

Ingredient List

Dessert

- 2 cups blueberries
- 2 cups blackberries
- 2 cups raspberries
- 1/4 cup sugar
- 1/4 cup flour
- 1/4 teaspoon cinnamon
- 2 Tbs lemon juice + zest

Dessert Crisp Topping

- 1 cup rolled oats
- 1/2 cup flour
- 1/2 cup brown sugar
- a pinch of salt
- 1/2 cup sugar
- 1 stick (1/2 cup) cold unsalted butter, cut into small peices
- _____

Dessert is delicious with **Lemon Custard ice cream!! The Harry's LOVE Bonnie Brae's!**

Main Dish

- 3/4 stick of butter
- 1 medium onion, finely diced
- 4-5 medium/large carrots, finely diced
- 2.5 lbs of ground beef or veal or pork
- 1 qt of chicken stock
- 1-2 tsp of nutmeg
- 1/4 cup whole milk
- 1 Tbs flour
- kosher salt, to taste
- your choice of noodles*
- _____

**The Harry's recommend tagliatelle or pappardelle noodles! But any will work :)*

Italian Cream Soda

- 1 cup ice
- 1/2 cup club soda
- 1/4 cup Torani flavored syrup (raspberry is amazing)
- 1 Tbs heavy cream
- whipped cream optional topping
- _____

To Do Ahead of Time...

Take 5-10 minutes to do the prep below ahead of time! Everything else we'll do together the night-of.

For the Zoom link to cook virtually together, email kelly@saintvincents.org.

1

CHOP THE VEGGIES

Dice the onion and carrots.

