

Qualifications

To serve as a Sponsor for Confirmation within the Catholic Church:

- The individual must be at least 16 years old.
- He or she must have received the sacraments of Baptism and Confirmation in the Catholic Church.
- If he or she is married, the marriage should have taken place in the Catholic Church.
- The person must have the intention, the ability, and adequate time to be a Sponsor.
- The Sponsor should live according to the Catholic Faith: attend Mass every weekend and receive the sacraments of the Church regularly, especially Reconciliation and the Eucharist. (A Catholic is required to receive Reconciliation and Eucharist once each year.)
- The Sponsor should practice the Faith within a Catholic parish community, and live a moral life.