: reading scripture, reading a book, watching videos, etc.)

“Couples that pray together stay together.”