

The First Sunday of Advent November 29, 2020

Date	Intentions	Requested by
Sun. 11/29 11:00	Scott Peek, Sr. +	Ted & Nancy
Wed. 12/2 12:00	Nick Klingler +	Carmen Allen
Thurs. 12/3 12:00	Scott Peek, Sr. +	Ted & Nancy
Fri. 12/4 9:00	Scott Peek, Sr. +	Ted & Nancy

Changes in Mass Times

Please remember that daily and weekend Mass times have changed. Weekly Mass times are listed above. There will be no Saturday vigil Mass beginning this weekend, November 28th.

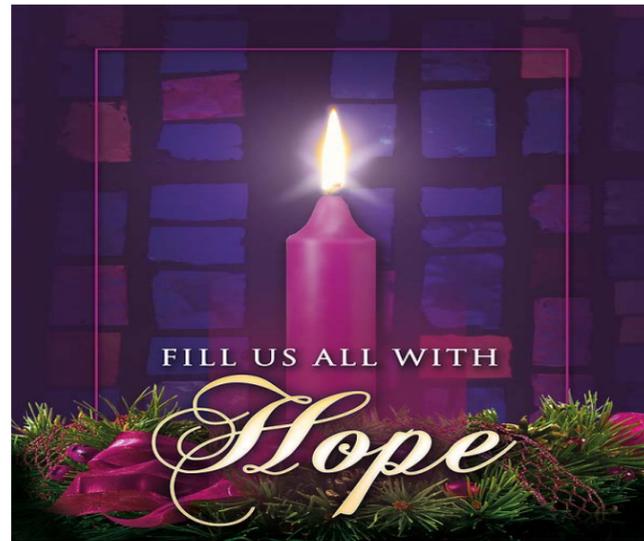
In this time of Covid-19
please consider making your offertory donations on-line. Visit our website:
www.olmhighlands.com

Our Lady of the Mountains

Guidelines and Precautions during the Covid-19 Pandemic

We are taking the following precautions to keep everyone safe at Mass.

1. The obligation to attend Mass is still lifted.
2. Social distance of 6ft is observed at all times.
3. Seating is limited to every other pew to facilitate social distancing.
4. Sanitizing hands is encouraged upon entering and leaving. Hand sanitizer is available at the entrances.
5. The wearing of masks is highly encouraged. Masks are available at the entrances.
6. Reusable items in the pews have been removed, such as hymnals and missals.
7. Congregational singing is suspended.
8. All physical contact between congregants is suspended such as hand-holding at the Our Father and the Sign of Peace.
9. The priest sanitizes his hand between households during the distribution of Holy Communion.
10. Distribution of the Precious Blood is suspended.
11. All high-contact surfaces are disinfected after Mass.



Prayer for the First Sunday of Advent

Jesus, you rode to your birth on a donkey held in the silent safety of Mary's womb. Remind us that we are the mothers and fathers, inn-keepers and census-takers, preparing this world for your arrival. This Advent, help us to be mindful of the world we are creating for you to enter into, once again. Amen.

Saint of the Week

God being perfect becomes perfect man, and brings to perfection the newest of all new things (cf. Eccles 1:10), the only new thing under the sun, through which the boundless might of God is manifested. For what greater thing is there than that God should become man?

~ St. John of Damascus (676-749), Priest, Doctor of the Church, Feast Day December 4.

Stewardship Thought

Count your blessings one by one,
count your blessings and see what God has done.

Father's Column

(From Scott Long, Director of Technology Services at the Diocese of Charlotte.)

The holiday season is upon us, so I want to send out my annual warning reminding you to be careful in the cyber world.

Because we are in the middle of a pandemic, retailers started early with online Black Friday deals. These "deals" also attract scammers. Cyber criminals are working hard this season to perfect their holiday phishing scams. Cyber Monday will most likely be bigger than ever before. That means you and your loved ones need to be extra cautious when shopping online during this coming Black Friday and Cyber Monday weekend.

It's holiday season for bad guys, too, but not the way you might think. Criminals go into scam-overdrive mode. Black Friday and Cyber Monday are the busiest online shopping days, and the bad guys are planning to turn you into a victim. Below are 10 cybersecurity tips to use always, not just in the holiday shopping season:

1. Keep all devices up to date with basic security measures to lessen your chance of becoming the victim. This means your mobile phone, tablets, home computers, etc.
2. Only connect to known We-Fi networks; beware of network names that have typos or extra characters. Do not connect to any public Wi-Fi if possible. Use your mobile data to process transactions.

3. Use strong, unique passwords on all accounts. This is a good time to update/change passwords! Use a password management tool like KeePass or LastPass (or something similar) so you don't need to remember all of your passwords.
4. Be safe on all social media; don't overshare any personal data and take the time to review your privacy settings on the platforms you use.
5. Keep an eye on your bank accounts and monitor your credit report regularly.
6. Be careful with messages regarding shipping changes. Always use official channels to stay updated.
7. Watch out for holiday e-greeting cards. They may not be from the sender you think! Don't open one unless you're certain you can trust its source.
8. Keep devices in view (or know where they are) if you plan on traveling this holiday season.
9. Pay close attention to all websites you visit and shop on. It's safest to only use those you trust.
10. Be wary of ads, giveaways, and contests that seem too good to be true. These run rampant during the holiday season!

It would be a peaceful world indeed if the only preparation we were making was to celebrate the birth of Christ!

Thank you for reading. Scott Long

Please pray for our parishioners and their relatives and friends:

Pat Pittari, Fr. Ubald Rugirangoga, Laura Sanders, Mary Catherine Cann, James Urbanski, Sandy Powers, Griffin Harper, The Klingler Family, Shawn Webster

Also for those in our book of prayer intentions, and those for whom there is no one to pray.
Please pray for all the men and women serving the United States in the military.

Please pray for the souls of our beloved deceased.
Scott Peek, Sr., Stewart Austin, Nick Klingler, John Powers, Earl Goodrow and Ron Simmons, Lee Smith, Harry Vaughn