



MASSES

Saturday [anticipated] 4:30 pm

Sunday 8 am, 9:30 am, 11 am

Mass Tuesday-Friday in the chapel at 9 am

CONFESSIONS

Tuesday 7-7:30 pm

Saturday 3-4 pm

in the chapel

& ST IGNATIUS ST LUKE'S

25 October 2020

SAINTS SIMON AND JUDE, APOSTLES

On the various New Testament lists of the Twelve Apostles (Matthew 10:2-4; Mark 3:16-19; Luke 6:14-16; Acts 1:13), the tenth and eleventh places are occupied by Simon the Zealot (also called Simon the "Cananean," the Aramaic word meaning Zealot) and by Judas of James, also called Thaddaeus or Lebbaeus. Some ancient Christian writers say that Simon and Jude went together as missionaries to Persia, and were martyred there. If this is true, it explains, to some extent, our lack of historical information on them and also why they are usually put together.

Both Simon and Jude were ordinary men who were chosen by Jesus himself to "make disciples of all nations" (Matthew 28:19). During their lifetimes these men were known by other names. Simon was often called "the Zealot" [one who is zealous on behalf of God; it later came to refer to those who, saying that God is to be their only Ruler and Lord, resisted the Roman occupation of Israel] to keep people from confusing him with the other apostle named Simon, the one Jesus called Peter.

Jude was also known as "Jude Thaddeus." Before the Crucifixion, there would be a need to distinguish him among the apostles from Judas Iscariot, and after the Crucifixion there would be an additional reason for being emphatic about the distinction. "Thaddaeus" is possibly a variant of "Theudas," which in turn is perhaps used as a Greek equivalent of "Judas." It is theorized that because of his similarity in name to Judas Iscariot, people were reluctant to ask for his intercession. Thus he was only turned to for help as a last resort, and it is in this way that St. Jude came to be the patron of hopeless cases and desperate situations.

After the ascension of the Lord, Jude traveled to Mesopotamia to preach, and Simon went to Egypt. Eventually they both ended up in Persia, modern-day Iran. There they worked together evangelizing the people until they were both martyred. They are celebrated together on October 28th. Traditionally Christians, beginning on the Feast of Sts. Simon and Jude, started to prepare food such as bread of the dead and soul cakes for the Feast of All Souls.

SOUL CAKES

A soul cake, also known as a soulmass-cake, is a small round cake which was traditionally made for Halloween, All Saints' Day, and All Souls' Day to commemorate the dead. The cakes, often simply referred to as souls, were given out to soulers (mainly consisting of children and the poor) who went from door to door during the days of Allhallowtide singing and saying prayers "for the souls of the givers and their friends." The practice in England dates to the medieval period, and continued there until the 1930s, by both Protestant and Catholic Christians. The practice of giving and eating soul cakes continues in some countries today, such as Portugal (where it is known as *Pão-por-Deus* and occurs on All Saints' Day and All Souls' Day), as well as the Philippines (where it is known as *Pangangaluwa* and occurs on All Hallows' Eve). In other countries, souling is seen as the origin of the practice of trick-or-treating, now utterly removed from its alms-giving roots.

If you would like to make soul cakes for Allhallowtide, here is a simple recipe:

Soul Cakes

3/4 cup +1 TBS butter

1 cup less 1 1/2 TBS superfine sugar
(run 1 cup of regular sugar 1-2 minutes in a food processor, or just use plain sugar but expect a denser grainier result)

3 egg yolks

3 cups less 1 1/2 TBS self rising flour

2 tsp mixed spice*

a few gratings nutmeg

6-1/2 TBS milk

2/3 cup dried currants or raisins

* mixed spice: *Combine 1 TBS ground cinnamon, 1 tsp each of ground coriander and nutmeg, 1/2 tsp of ground ginger, 1/4 tsp each of ground cloves and allspice. Mix well and store in an airtight container out of the light for up to 6 months.*

Preheat the oven to 375°F. Line several baking sheets with parchment paper. Set aside.

Cream the butter and sugar together until light and fluffy. Beat in the egg yolks. Sift together the flour, mixed spice and nutmeg. Add to the creamed mixture along with the milk to give you a soft dough that you can easily roll out.

Roll the dough out on a lightly floured surface with a lightly floured rolling pin to 1/3 inch thickness. Cut into rounds with a 3 inch biscuit cutter. Using the dull side of a knife, mark a light cross indentation into the tops of each biscuit. Push currants into the crosses. Sprinkle with a bit of raw cane sugar if desired, and place about 2 inches apart on the baking trays.

Bake for 10 to 15 minutes until puffed and golden brown. Scoop off onto a wire rack to cool completely.

Store in an airtight container.

Soul, Soul, a soul cake!

I pray thee, good missus, a soul cake!

One for Peter, two for Paul,

three for Him what made us all!

Soul Cake, soul cake, please good missus, a soul cake.

An apple, a pear, a plum, or a cherry, any good thing to make us all merry.

One for Peter, two for Paul, & three for Him who made us all.

From a traditional British souling song, text and tune collected in 1891. To hear a recording, search A Soalin' on youtube.com. There is a famous version by Peter, Paul, and Mary.

REMEMBER IN YOUR PRAYERS

All who are suffering or sick and all caregivers who minister to the sick: Joe Coleman, John Hogan, Deirdre McQuade, Danny Hart, Amy Howard, Mary Morehead and family, Curtis Bailey, Leondre Massey, Sister Constance Ward, George Cochran, Mark Anthony Turner, Rachel Fisher, Patricia Ransom, Beverly A. Woods, Kerianna Prather, Victoria P.; D.K.C., M.M., R.M., K.M., C.M., C.A., E.D., E.G., W.B., J.M., H.G., and J.G.

Please call or email the office to add a name to the prayer list.

Before calling, please be sure you have spoken to the person [or a member of his family] about adding the name—we do not want to inadvertently disregard someone's desire for privacy.

Names of those who are sick or suffering will be kept on the list for one month; to keep a name on the list for longer, you must email the parish office.

ANNOUNCEMENTS

BISHOP'S VISITATION

The Most Reverend Steven Lopes, Bishop of the Personal Ordinariate of the Chair of Saint Peter, will be with us on Sunday, November 8th, at the 11 am Mass, to confirm our children. As they enter these last weeks leading up to this sacrament, please keep our candidates for Confirmation in your prayers.

MASS OF THE FIVE WOUNDS

St. Luke's will offer the votive **Mass of the Five Wounds** five times for the repose of the souls of the beloved dead of St. Luke's and St. Ignatius' parishioners and friends. With this intention, four low Masses of the Five Wounds will be offered at 9 am, Tuesday November 10th through Friday November 13th. A fifth sung Mass of the Five Wounds will take place on **Saturday November 14th at 10:30 am.**

REQUIEM BOOK

If you would like to have your deceased friends and relations remembered at masses during the month of November, please email the office so that we can enter the names in our **Requiem Book**. Or fill out one of the Requiem Book slips in the back of the church or the entrance of the auditorium, and place it in the collection basket. *And mark your calendars for November 14th at 10:30 am to assist in the offering of the Mass of the Five Wounds.*

MASS INTENTIONS

Saturday, 24 October

Anticipated Mass for Sunday
4:30 pm David Roberts + [Chad and Maggen Dixon]

Sunday, 25 October

The Twentieth Sunday after Trinity
8 am Pro populo
9:30 am Helen Donovan [Jane Slattery]
11 am all our candidates for Confirmation

Monday, 26 October

Feria
9 am *no public mass*

Tuesday, 27 October

Feria
9 am Rachel and Ryan Martin [Mr. & Mrs. James Guinivan]

Wednesday, 28 October

Simon and Jude, Apostles
9 am Jane Slattery

Thursday, 29 October

Feria
9 am Russell White

Friday, 30 October

Feria
9 am Leslie Lee + [Lester Lee]

Saturday, 31 October

Anticipated Mass for Sunday
4:30 pm Msgr. Patrick Begley +

Sunday, 1 November

THE SOLEMNITY OF ALL SAINTS
8 am Pro populo
9:30 am Jane Slattery
11 am Edward Guinivan and companions

Remember: Daylight Saving Time ends at 2 am on Sunday November 1st. Don't forget to set your clocks back an hour on Saturday evening.

St. Ignatius Finance Council

Florian Hocke - *Co-Chair*
Jackie Chancio
Deacon Clark Glenn
Joseph Somerville
Clifford Woods

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CATHOLIC CHURCH

Rev. John Vidal

Pastor, St. Ignatius
Pastor, St. Luke's

Joint Pastoral Council

Randy King - *Co-chair*
Joseph Chancio • Rosemary Collier
Fran Doyle • James Guinivan
Ada Okafor • Elizabeth Shivone
Connie Somerville
Patrick Delaney - *ex officio*
Susan White - *ex officio*

St. Luke's Finance Council

Patrick Delaney - *Co-chair*
Nicole Crawford • Mario Enzler
David Lewis • Franco Madan
Susan White - *ex officio*
Karen King - *ex officio*

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