

# **FIRST HOLY COMMUNION AND FIRST PENANCE GUIDELINES**

**2019-2020**



**ST. ANDREW THE APOSTLE  
CATHOLIC CHURCH  
CLIFTON, VIRGINIA**

Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty." ~ John 6:3

Dear Parents,

September 2019

Welcome to St. Andrew the Apostle Sacramental Program for First Penance and First Holy Communion. It is essential that the children and parents collectively participate in the process of preparing for First Penance and First Holy Communion. By working together with the catechists and priests of the parish, we can be assured that the students are properly trained and well disposed to receive the sacraments.

It is important that you review the attached forms and information sheets. Your cooperation in accurately completing the forms and returning them to the religious education office in a timely manner is greatly appreciated. You may deliver the requirements either in person, email (when appropriate) or mail by the due dates indicated.

The most important preparation for First Communion is done in the home and with your family. Please make it a priority to pray as a family and to place Our Blessed Lord at the center of your family life and attend Holy Mass as a family on all Sundays and Holy Days of Obligation.

First Penance will be held on Saturday, February 1, 2020 at 10 am. Our priests have extended an invitation to your families to go to confession at that time as well. This is a beautiful opportunity for you to share in your child's special day! Our First Holy Communion Mass and reception will be on Saturday, May 2, 2020 at 11 am. Please feel free to contact me with any questions or concerns you may have. It is my pleasure to serve you.

In Christ,

*Patty Laing*

Director of Religious Education

### **FAITH FORMATION OPPORTUNITIES FOR PARENTS**

***CATHOLICISM: The Pivotal Players*** is a multi-part film series that illumines a handful of saints, artists, mystics, and scholars who not only shaped the life of the Church, but changed the course of civilization. Discover the places where St. Thomas Aquinas (1/13) lived, learned, and wrote. Visit the countryside where St. Francis (10/28) gathered a group of friars and revived the Church. See the places where St. Catherine of Siena (4/27) ministered and prayed. Trek through England to where Bl. John Henry Newman (2/10) and G.K. Chesterton (11/18) left their mark and sparked an English Catholic revival. Marvel at the extraordinary art of Michelangelo (12/16), from his David statue in Florence, to the Pietà at St. Peter's, to the Sistine Chapel. Experience how St. Augustine's (9/23) famous "restless heart has become the paradigm for spiritual seekers across the ages. Journey with Bishop Barron as he uncovers the incredible life of St. Benedict (3/16), a 'cave dwelling kid' who changed the course of western civilization. One MONDAY a month, 5:30-7 pm, in the Padre Pio Room – don't miss this amazing series!

**CATHOLIC APOLOGETICS: LUNCH, LAUGHTER & LEARNING** (formerly MSOT) is held once a month on Sunday afternoons at St. Andrews. This year the topic is *Defending the Faith*. The group gathers for lunch at 1:30 pm and a priest gives the talk beginning at 2 pm, followed by Q & A, then the rosary. Cost: \$135/year (covers cost of lunch.) Topics this year include 9/29 The Existence of God, 10/20 The Authenticity of Scripture, 11/17 Grace, Merit, & Justification, 12/15 The Church & the Papacy, 1/26 Purgatory, 2/23 The Church's Teachings on Marriage, 3/22 The Church & Science, 4/26 The Eucharist, 5/17 Mary & Marian Doctrines.

**ST. ANDREW THE APOSTLE BOOK CLUB** meets once a month on Tuesday morning from 10 am – noon in the JP II room. The book club selections focus on the lives of the saints. Lively discussion, refreshments, and insight into those who already wear the crown of sainthood, help to inspire us to fulfill our calling! Cost: \$10/book. This year we will focus on the saints whose statues are above St. Andrew's altar.

**ST. ANDREW'S BIBLE STUDY** will focus on studying the Bible Timeline for 2019-20. Beginning in September they meet in Msgr. Hannan Hall every Wednesday night from 7:15 – 9:00 pm. (The bulletin will have more details on Bible Study registration information.)

## **IMPORTANT DATES**

**First Penance Retreat, Sat., Jan. 25, 2020, 8:30 am - 12:30 pm**

**First Penance, Sat., Feb. 1, 2020, 10 am**

**First Holy Communion Retreat and Rehearsal, Sat., Apr. 25, 2020, 8:30 am - 1 pm**

(Parents plan to attend the rehearsal in the church 12:30-1 pm)

**First Holy Communion Mass and Reception, Sat., May 2, 2020, 11 am**

(Students need to arrive no later than 9:45 am)

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## PENANCE - A FACT SHEET FOR PARENTS

### *The Sacrament of Reconciliation or "Penance"*

"Those who approach the Sacrament of Penance obtain pardon for God's mercy for the offenses committed against Him, and are, at the same time, reconciled with the Church which they have wounded by their sins and which by charity, by example, and by prayer labors for their conversion." (LG 11)

#### *What are the names given for this Sacrament?*

It is called the *Sacrament of Conversion* because it makes sacramentally present Jesus' call to conversion, the first step in returning to the Father from whom one has strayed by sin.

It is called the *Sacrament of Penance*, since it consecrates the Christian sinner's personal and ecclesial steps of conversion, penance, and satisfaction. (CCC 1423)

It is called the *Sacrament of Confession*, since the disclosure or confession of sins to a priest is an essential element of this sacrament. In a profound sense it is also a "confession" - acknowledgment and praise - of the holiness of God and of His mercy toward sinful man.

It is called the *Sacrament of Forgiveness*, since by the priest's sacramental absolution God grants the penitent "pardon and peace."

It is also called the *Sacrament of Reconciliation*, because it imparts to the sinner the love of God who reconciles: "Be reconciled to God." He who lives by God's merciful love is ready to respond to the Lord's call: "Go; first be reconciled to your brother". Matthew 5:24 (CCC 1424)

#### *Suggestions for Parents:*

You began preparing your child for the Sacrament of Penance long ago. Every time your child has seen or experienced loving forgiveness in your home, he or she has understood a little more about God's forgiving love.

With the assistance of a catechist and two assistants, your child has begun a special preparation for the Sacrament of Penance. The preparation will focus on how God is a loving Father who forgives us if we just humble ourselves, repent, amend our lives, and return to Him in the sacraments.

Discuss this sacrament with your child. Remember to do more listening than talking during these discussion times. Your child may express feelings to you at home that may not have been mentioned in class. Be attentive and your child will make you aware of his/her thoughts. Please do not hesitate to contact your child's catechist, the religious education office, or one of the parish priests if you need help or advice in handling any of these questions or concerns.

Help your child learn the Act of Contrition by simply saying it together once a day before dinner, or at bedtime. Also, help your child with a short examination of conscience (page 7)

✠ Take your child along as an interested observer when you go to Confession. It is a powerful example for a child to see his/her parent enter the confessional! All classes will visit the confessional prior to their first confession to get the students accustomed to the new environment.

✠ Role play "going to confession" - don't use real sins when role playing; make up some false sins. Take turns with your child being the priest and the penitent. Discuss the two possible options for going to confession; face-to-face or behind a screen. Help your child decide which way he/she wants to confess his or her sins.

✠ Teach your child that to sin is to say “No” to God. Make sure your child understands the difference between a mistake or accident, temptation, and sin by talking about some typical situations which illustrate these occurrences.

✠ Above all, relax and remember that this will be the first time your child will receive the Sacrament of Penance. It is the first step in a lifetime during which your child’s appreciation of the sacrament will grow and deepen. Please bear in mind that it is YOUR responsibility to make sure that your child is provided the opportunity to go to confession on a regular basis (a good rule of thumb is once a month).

### ***WHY DO WE NEED CONFESSION?***

Sin. We are all familiar with it. The Catechism of the Catholic Church defines sin as “an offense against God, a rupture of communion with Him. At the same time, it damages communion with the Church (those around us).” (CCC 1440)

Jesus teaches that there are less serious and more serious sins. We call less serious sins venial sins and more serious sins mortal sins. What are the distinctions?

In order to commit a mortal sin, three conditions must be met:

1. The person must be committing a gravely evil act or thought (i.e. violation of the Ten Commandments, precepts of the Church, or sins against moral teaching of the Church).
2. The person must have knowledge that the act or thought is gravely evil. If a person has a doubtful conscience, they may not act until they have gathered sufficient information to make a rightly ordered decision.
3. The person must intend the act committed or the thought. It is important here to distinguish between temptations and willed thoughts.

If any one of these conditions is not met, a mortal sin has not been committed. The sin would generally be considered a venial sin. However, it should be noted that it is possible to commit a deliberate venial sin. These sins are of special concern since they lessen a person’s resistance to **commit more serious** sins. Even if the act or thought is not a grave evil, a person may still know that the act or thought is still wrong and that they intend to perform that act or thought anyway. All this describes sins of commission. However, *it should be noted that we are also liable for sins of omission* – good acts or obligations that we failed to do. In certain circumstances, such sins can be mortal sins.

Although you are only obliged to confess your mortal sins, any sin may be confessed. Of course, **no one may receive Holy Communion if they have committed mortal sins** that have not been absolved by a priest through the Sacrament of Penance. A person is obligated to make a good confession at least once a year (Easter Duty), although it is generally recommended that one makes a good confession at least once a month, or as necessary.

One must also consider the social effect of every sin. Even the most private sin affects the entire Church and society at large since we all live in community and engage in self-definition by our acts and thoughts.

While the above information is difficult to express to second graders, it may be helpful for parents as guidelines when instructing children.

## ***COUNTING ON GOD'S MERCY***

Mercy is the chief characteristic of God the Father. In the Parable of the Prodigal Son, Jesus reveals to us that God's mercy far outweighs his justice (even though His mercy and justice never contradict each other). In the encyclical *Dives in Misericordia* (Rich in Mercy), the late Pope John Paul II offers us insights into this most familiar of parables. The Holy Father writes that just as the father in the parable constantly looks out in anticipation of his repentant son, so does God the Father anticipate our contrite return to the Church's sacraments and to the state of grace.

This theme of repentance was among the central themes of both John the Baptist's and our Lord's preaching. It is clear that our Lord thought that repentance and forgiveness was so important that he instituted the Sacrament of Penance through the Apostolic Succession. In John 20:23, Jesus says to the Apostles, "If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." In Matthew 16:19, Jesus says to Peter, "I will give you the keys of the kingdom of heaven and whatever you bind on earth shall be bound in heaven, and whatever you loose on earth shall be loosed in heaven." In both instances, our Lord gave the Apostles (the first twelve bishops) and their successors the authority to forgive sins on His behalf. Since her earliest days, the Catholic Church has obeyed this divine command and has practiced some form of this Sacrament of Reconciliation, formalizing it as early as 100-150 A.D.

Another parable that reveals God's merciful love towards us is the parable of the Lost Sheep in Luke 15:4-7. In this parable, the Shepherd (representing God the Father) notices that He is missing one of His sheep (the sinner who has turned away) from the fold (the Church). The Shepherd sets out to find the one sheep. From this parable we notice that God loves us individually so much since He seeks out one sinner at a time. We also decipher that God's love is patient and protecting. Good shepherds go to great lengths to ensure that their sheep do not fall into the hands of predators or other dangers. God rejoices when the lost sheep is found and returns to the fold. In the parable, the Good Shepherd does not merely herd the sheep back to the fold, rather, He places that lost sheep on His shoulders and carries it back home. Similarly, we can experience the tremendously compassionate love God has for us through the Sacrament of Penance.

As we approach this sacrament, may we always turn to the Mother of God, Refuge of Sinners, for the courage to make a good confession with a contrite heart and a firm purpose of amendment.

## **EXAMINATION OF CONSCIENCE**

(for First Penitents)

Did I miss Mass ON PURPOSE on a Sunday or Holy Day? (Do not confuse this with your parents not taking you to Mass. You only have the obligation to ask them to take you).

Was I late for Mass through MY own fault?

Did I laugh, talk, or play in church?

Was I disobedient to anyone looking after me?

Did I talk back to anyone taking care of me?

When I had a chance to do something nice, did I choose not to do it?

Did I fight with someone?

Did I use angry words?

Did I cheat on school work or tests?

Did I try to “get even” with someone?

Did I use bad words?

Did I steal something?

Did I tell any lies?

Did I call anyone bad names?

Was I mean to other people?

Did I tease someone unkindly?

## THE RITE OF RECONCILIATION

### Child:

- 1) In the Name of the Father and of the Son and of the Holy Spirit. Amen.
- 2) Bless me, Father, for I have sinned.
- 3) **This is my First Confession.** (After your first confession, this phrase becomes, “It has been \_\_\_\_\_ (how long, one month, 6 months, etc) since my last confession”.)
- 4) These are my sins: (Name your sins).
- 5) For these and all the sins of my whole life, I am truly sorry.

### Priest:

- 1) Gives words of advice or suggestions.
- 2) Gives child penance (often this will be prayers to be said in the church after Confession).
- 3) Priest asks child to say an Act of Contrition.

### Child:

#### An Act of Contrition

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of Thy just punishments; but, most of all, because they have offended Thee, my God, who are all good and deserving of all my love, I firmly resolve with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.

OR

An Act of Contrition that you have memorized.

### Priest:

Gives absolution (the prayer which removes ones sins).

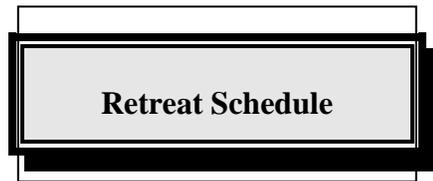
### Child:

Thank you, Father.

## **FIRST PENANCE RETREAT SCHEDULE**

### **Return permission slip by December 10, 2019**

The First Penance Retreat will be held on Saturday, January 25, 2020 from 8:30 am to 12:30 pm. There is no cost to attend the retreat. There is a \$25.00 surcharge for anyone who is not a registered member of St. Andrew the Apostle Parish.



8:30 am	Registration
8:45 am	Mass
9:20 – 11:45 am	Sessions I – V & snack
11:50 am	Restroom break
12:00 pm	Rosary (outside weather permitting)
12:30 pm	Dismissal

## FIRST PENANCE RETREAT PERMISSION SLIP/RELEASE FORM DEADLINE TO REGISTER IS DECEMBER 10, 2019

My consent is hereby given as the parent of \_\_\_\_\_ to attend/participate in **THE FIRST PENANCE RETREAT** in **MSGR. HANNAN HALL** at **ST. ANDREW THE APOSTLE PARISH** on **January 25, 2020**. I understand that I am to drop off my child on Saturday at **8:30 a.m.** and return by **12:30 pm** for pick-up. I do hereby agree to release, indemnify and hold harmless the chaperones, St. Andrew the Apostle Catholic Church, and the Catholic Diocese of Arlington, VA from any and all liability for any claim or injury or loss sustained by my child's participation in the above event. In the event of a medical emergency, I hereby give permission to those in charge to request necessary medical treatment for my child, in the event that I cannot be reached at the below listed phone numbers.

Parent's Name \_\_\_\_\_

Signed (parent/guardian) \_\_\_\_\_

Date \_\_\_\_\_

### Emergency Numbers:

Cell: (Mom) \_\_\_\_\_ (Dad) \_\_\_\_\_

Home number \_\_\_\_\_

My child is allergic to the following medications:

\_\_\_\_\_

Other allergies: \_\_\_\_\_

My child is currently taking the following prescribed drugs:

\_\_\_\_\_

My child's birth date: \_\_\_\_\_

Family physician: \_\_\_\_\_

Phone numbers: \_\_\_\_\_

### STUDENT AGREEMENT

I agree to follow these expectations of behavior from the time I arrive at St. Andrew's until the time I am picked up by my parents at the end of the event. I understand that if I do not follow these expectations I will be given a warning, and depending upon the severity of my misbehavior, I may be asked by the Religious Education Coordinator to call my parent/guardian.

I agree to behave in a Christian manner which means:

I will respect myself.

I will respect other people (no fighting, no bad words).

I will respect and follow any direction given by the Religious Education Director and Chaperones. I understand that they are acting for my best interests.

I agree to come ready to enjoy a great event!

Youth signature \_\_\_\_\_ Date \_\_\_\_\_

## FIRST HOLY COMMUNION FACT SHEET FOR PARENTS

*“Parents have the first responsibility for the education of their children.”*

*“Parents have a grave responsibility to give good example to their children.”*

*“Through the grace of the Sacrament of Matrimony, parents receive the responsibility and privilege of evangelizing their children.” (CCC 2223, 2224, and 2225)*

The celebration of the Mass is the center of the whole Christian life. All other liturgical rites and all the works of the Christian life are linked to, flow from, and have as their end the Eucharistic celebration.

Parents have a right and duty to be intimately involved in preparing their children for First Holy Communion. Catechesis aims to help parents grow in their understanding, love, and appreciation of the Eucharist and to participate readily in catechizing their children. You are encouraged to read the four Gospel accounts of the Last Supper, as well as, John Chapter 6 with your child. Parents have an awesome and serious duty and obligation to care for the minds, bodies, and souls of their children. As a parent, you have the *primary role* in the sacramental process for your child. You will help your child grow in faith as you prepare him or her for the reception of the Sacrament of Holy Eucharist. ***Your attendance at Sunday Mass and Holy Days of Obligation is vital!*** Even more importantly, your interest, example, witness, and prayers make a difference in your child’s decision to receive the Sacrament and the Faith with an open heart as he or she continues to grow in the faith.

With this in mind, we remind you that the role of a religious education program can only be secondary to the parents. We encourage you to do all you can, and we promise to do the best we can to aid and guide the sacramental preparation for your child.

### THE SACRAMENT OF THE EUCHARIST

**Four requirements are absolutely essential for a child to receive the Eucharist:**

- ✚ He or she must understand the difference between ordinary bread and the Eucharist.
- ✚ He or she must have a sincere desire to receive the Sacrament of the Eucharist.
- ✚ He or she must truly believe that it is our Lord whom he or she is receiving.
- ✚ And of course, he/she must be free from mortal sin - - - in a state of grace.

**To participate more fully in the Eucharist, however, a child must continue to grow in the following ways:**

- ✚ Understanding that the Eucharist:
  - is a memorial of the Lord’s Passion, Death, and Resurrection, and that His Sacrifice on the Cross and Resurrection become present in every celebration
  - is a meal at which Christ nourishes us with His Word and His Body and Blood so that we

- have greater love of God and neighbor
- reminds us of our unity with our brothers and sisters in Christ
- anticipates the banquet of God's kingdom

✚ Knowledge of the Last Supper and the Jewish roots of the covenant meal.

✚ Awareness of the Father's love, of the call to participate in Christ's sacrifice, and of the gift of the Spirit.

✚ Familiarity with the main events of Jesus' life (the Rosary can help here).

✚ Faith that Jesus is present in the Eucharist: not only in the priest, in the Christian assembly, or in the reading of His Word, but in a unique and most excellent way under the appearance of bread and wine, which after the Consecration, become the Body and Blood of Jesus.

✚ Desire to visit and pray to Jesus apart from Mass.

## **TIPS FOR TALKING TO YOUR CHILD ABOUT THE HOLY EUCHARIST**

- ✚ Be sure to talk sincerely to your child about your experience of Jesus. It is essential that the child understands the importance of having a real relationship with Jesus. If you do not speak to your child about your love of the Eucharist, even your best example may appear to them to be empty formalism.
- ✚ You are a model for your child. Remember that the reverence with which you accept Jesus in the Eucharist will be the example that will be followed by your child. No matter how much your child's catechist stresses "how to receive reverently", if this is not being done by his/her family, the lessons will be quickly forgotten. How you dress to enter God's house matters. When you are leaving home for Mass will your neighbor know you are going to church or do they assume you are going to the grocery store or a ball game based on your attire?
- ✚ When you attend Mass EACH Sunday and Holy Day, help your child to fully participate in the Mass. Remember, if you do not sing or recite the responses, neither will your child.
- ✚ Take your child to Church to visit Jesus in the most Blessed Sacrament. Explain how Jesus is waiting in the tabernacle for us to come to Him; how He loves us to come and just be with Him. Let the children know that we can tell Jesus everything: our joys, our pains, even ask for help in our studies. This also would be a good chance to practice appropriate Church behavior with your child while showing him/her your own love of the Lord. *Practice the Sign of the Cross, prayers, genuflecting, etc.*

## PREPARATION

**First Holy Communion record form and baptismal certificates for all First Holy Communicants must be turned in by due date: December 10, 2019.**

**Interviews** – All First Communicants will be interviewed by the Director of Religious Education in the weeks following the midterm exam in January. This is designed as a verbal assessment to ensure that each child is prepared to make their First Penance and First Holy Communion.

**First Penance Retreat** – The First Penance Retreat is designed to help prepare the students to be spiritually ready to make a good first confession.



**Sacrament of Penance** - The majority of the children will make their First Confession in February. We encourage you to make sure that your child has an opportunity to receive this Sacrament again before First Holy Communion. Confessions are heard at St. Andrew's each Saturday from 3:30 - 4:30 pm and on Thursday from 5:30 - 6:30 pm.

**First Holy Communion Retreat** – All First Holy Communicants are required to attend the First Holy Communion Retreat to help them spiritually prepare to receive Jesus with love and reverence for the first time. The Retreat form is located in this handbook or may be downloaded from our website [www.standrewsreligioused.org](http://www.standrewsreligioused.org).

**First Holy Communion Practice** – The practice will be held immediately following the retreat at 12:30 pm on April 25. Parents, please proceed to the church at 12:30 pm. The rehearsal will start promptly at 12:30 pm. **It is important that at least one parent remain in the church during the practice time so that they may receive any last minute information and be able to answer any questions their child may have when they return home.** Once the practice is complete the children will recess into Msgr. Hannan Hall. You may pick up your child from their teacher at that time.

**First Holy Communion Mass** - Please take your child to the assigned classroom (page 14) no later than 9:45 am on Saturday, May 2 prior to taking your place in the church. During this time, the photographers will be taking class pictures, so please be sure your child arrive on time. **Please DO NOT stay in the classroom with your child.** If you wish to have individual pictures taken of your child the photographer will be available from 9:00 - 9:45 am in Msgr. Hannan Hall. After Mass, please DO NOT take your child from the procession line. Your child is to be picked up from their assigned classroom. He/she will receive his First Holy Communion certificate after Mass in the assigned classroom.

**Dress Code** - Special clothes highlight a special occasion. However, you are reminded to stress the coming of Jesus as the most important part of the day. Keeping this in mind, *any modest dress clothes are appropriate*. Most girls in our parish wear the traditional white dress and a veil for the head. *Please ensure that the shoulders are covered, either with sleeves or a sweater/bolero jacket*. The head **MUST** be covered in some form in imitation of a bride of Christ. **Please DO NOT let the students wear nail polish, tennis shoes or sneakers, and girls are not to wear pants or slacks.** If your daughter has a purse or gloves, we ask that you keep these items with you during the First Holy Communion Mass so that they are not lost. The boys have chosen a variety of dress including suits, tuxes, blazers or dress sweaters,

and dress slacks. ***Ties MUST be worn and tennis shoes or sneakers are not permitted.*** Whatever you decide to do, please keep your child and family focused on what is really important about the day: Jesus' giving of Himself because of His great love for each one of us. He wants to be with us always!

**Photography – No pictures should be taken in the church either during or after Mass.** No one should distract the children from Jesus by taking pictures especially when the children are receiving our Lord for the first time. After the children have received our Lord they are in the prayerful mode of thanking Jesus for the great gift of His Body. IF you must take pictures you **must not use flash and you must take them from your seat or from the balcony.** DO NOT STAND UP OR STAND IN THE AISLE. After Mass, please use the beautiful outside natural environment to take pictures with the priests and your family.

**Class Pictures** – The photographer will have photo forms available on the day of the First Holy Communion Mass. Pictures will be mailed directly to your home. *The children MUST be at St. Andrew's at 9:45 am before the First Holy Communion Mass to be photographed.* Meet in the assigned classrooms upon arrival.

**Reception:** A reception will immediately follow Mass in Msgr. Hannan Hall.

**Corpus Christi Procession:** All First Holy Communicants are invited to attend, dressed in their First Holy Communion attire, and lead the parish Corpus Christi procession on Sunday, June 14, 2020, at 1:30 pm.

## **FIRST HOLY COMMUNION PRACTICE & FIRST HOLY COMMUNION MASS SCHEDULE**

The First Holy Communion Rehearsal is on **Saturday, April 25, 2020, at 12:30 pm.**

St. Andrew's date for the First Holy Communion Mass is **Saturday, May 2, 2020, at 11:00 am.** Please check the table listed below for your child's assigned classroom.

**Children are expected to arrive at 9:45 am for the First Holy Communion Mass.**

**Class pictures will be taken one hour before the Mass begins.**

**If you arrive late, you will miss your class picture.**

*If you wish to have individual pictures taken with the photographer they will be available on a first come, first serve basis from 9:00-9:45 am in Msgr. Hannan Hall.*

<b><i>CATECHIST</i></b>	<b><i>CLASS DAY-TIME</i></b>	<b><i>MEET IN ROOM</i></b>
Mr. Spicer	Monday 5:30 pm	Room 109
Mrs. Dean	Tuesday 6 pm	Room 108
Mrs. Dean	Homeschool & Other Parochial Schools	Room 108
Mr. Hernandez   Mrs. Heintz	Sacramental Prep 1 & 2	Room 107
Mrs. McCullough	St. Andrew the Apostle School	Room 9

**FIRST HOLY COMMUNION  
RECORD FORM**

**Due December 10, 2019**

*Please Print*

Name as it appears on the baptismal certificate:

\_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

(\_\_\_\_) \_\_\_\_\_ /\_\_\_\_/\_\_\_\_  
Phone # Date of Birth Place of Birth (City, State)

Father's full name: \_\_\_\_\_

Mother's full maiden name: \_\_\_\_\_

This form WILL NOT BE ACCEPTED if a complete mailing address is not given.  
Addresses from foreign countries are required.

Church of Baptism: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Country: \_\_\_\_\_

\_\_\_\_\_  
Date of Baptism

Please attach a copy of the student's baptismal certificate to this form.

St. Andrew baptism: The date of baptism will be used for verification.

A translation is required if the baptismal certificate is in another language.



**FAMILY PRIEST ATTENDANCE FORM  
Due March 31, 2020**

**YES, WE HAVE A PRIEST IN OUR FAMILY WHO WOULD LIKE TO  
CONCELEBRATE THE FIRST HOLY COMMUNION MASS WITH THE  
PASTOR OF ST. ANDREW'S PARISH.**

**Name of Priest:** \_\_\_\_\_

**Name of Parish** \_\_\_\_\_

**Diocese:** \_\_\_\_\_

**If not the Diocese of Arlington, please attach a letter  
from the Diocesan Bishop stating that the priest is in  
good standing.**

**Name of Student:** \_\_\_\_\_

**Relationship to  
Student:** \_\_\_\_\_

# FIRST HOLY COMMUNION RETREAT SCHEDULE

**Return permission slip by March 31, 2020**

The First Holy Communion Retreat and Rehearsal will be held on Saturday, April 25, 2020 from 8:30 am to 1 pm. There is no cost to attend the retreat. There is a \$25.00 surcharge for anyone who is not a registered member of St. Andrew the Apostle Parish.

A graphic consisting of a central rectangular box with a light gray background and a black border. The text "Retreat Schedule" is centered within this box. The box is surrounded by several overlapping, slightly offset rectangular frames in black and white, creating a layered, shadowed effect.

## Retreat Schedule

8:30 am	Registration in Msgr. Hannan Hall
8:45 am	Mass
9:20 – 11:45 am	Sessions I-V & snack break
11:50 am	Restroom break
12:00 pm	Rosary (outside weather permitting)
12:20 pm	Brown scapular installment
12:30 pm	Rehearsal
1:00 pm	Dismissal

**FIRST HOLY COMMUNION RETREAT AND REHEARSAL PERMISSION SLIP/RELEASE FORM  
DEADLINE TO REGISTER IS MARCH 31<sup>th</sup>**

My consent is hereby given as the parent of \_\_\_\_\_ to attend/participate in **THE FIRST HOLY COMMUNION RETREAT** in **MSGR. HANNAN HALL** at **ST. ANDREW THE APOSTLE PARISH** on **April 25, 2019**. I understand that I am to drop off my child on Saturday at **8:30 a.m.** and return by **12:30 p.m.** for rehearsal and pick-up. I do hereby agree to release, indemnify and hold harmless the chaperones, St. Andrew the Apostle Catholic Church, and the Catholic Diocese of Arlington, VA from any and all liability for any claim or injury or loss sustained by my child's participation in the above event. In the event of a medical emergency, I hereby give permission to those in charge to request necessary medical treatment for my child, in the event that I cannot be reached at the below listed phone numbers.

**Parent's Name** \_\_\_\_\_

Signed (parent/guardian) \_\_\_\_\_

Date \_\_\_\_\_

**Emergency Numbers:**

Cell: (Mom) \_\_\_\_\_ (Dad) \_\_\_\_\_

Home number \_\_\_\_\_

My child is allergic to the following medications:

\_\_\_\_\_

\_\_\_\_\_

Other allergies: \_\_\_\_\_

My child is currently taking the following prescribed drugs:

\_\_\_\_\_

\_\_\_\_\_

My child's birth date: \_\_\_\_\_

Family physician: \_\_\_\_\_

Phone numbers: \_\_\_\_\_

**STUDENT AGREEMENT**

I agree to follow these expectations of behavior from the time I arrive at St. Andrew's until the time I am picked up by my parents at the end of the event. I understand that if I do not follow these expectations I will be given a warning, and depending upon the severity of my misbehavior, I may be asked by the Religious Education Coordinator to call my parent/guardian.

I agree to behave in a Christian manner which means:

I will respect myself.

I will respect other people (no fighting, no bad words).

I will respect and follow any direction given by the Religious Education Director and Chaperones. I understand that they are acting for my best interests.

I agree to come ready to enjoy a great event!

Youth signature \_\_\_\_\_ Date \_\_\_\_\_



**FLOWER DONATION  
FIRST HOLY COMMUNION MASS**

**MAY BE IN MEMORY OF/FOR A SPECIAL INTENTION  
OR JUST THE FAMILY NAME**

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**Please print name as you would like it to appear in the program  
And return this form with your donation to the Religious  
Education Office by March 31, 2020. Thank you!**