



ST. ANDREW THE APOSTLE RELIGIOUS EDUCATION MARCH 2021



March's Virtue is **RESPECT** ~
Recognizing the dignity of all people.

In your hearts honor Christ the Lord as holy, always being prepared to make a defense to anyone who asks you for a reason for the hope that is in you; yet do it with gentleness and respect. ~ 1 Peter 3:15

IMPORTANT DATES

February 28-March 3
Parish Mission

Mon/Tue, Mar 1/2
RE # 18

Fri., Mar. 5, 12, 19, & 26
A day of abstinence (no meat)
2:30 & 7pm Stations of the Cross

Mon/Tue, Mar 8/9
RE # 19

Sun., Mar. 14, 1:30-4 pm
Catholic Apologetics –
Thou shalt not bear false witness.

Mon/Tue, Mar 15/16
RE # 20

Sat., Mar. 20, 8:45 am-2 pm
Mandatory
Confirmation 8 Retreat

Sun., Mar. 21, 7 pm
Parish Lenten Penance Service

Mon/Tue, Mar 22/23
RE # 21 Confessions

Mon., Mar. 22, 5:30-7 pm
Seeds of Faith: Genesis to Jesus
*Rise of the Covenant Kingdom &
Features of the Kingdom*

Tue., Mar. 23, 10:30 am-noon
Book Club – *Saint in the
Wilderness: The Story of Isaac
Jogues, Missionary and Martyr*

Mon/Tue, Mar 29/30
Holy Week – NO RE Classes

Abstinence: no meat can be
eaten on Ash Wednesday & all of
the Fridays in Lent. This applies
to all Catholics 14 and older.



The Mission begins at 7:00pm each evening in the Church.

Each evening includes:

- Exposition of the Blessed Sacrament
- Rosary
- Reflection
- The Litany of Saint Joseph
- Benediction

*Confessions available
each evening at
8:00pm!*

Reflection Topics:

- Sunday February 28: Repentance (led by Fr. Wagner)
- Monday, March 1: Almsgiving (led by Fr. Bresnahan)
- Tuesday, March 2: Prayer (led by Fr. Wagner)
- Wednesday, March 3: Fasting (led by Fr. Bresnahan)

**The Mission will be available via live-stream on our YouTube channel
"St. Andrew the Apostle Clifton VA".*

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Adult Faith Formation for March



Lunch, Laughter & Learning

Sun., Mar. 14, 1:30-4pm

The Ten Commandments: Thou shalt not bear false witness.

Lunch, Talk, Rosary \$20

RSVP plaing@st-andrew.org

Seeds of Faith

**GENESIS TO JESUS
A Journey Through
Scripture**

Mon., Feb. 22, 5:30-7pm
Padre Pio Room

*Rise of the Covenant Kingdom
And Features of the Kingdom*

Free, all are welcome!

Book Club

Tue., Mar. 23, 10:30am- noon

*Saint in the Wilderness:
The Story of Isaac Jogues,
Missionary and Martyr*

**Join us for coffee &
discussion in the
Padre Pio Room**

Free, all are welcome!

MARCH SAINTS

3rd Katharine Drexel

4th Casimir

7th Perpetua & Felicity

8th John of God

9th Frances of Rome

17th Patrick

18th Cyril of Jerusalem

19th Joseph

23rd Turibius of Mogrovejo

25th Annunciation

28th Palm Sunday of the
Passion of the Lord



Solemnity of St. Joseph March 19

St. Joseph is an example of many virtues: of intelligent and rapid obedience, faith, hope, and fortitude, both in the midst of difficulties and in the ordinary situations in which a good father of a family finds himself. Whenever we suffer setbacks, if Our Lord permits them, we should look at St. Joseph and put ourselves in his care. St. Teresa says of his powerful intercession: I never remember having entrusted anything to him which he has failed to do. I am amazed by the great favors God has given me through this blessed Saint, the dangers from which he has freed me, both of body and soul.

Gracious St. Joseph, protect me and my family from all evil as you did the Holy Family. Kindly keep us ever united in the love of Christ, ever fervent in imitation of the virtue of our Blessed Lady, your sinless spouse, and always faithful in devotion to you.



Traditional Lenten Practices

Make your Lent a profitable forty-day period of prayer, penance, and spiritual exercises in preparation for the celebration of Easter. Suggestions of Lenten disciplines to consider are below.

Corporal or External Fast: including the abstinence from certain foods, drinks, and amusements during Lent. Take less of what you like and more of what you dislike at meals today • Take nothing to drink between meals • Do not use seasoning on your food today • Do not use any sweeteners with your food or drinks today • Avoid listening to the radio at all today • Take nothing to eat between meals today • Avoid any T.V. or videos; instead read the Passion of Christ in your Bible or missal • Take only one helping of each item at meals today • Say an extra Rosary.

Spiritual or Internal Fast which consists of abstinence from "all evil"—sin. Saint Basil the Great explains: "Turning away from all wickedness means keeping our tongue in check, restraining our anger, suppressing evil desires, and avoiding all gossip, lying and swearing. To abstain from these things—herein lies the true value of fast!" Don't do any unnecessary talking; instead, say little ejaculations throughout the day • Exercise your patience today in all things • Don't complain today • Restrain any anger, and go out of your way to be kind to the person who caused your anger • Don't be distracted with someone else's business. • Avoid any gossip today; instead say an extra Rosary to overcome this great fault • When asked to do something extra, do so with a joyful and pleasant attitude today • Speak in a pleasant tone to everyone today • Avoid using the phone today • Tell the truth in all your dealings today. **Spiritual Change** achieved by the practice of virtues and good works must be the main objective of our fasting. Practice humility today in all your actions • Be generous today; help someone in need. • Look for ways to be helpful throughout the day • Do a job that needs to be done without being asked • Be courageous; walk away from any impure situations today • Don't be idle at all today. Always be doing something for others or for your spiritual growth • Go out of your way today to help or talk to someone who is usually difficult • Volunteer for an extra job today • Say an extra Rosary today for the conversion of a sinner • Visit someone who is sick or lonesome today. Offer to say the Rosary with them.

Stations of the Cross Fridays - 2:30 and 7 pm



March Confession Times

Mondays – 8 am

Tuesdays – 11:45 am

Wednesdays – 6:30-8 pm

Thursdays – 5:30-6:30 pm

Fridays – 7 am and 6:30 pm

Saturdays – 3-4:30 pm

Coming Up:

Holy Thursday April 1

Good Friday April 2

Easter Vigil April 3

Easter Sunday April 4

**RE Office Hours Monday 9:30 am - 7:30 pm; Tuesday-Thursday 9:30 am - 5 pm
Friday the Religious Education Office is closed.**