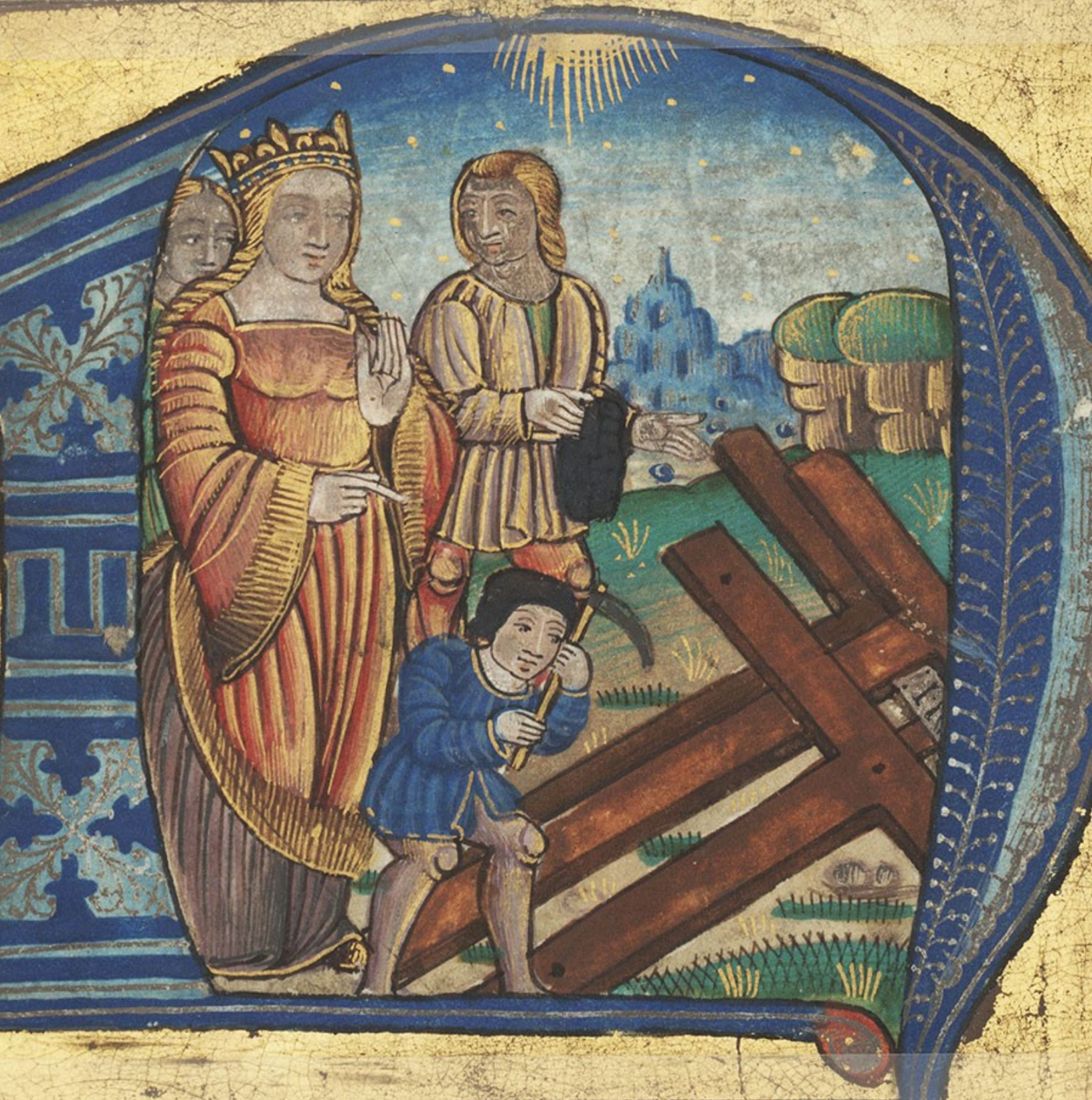


# ST IGNATIUS & ST LUKE'S

14-15 September 2019



St. Helena finding the True Cross

ROODMAS\*, celebrated on September 14th, (more commonly known as Holy Cross Day, or the Exaltation of the Holy Cross) initially commemorated the Dedication of the Basilica of the Resurrection, built by St. Helena (Constantine the Great's mother), in Jerusalem in A.D. 355; however, the true Cross was found shortly thereafter, also by St. Helena, so the two events were joined.

The story of the finding of the True Cross, from the *Catholic Encyclopedia*:

In the year 326 the mother of Constantine, Helena, then about 80 years old, having journeyed to Jerusalem, undertook to rid the Holy Sepulchre of the mound of earth heaped upon and around it, and to destroy the pagan buildings that profaned its site. Some revelations which she had received gave her confidence that she would discover the Saviour's Tomb and His Cross. The work was carried on diligently, with the co-operation of St. Macarius, bishop of the city.

The Jews had hidden the Cross in a ditch or well, and covered it over with stones, so that the faithful might not come and venerate it. Only a chosen few among the Jews knew the exact spot where it had been hidden, and one of them, named Judas, touched by Divine inspiration, pointed it out to the excavators, for which act he was highly praised by St. Helena. Judas afterwards became a Christian saint, and is honoured under the name of Cyriacus.

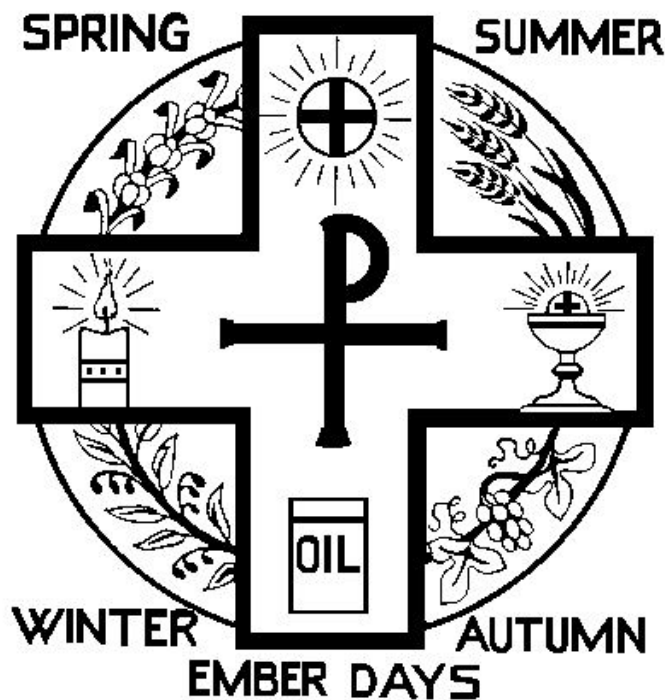
During the excavation three crosses were found, but because the titulus was detached from the Cross of Christ, there was no means of identifying it. Following an inspiration from on high, Macarius caused the three crosses to be carried, one after the other, to the bedside of a worthy woman who was at the point of death. The touch of the other two was of no avail; but on touching that upon which Christ had died the woman got suddenly well again.

Originally the Finding of the Holy Cross was observed on May 3 as Saint Helena reportedly found the Cross on May 3, 355; and the Triumph of the Cross was celebrated on September 14 to commemorate the dedication of the Basilica of the Resurrection and the recovery by the Byzantine Emperor Heraclius in 628 of a piece of the Cross taken by the Persian Empire. But in 1960, Pope John XXIII combined both Latin Rite celebrations into the September 14 feast, in line with his revisions to the General Roman Calendar that, among other things, eliminated duplicate feasts.

*\*from Old English rood "rod" or "cross", and mas "Mass" (similar to the etymology of Christmas). People once swore "by the rood," as seen in Shakespeare's Hamlet with Hamlet's line to Queen Gertrude, from Scene III Act IV: "No, by the rood, not so: You are the queen, your husband's brother's wife..."*

This week we observe the autumnal Ember Days, which always fall on the week after Holy Cross Day [September 14th, the Feast of the Exaltation of the Holy Cross]. Ember Friday this week is an obligatory day of abstinence for all members of the Ordinariate.

EMBER DAYS are three days set apart for fasting, abstinence, and prayer during each of the four seasons of the year. The purpose of their introduction was to thank God for the gifts of nature, to teach men to make use of them in moderation, and to assist the needy. Possibly occasioned by the agricultural feasts of ancient Rome, these seasons [embertides] came to be observed by Christians for the sanctification of the different seasons of the year. The Ember Days are known in Latin as the *quattuor anni tempora* (the "four seasons of the year"), or formerly as the *jejunia quattuor temporum* ("fasts of the four seasons"). Each season has an individual flavor, arising from the liturgical season or feast or the time of year it falls. In addition, the original harvest focus meant focusing on different harvests for each quarter. Advent was the olive crop, Lent (the last of the Ember Days) gave thanks for the gift of light and rebirth, wheat for Pentecost, and September was the grape harvest.



*"On Rogation and Ember Days the Church is accustomed to entreat the Lord for the various needs of humanity, especially for the fruits of the earth and for human labor, and to give thanks to him publicly."*

(Universal Norms on the Liturgical Year and the Calendar, 45).

## REMEMBER IN YOUR PRAYERS

All who are sick and all caregivers who minister to the sick: Wesley Jackson, George Cochran, Marl Anthony Turner, Jane Waterschoot, the mother of Marie Norment, E.G., W.B., J.M. and J.G.

*Please call or email the office to add a name to the prayer list.*

***Before calling, please be sure you have spoken to the person for a member of his family about adding the name—we do not want to inadvertently disregard someone's desire for privacy.***

Names of those who are sick or injured will be kept on the list for one month; to keep a name on the list for longer, you must email the parish office.

## MASS READINGS THIS WEEK

**15 September** [OT 24]

Exodus 32: 7-11, 13-14; Psalm 51: 3-4, 12-13, 17, 19; 1st Timothy 1: 12-17; Luke 14:15: 1-32

**16 September** *Cornelius, Pope, and Cyprian, Bishop, Martyrs*

1st Timothy 2: 1-8; Psalm 28: 2, 7-9; Luke 7: 1-10

**17 September** *Robert Bellarmine, Bishop and Doctor of the Church*

1st Timothy 3: 1-13; Psalm 101: 1-3, 5-6; Luke 7: 11-17

**18 September** *Feria*

1st Timothy 3: 14-16; Psalm 111: 1-6; Luke 7: 31-35

**19 September** *Janarius, Bishop and Martyr*

1st Timothy 4: 12-16; Psalm 111: 7-10; Luke 7: 36-50

**20 September** *Andrew Kim Tae-gon, Priest, Paul Chong*

*Ha-sang, and Companions, Martyrs*

1st Timothy 6: 2-12; Psalm 49: 6-10, 17-20; Luke 8: 1-3

**21 September** *Matthew, Apostle and Evangelist*

Ephesians 4: 1-7, 11-13; Psalm 19: 2-5; Matthew 9: 9-13

**22 September** [OT 25]

Amos 8: 4-7; Psalm 113: 1-2, 4-8;

1st Timothy 2: 1-8; Luke 16: 1-13

## MASS INTENTIONS

**Saturday, 14 September**

*Vigil of the Sunday*

4:30 pm Joseph A Norris [Nancy Walter]

**Sunday, 15 September**

*13th Sunday after Trinity [OT 24]*

8 am Pro populo

9:30 am Pat and Felix Nartatez [Maria Cacas]

11 am Leonila D. Egana + [Eduardo Egana]

**Monday, 16 September**

*Cornelius, Pope, and Cyprian, Bishop, Martyrs*

9 am *no public mass*

**Tuesday, 17 September**

*Robert Bellarmine, Bishop and Doctor of the Church*

9 am Patricia LaValley + [Lorraine LaValley]

**Wednesday, 18 September**

*Ember Wednesday in September*

9 am Msgr. William J. O'Donnell +

**Thursday, 19 September**

*Janarius, Bishop and Martyr;*

*Theodore of Canterbury, Bishop; Adrian, Abbot*

9 am Rev. Paul-Stephen Holt +

**Friday, 20 September**

*Ember Friday in September*

*Andrew Kim Tae-gon, Priest, Paul Chong Ha-sang, and Companions, Martyrs*

9 am Lila Gonzalez [Maria Cacas]

**Saturday, 21 September**

*Matthew, Apostle and Evangelist*

*Vigil of the Sunday*

4:30 pm Pat Teinert + [Lori Woelfel & Matthew Malatesta]

**Sunday, 22 September**

*14th Sunday after Trinity [OT 25]*

8 am Pro populo

9:30 am Msgr. Maurice V. O'Connell

11 am Maria Cacas + [Jane Slattery]

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