



# *2023 Guidelines*



**St. Andrew the Apostle Catholic Church  
Clifton, VA**

**CANDIDATE'S NAME** \_\_\_\_\_



## CONFIRMATION REQUIREMENTS CHECKLIST

Under the direction of Bishop Burbidge, it is our firm desire that all Catholics know and live the Catholic faith to the fullest. The students will receive a Confirmation study guide, which include the questions the bishop has provided with three main focus areas: Faith, Worship and Witness, as well as reflections for the candidates to consider. The Confirmation test will be taken from the study guide. Students must pass the Confirmation pre-test/test with a grade of 70% or better. Begin studying early!

**Faith** ~ God is revealed to us through Sacred Scripture and the teachings of the Catholic Church.  
**Worship** ~ We encounter God through prayer and the sacraments both as the Body of Christ and as individuals baptized into life in Christ.  
**Witness** ~ We live in the world as disciples of Christ who are called to share the Good News through service and evangelization.

### Year One (7<sup>th</sup> Grade)

Due Date	Requirement	Completed
Fall 2021	Begin working on Service Hour Requirements & Experience Reports	
10/5/21	Confirmation Record Form & Baptismal Certificate (pg.29)	
10/5/21	7 <sup>th</sup> Grade Retreat Permission Slip back to RE office (pg. 28)	
10/23/21	Confirmation 7 Retreat 8:45-1 pm (Parents attend 8:45-10:30) Letter of Intent signed by parents and students at retreat (pg. 26)	
3/22/22	Sponsor Interview & Promise (pgs. 24-25)	
3/22/22	Saint Report (pg. 22)	
5/10/22	Confirmation Pre-Test	

### Year Two (8<sup>th</sup> Grade)

Due Date	Requirement	Completed
10/25/22	Letter to the Pastor (pg. 21)	
10/25/22	Service Hours Form & Service Hours Experience Forms (pgs. 14-20)	
12/6/22	Sponsor Eligibility Letter or Form Due (pg. 12)	
12/6/22	8 <sup>th</sup> Grade Retreat Permission Slip (pg. 11)	
12/6/22	Gown Order Form (pg. 10)	
12/6/22	Optional: Flower Donation   Family Priest Attendance Forms (pg. 9)	
1/24/23	Pass Confirmation Exam with a 70% or higher	
Date TBD	Attend 8 <sup>th</sup> Grade Confirmation Retreat	
Date TBD	Confirmation Rehearsal 6:45 pm	
Date TBD	Confirmation 7 pm with Bishop Burbidge Students arrive 5:45 pm; Mass begins 7 pm	

See pages 4-6 for a detailed explanation of the requirements.



*Come, Holy Spirit,  
 Fill the hearts of Your faithful,  
 and kindle in us the fire of Your love.  
 Send forth Your Spirit and we shall be created,  
 and You shall renew the face of the earth.  
 Amen.*

## PARENTS' DUTIES AND RESPONSIBILITIES

*“Parents have the first responsibility for the education of their children. Parents have a grave responsibility to give good example to their children. Parents have the mission of teaching their children to pray and to discover their vocation as children of God” (CCC 2223 and 2226).*

As a parent, you have *the primary role* in the sacramental preparation process for your child. You will help your child grow in the faith as you prepare him/her for the reception of the Sacrament of Confirmation. *Your attendance at Sunday Mass is vital. If you cannot attend in person, make it a priority to watch Mass online.* Your interest, example, witness, and prayers make a difference in your child's decision and preparedness to receive the sacrament.

### **Religious Education**

It is imperative that every child involved in a sacramental preparation program attend Religious Education (RE) classes regularly or be enrolled in our parish school and achieve a final passing grade of 70% or higher. Excessive absences or insufficient time devoted to preparation may result in a student not being prepared to receive the sacrament. Only students who are homeschooled for all subjects may home school during sacramental preparation years. Please notify the religious education office if your child has any special learning needs so we may best serve your child and accommodate him/her as necessary.

### **Mass Attendance and Frequent Confession**

Attendance at Mass on Sundays and Holy Days of Obligation is a precept of the Church. Confession is offered several times a week at St. Andrew the Apostle. *The Eucharist is the foundation and confirmation of all Christian practice (CCC 2182).* “From the Eucharist comes strength to live the Christian life and zeal to share that life with others.” Pope St. John Paul II

### **Confirmation Record Form and Baptismal Certificate**

Parents need to provide the Religious Education office with a completed Confirmation Record Form and attach a copy of your child's Baptismal Certificate or Profession of Faith. If your child was validly baptized in another denomination, a copy of the Catholic Profession of Faith certificate or First Holy Communion certificate must be provided. In order to obtain these forms, a request must be made by the parent to the church where the child received First Holy Communion. Baptisms or Profession of Faiths at St. Andrew can be verified by the RE office.

### **Assist in Ensuring all of the Student's Requirements are Met**

Assist your child in ensuring all class assignments are completed, including the selection of the Confirmation saint name, completion of the saint report and letter to the pastor, and the selection of their sponsor. Ensure your child fulfills the required service hours. It is important that the service hours form and experience reports are completed by the required date. Opportunities to complete these requirements take place at the parish and are assigned by class, as appropriate.

### **Confirmation Retreats**

St. Andrew holds a Kick off to Confirmation retreat in the 7<sup>th</sup> Grade, and one parent is requested to attend the beginning of this retreat with their child. Attending an 8<sup>th</sup> Grade Confirmation retreat is a mandatory requirement for each candidate. Students who have a conflict with our retreat date may attend a different diocesan retreat. *It is the parent's responsibility to find an alternate available retreat and must obtain a letter stating their attendance signed by the DRE or representative from the parish/school which held the retreat.* Go to [www.arlingtondiocese.org](http://www.arlingtondiocese.org) for assistance.

# CONFIRMATION CANDIDATE’S DUTIES AND RESPONSIBILITIES

“A candidate for Confirmation who has attained the age of reason must profess the faith, be in a state of grace, have the intention of receiving the Sacrament (of Confirmation), and be prepared to assume the role of disciple and witness to Christ, both within the ecclesial (Church) community and in temporal affairs” (CCC 1319).

## Year One (7<sup>th</sup> Grade)

- Continue studying the Catholic faith** - Attend weekly Religious Education classes in person or attend a home school or parochial school program, with a passing grade of 70% or higher.
- Begin working on Service Hour requirements**  
Service is based on the spiritual and corporal works of mercy. A total of six separate tasks must be performed. Each act of service should take at least an hour or more and should relate to three different Corporal Works of Mercy. Participation in a class service project will count towards one of your Corporal Works of Mercy requirements. Students should also perform three different Spiritual Works of Mercy, one of which must include attending St. Andrew’s Parish Holy Hour/Rosary in person or any Holy Hour/Rosary online. *Note:* You will be required to write a brief 1-2 paragraph summary of each Work you perform. (see pages 7-8 for details)
- Prayerfully select a Sponsor**  
The Catechism of the Catholic Church offers this advice: *The Sponsor for Confirmation is one who, fittingly, is a spiritual help to the Candidate” (CCC 1311). Sponsors take on a life-long commitment to help their candidates fulfill the obligation for this sacrament. A sponsor should be actively living out the Catholic faith and serve as a role model for the student.*  
**Your Confirmation Sponsor must meet the criteria listed on page 12.**  
*Note:* In the event that the sponsor cannot attend the Confirmation ceremony in person, a proxy, may stand in place of the sponsor. If the Confirmation candidate has a proxy, the Religious Education office must be notified in advance.
- Prayerfully select a Patron Saint**  
Our patron saints assist us through our lives so prayerfully consider selecting a saint that will inspire and guide you towards your ultimate goal of sanctity. Read about the saint, and learn why the saint was heroic in virtue.
- Confirmation Record Form** – due October 5, 2021 (page 29)  
Complete this form to indicate your desire to be confirmed.
- Copy of Baptismal Certificate** – due October 5, 2021  
Each candidate must submit a copy of his/her baptismal certificate. If baptized outside of the USA, ample time must be planned to retrieve a copy of the certificate from the church of baptism. If the certificate is in a foreign language, a translation of the information with the certificate must be attached. Candidates who were baptized or made a Profession of Faith at St. Andrew must provide the date of baptism in lieu of a baptismal/POF certificate.
- Submit the Confirmation 7 Retreat Permission slip** – due October 5, 2021 (page 28)
- Submit signed Confirmation Letter of Intent** – due October 23, 2021 (page 26)
- Attend the Confirmation 7 Retreat** – October 23, 2021, 8:45 am – 1 pm  
(Parents attend 8:45 am-10:15 am)

- **Complete Sponsor Interview and submit Interview and Sponsor Promise** – due March 22, 2022 (page 24-25)  
This interview should be a catalyst for continued discussion between the candidate and Sponsor on how to live the faith now and throughout life.
- **Confirmation Saint Report** – due March 22, 2022 (page 22)  
Write a five-paragraph double-spaced report on the life of the saint whose name you have chosen as your Confirmation name. The reason for choosing this saint, a biography of the saint's life, date and place of birth and death; description of saint's service to God and others; feast day of the saint; symbol/s of the saint, if available; patronage of saint; and devotions to saint must be included in the report. A minimum of three (3) works cited is required. Do not copy or plagiarize directly from the internet or any other source. Do not use Wikipedia.
- **Confirmation Pre-Test** – Religious Education students May 9 or 10, 2022  
Use the Confirmation Study Guide to prepare for the Pre-Test. *Reminder:* All Confirmation candidates must memorize and understand the articles of the Apostles' Creed.

### Year Two (8<sup>th</sup> Grade)

- **Letter to the Pastor** – due October 25, 2022 (page 21)  
Either type or use your best handwriting to write our Pastor, Rev. Robert Wagner, a one page letter telling him why you want to be confirmed, what you have done to prepare for Confirmation, why you chose your Confirmation saint, your sponsor's name and why you chose him/her. The letter must be signed with your full name.
- **Complete Service Hours and Submit Form, and Experience Forms** – due October 25, 2022 (pages 7-8, 14-20)
- **Sponsor Certificate of Eligibility** – due December 6, 2022 (page 12)  
The candidate is required to select a person to be his/her sponsor. The sponsor must meet the criteria listed on page 14. **The sponsor must fill out the Certificate of Eligibility Form and the pastor of his/her parish must sign it and affix the parish seal or get a Letter of Eligibility from their home parish.**
- **RSVP for Confirmation 8 Retreat (Permission Slip)** – due December 6, 2022 (page 11)
- **Confirmation Gown Order Form** – due December 6, 2022 (page 10)
- **Confirmation Flower Donation Form** – due December 6, 2022 (page 9-optional)  
Donations for the Confirmation altar flowers may be made in memory of a family member, for a special intention or made in the family name.
- **Confirmation Family Priest Attendance Form** – due December 6, 2022 (page 9-optional)  
This form must be completed if you have a priest who would like to concelebrate the Mass.
- **Confirmation 8 Retreat** – TBD  
It is a Diocesan requirement for candidates to attend a Confirmation 8 Retreat. Students who have a conflict with the date of St. Andrew's retreat may attend a different diocesan retreat. It is the parent's responsibility to notify the Religious Education office of the conflict, and provide us with a proof of attendance letter from the Director of Religious Education of the parish where the student attends the retreat. Information on alternate available retreats may be found by visiting the diocesan website at [www.arlingtondiocese.org](http://www.arlingtondiocese.org).

□ **Confirmation Test – TBD**

Use the Confirmation Study Guide to prepare for the test. Candidates are expected to know the Ten Commandments, the Seven Sacraments, the Precepts of the Church, the Holy Days of Obligation, and memorize the following prayers: Lord’s Prayer, Hail Mary, Glory Be, Act of Contrition, Guardian Angel Prayer, St. Michael the Archangel Prayer, and the Apostles’ Creed.

**Confirmation Rehearsal – TBD**

The Confirmation Rehearsal date will be determined based on the date of Confirmation. The student and their sponsor or a parent must attend the rehearsal, which will begin at 6:45 pm. The rehearsal is held in the church, so students and sponsors should dress accordingly.

**Confirmation Mass and Reception – TBD**

Confirmation is often held in May at St. Andrew the Apostle. The date is traditionally announced by the beginning of the 8<sup>th</sup> grade school year. Additional information will be sent once a date has been selected.

**Dress Code for the Confirmation Mass**

Students will be wearing red robes over their clothing. The robes will be distributed at the Confirmation rehearsal. Students’ dress should reflect the solemn celebration. Young men are to wear dress pants, and dress shoe (no sneakers), a dress shirt with a collar and a tie. Young ladies are to wear modest dresses and dress shoes. Dresses should be no shorter than the top of the knee and no spaghetti straps. *The modest dress code applies to sponsors and proxies as well. Consider wearing business and/or ‘church’ clothes to the rehearsal and the Mass.*

## **SPONSOR ELIGIBILITY, DUTIES & RESPONSIBILITIES**

*A sponsor for a Confirmation candidate is meant to provide spiritual help to the candidate (CCC 1311). He or she should be willing to serve as a strong and lasting Christian influence on the candidate. The sponsor enters into a spiritual relationship with the candidate and acts as a sort of spiritual parent and mentor. Therefore, it is both a great blessing and a responsibility to commit to the role of a sponsor.*

Each candidate can choose only one sponsor. A sponsor takes on a life-long commitment to help their candidate persevere in the Faith. According to the Code of Canon Law (892), “The sponsor is to take care that the confirmed person behaves as a true witness of Christ and faithfully fulfills the obligations inherent in this sacrament.” The Church states that it is desirable that the sponsor would be one of the person’s godparents; however, this is not a requirement. The sponsor must be a registered member of a Catholic parish and get the Sponsor Certificate of Eligibility signed by the pastor.

According to Canon 874, a sponsor must meet the following criteria:

- Must have received the Sacraments of Baptism, Confirmation, and Holy Eucharist.
- Must be 16 years of age or older.
- Cannot be the parent of the child to be confirmed.
- Must be a practicing Catholic; attend Mass faithfully on Sundays and Holy Days of Obligation, fulfill their Easter duty (Confession and Communion at least once a year during the Easter season), and live up to the moral teachings of the Catholic Church
- If married, they must be validly married in the Catholic Church.
- Cannot be co-habiting without the benefit of a Catholic marriage

In the event that the sponsor cannot attend the Confirmation ceremony in person, a proxy, who fulfills the above qualifications, may stand in for the sponsor during the liturgy. A parent may present the child to the Bishop if the sponsor and proxy cannot attend at the last minute. If the Confirmation candidate has a proxy, the Religious Education office must be notified in advance.

# GUIDELINES FOR WORKS OF MERCY SERVICE PROJECTS

*“It is to you young people that the task first falls of bearing witness to the Faith and bringing into the Faith and bringing into the third millennium the Gospel of Christ, who is the Way, the Truth, the Life...”*  
Pope St. John Paul II

*“The works of mercy are charitable actions by which we come to the aid of our neighbor in his spiritual and bodily necessities. Instructing, advising, consoling, and comforting are spiritual works of mercy, as are forgiving and bearing wrongs patiently. The corporal works of mercy, consist especially in feeding the hungry, sheltering the homeless, clothing the naked, visiting the sick and imprisoned, and burying the dead.”* (CCC 2447)

*‘Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.’ Then the righteous will answer him, ‘Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?’ And the King will answer them, ‘Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.’* Matt 25:34-40

Jesus served those in need to make a connection with each person. It is in this way that we come to understand that all of us are “one” in the “Body of Christ”. Service is not just a job to be done to fulfill a requirement, but is a life-long commitment to care for others as Christ cares for us. The Works of Mercy are powerful ways to serve all people.

Service is based on the spiritual and corporal works of mercy, and most of all on the example of Christ who came to serve. When providing service, the following points should be considered:

- Your service is not just a job to be done.
- You should reflect on how your service projects is helping you take on the mind and heart of Christ, fulfilling the needs of others, and building up the Christian community
- Providing a service to God and our neighbor should continue after your Confirmation day and all through your life.

You must perform a total of six (6) separate tasks that require at least an hour each or more of your time relating to three (3) different Corporal Works of Mercy (*if you participate in a class service project this will count towards one of your Corporal Works of Mercy requirements*) and three (3) different Spiritual Works of Mercy, **one of which must include attending the St. Andrew Holy Hour/Rosary in person.**

You are required to write a brief 1-2 paragraph summary of each Work you perform.

**Example: Feed the Hungry:** I helped with one of the Lenten Soup Suppers at St. Andrew’s on a Friday during Lent. I prepared bread on plates for people to eat. I also helped serve salad to people. This activity helped me understand what it is like to serve others. The people who prepared the food put a lot of effort into it. We do this during Lent to remind us of Jesus’ fasting 40 days in the desert. This small sacrifice of not eating meat on Fridays, and serving food to the people who come to the Soup Suppers is a reminder of Jesus’ sacrifice on the cross.

Works of Mercy Service Hours Form and Project Report Forms are on pages 12-23 of this handbook.



## IDEAS FOR WORKS OF MERCY PROJECTS

(some ideas may not be options during Covid Restrictions – these are meant as possible suggestions)

### Corporal Works of Mercy

Feed the hungry and Give drink to the thirsty:	<ul style="list-style-type: none"> <li>• Participate in a food drive</li> <li>• Work in a soup kitchen</li> <li>• Make dinner for the family or a shut-in</li> <li>• Help the Knights of Columbus serve food at the Parish Picnic, All Saints' Party, etc.</li> </ul>
Clothe the naked:	<ul style="list-style-type: none"> <li>• Do a family clothing drive</li> <li>• Help with the parish coat drive</li> <li>• Donate clothes to a Women's Center</li> </ul>
Visit the sick:	<ul style="list-style-type: none"> <li>• Visit a nursing home</li> <li>• Offer your service (without pay) to an elderly neighbor to do special projects like mowing, shoveling snow, raking leaves, weeding</li> </ul>
Shelter the homeless:	<ul style="list-style-type: none"> <li>• Participate in a blanket drive</li> <li>• Participate in a walk for the homeless</li> <li>• Collect bathroom supplies for Christ House or St. Vincent de Paul Society</li> <li>• Help make or donate food to a homeless shelter</li> </ul>
Visit the imprisoned:	<ul style="list-style-type: none"> <li>• Collect books to donate to a prison library</li> </ul>
Bury the dead:	<ul style="list-style-type: none"> <li>• Visit a cemetery and pray there for the faithful departed</li> <li>• Participate in Wreath's Across America</li> <li>• Assist with a bereavement luncheon</li> <li>• Attend a funeral</li> </ul>

### Spiritual Works of Mercy

Admonish the sinner:	<ul style="list-style-type: none"> <li>• Gently correct someone who is misguided</li> <li>• Pray for the conversion of sinners</li> </ul>
Instruct the ignorant:	<ul style="list-style-type: none"> <li>• Help a younger sibling with homework</li> <li>• Help a younger sibling to learn prayers</li> </ul>
Counsel the doubtful:	<ul style="list-style-type: none"> <li>• Lend encouragement to someone who needs it</li> </ul>
Comfort the sorrowing:	<ul style="list-style-type: none"> <li>• Make cards for someone who is ill or who has lost a loved one</li> </ul>
Bear wrongs patiently:	<ul style="list-style-type: none"> <li>• Discuss an occasion when you 'turned the other cheek.'</li> </ul>
Forgive all injuries:	<ul style="list-style-type: none"> <li>• Make peace with those with whom you struggle or have problems.</li> </ul>
Pray for the living and the dead:	<ul style="list-style-type: none"> <li>• Pray regularly as a family</li> <li>• Offer prayers for the souls in purgatory</li> <li>• Attend a Holy Hour; engage in Eucharistic Adoration*</li> </ul>

**\*Attending a Holy Hour is a required Spiritual Work of Mercy.**

Candidates who participate in Pro-life rallies such as the Life Chain, Pro-life March, Pro-life Walk, or pray in front of an abortion clinic may count these activities towards their Spiritual Works of Mercy.

**You must list the service projects that you completed on the sheet found on page 16. Write a brief one-two paragraph summary of each Work you perform (pages 18-23). Your parent's signature or the signature of the person who received the service is required to verify the service.**

# CONFIRMATION FLOWER DONATION FORM

Due December 6, 2022

(OPTIONAL)

Donations may be made in Memory of a Family Member,  
For a Special Intention, or made in the Family Name

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Print the name(s) as you would like it to appear in the program

**RETURN THIS FORM WITH YOUR DONATION TO THE RELIGIOUS EDUCATION OFFICE**

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## FAMILY PRIEST ATTENDANCE FORM

Due December 6, 2022

(OPTIONAL)

Yes, we have a priest in our family who would like to concelebrate the  
First Holy Communion Mass with the pastor of St. Andrew's parish.

Name of Priest: \_\_\_\_\_

Name of Parish: \_\_\_\_\_

Diocese: \_\_\_\_\_

A letter from the diocesan bishop stating that the priest is in good standing is required if not  
from the Diocese of Arlington.

Name of Student: \_\_\_\_\_

Relationship to Student: \_\_\_\_\_

# GOWN ORDER FORM

Due December 6, 2022

NOTE: If you turn your form in early, you may want to add some growth room. The information below is required to ensure that your child will have a Confirmation Gown that will fit properly.

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ M.I. \_\_\_\_\_

Home Phone: \_\_\_\_\_ Email (Parent): \_\_\_\_\_

Height: \_\_\_\_\_ft \_\_\_\_\_inches      Weight: \_\_\_\_\_lbs

# CONFIRMATION 8<sup>TH</sup> GRADE RETREAT PERMISSION SLIP

Due December 6, 2022

My consent is hereby given as the parent of \_\_\_\_\_ to attend/participate in THE CONFIRMATION 8 RETREAT at St. Andrew the Apostle Catholic Church and School on *(date TBD by the beginning of their 8<sup>th</sup> grade year)*. I understand that I am to drop off my child on Saturday at 8:45 a.m. and return by 2 p.m. for pick-up. I do hereby agree to release, indemnify and hold harmless the chaperones, St. Andrew the Apostle Catholic Church, and the Catholic Diocese of Arlington, VA from any and all liability for any claim or injury or loss sustained by my child's participation in the above event. In the event of a medical emergency, I hereby give permission to those in charge to request necessary medical treatment for my child, in the event that I cannot be reached at the below listed phone numbers.

Parent's Name \_\_\_\_\_

Signature of Parent/Legal Guardian \_\_\_\_\_ Date \_\_\_\_\_

## Emergency Numbers:

Cell: (Mom) \_\_\_\_\_ (Dad) \_\_\_\_\_

Home number: \_\_\_\_\_

My child is allergic to the following medications: \_\_\_\_\_

Other allergies: \_\_\_\_\_

My child is currently taking the following prescribed drugs: \_\_\_\_\_

My child's birth date: \_\_\_\_\_

Family physician: \_\_\_\_\_

Phone numbers: \_\_\_\_\_

## STUDENT AGREEMENT

I agree to follow these expectations of behavior from the time I arrive at St. Andrew's until the time I am picked up by my parents at the end of the event. I understand that if I do not follow these expectations I will be given a warning, and depending upon the severity of my misbehavior, I may be asked by the Religious Education Coordinator to call my parent/guardian.

I agree to behave in a Christian manner which means:

I will respect myself.

I will respect other people (no fighting, no bad words).

I will respect and follow any direction given by the Religious Education Director and Chaperones. I understand that they are acting for my best interests.

I agree to come ready to enjoy a great event!

Youth signature \_\_\_\_\_

Date: \_\_\_\_\_

St. Andrew the Apostle, (Clifton, Virginia)

**CONFIRMATION SPONSOR CERTIFICATE OF ELIGIBILITY**

*(Or attach this form to an official SPONSOR ELIGIBILITY LETTER from the Sponsor's Parish)*

Due December 6, 2022

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Name of Person to be Confirmed (print)

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Name of Confirmation Sponsor (print)

I hereby certify that:

- I have received the Sacraments of Baptism, Confirmation, and Holy Eucharist.
- I am 16 years of age or older.
- I am not the father or mother of the child to be confirmed.
- I am a practicing Catholic; I attend Mass faithfully on Sundays and Holy Days of Obligation, fulfill my Easter duty, and live up to the moral teachings of the Catholic Church
- If married, I am validly married in the Catholic Church.
- I am aware of the serious responsibility of being a sponsor and I promise to give support to the person I am sponsoring by my prayer, and by the Christian example of my daily life.
- I am a registered and participating member of the following parish:

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Church Name

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City and State

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Sponsor Signature

**CERTIFICATION BY SPONSOR'S PASTOR**

(or attach to this form an official **Sponsor Eligibility Letter** from the Sponsor's Parish)

*I certify, to the best of my knowledge, that the above-mentioned person is eligible to be a Confirmation Sponsor.*

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Sponsor's Pastor's Signature

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Date

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Sponsor's Parish Name

Parish Seal (must be present)





















# GUIDELINES FOR CONFIRMATION SAINT REPORT

Due March 22, 2022

Each Confirmation candidate is required to write a **five-paragraph double-spaced report** on the life of the saint whose name was chosen as the Confirmation name. The reason for choosing this saint, a biography of the saint's life, date and place of birth and death; description of saint's service to God and others; feast day of the saint; symbol/s of the saint, if available; patronage of saint; and devotions to saint must be included in the report. A minimum of three (3) works cited is required. Do not copy or plagiarize directly from the internet or any other source. Do not use Wikipedia.

## Reports must be:

- \* Handwritten in legible writing or typed.
- \* Be at least five paragraphs
- \* Have a cover page which includes the name of the saint, name of the Confirmation Candidate, name of the teacher, and date and time of class.
- \* Have biographical information and should include the following:
  - + Date and place of birth and death
  - + Description of saint's service to God and others
  - + Feast Day of the Saint
  - + Symbol of the saint, if available
  - + Patronage of saint
  - + Devotions to saint
  - + Why candidate chose the saint
- \* Bibliography (tell where information about this saint was retrieved, i.e. Butler's Lives of the Saints, Catholic Encyclopedia, etc. (DO NOT USE WIKIPEDIA AS A REFERENCE). As a *suggestion*, you may use sites such as: [www.ewtn.com/saintsholy](http://www.ewtn.com/saintsholy) or [www.newadvent.org/cathen](http://www.newadvent.org/cathen)
- \* The Reports may not be plagiarized (copying someone else's work) or written by parents.





## SPONSOR INTERVIEW

Due March 22, 2022

This interview should be a catalyst for continued discussion between the candidate and sponsor on how to live the faith now and throughout life. *(Please answer the questions listed below on a separate piece of paper, and include your name and the name of your sponsor.)*

1. How do you pray?
2. Who has been influential in the growth of your faith?
3. Have you ever had to defend your faith? When? How?
4. Are you active in your Church? How?
5. What do you find to be the most rewarding part of your faith?
6. Do you still do community service? What?
7. Have you sponsored anyone else? Who and why? How have you helped them?
8. Do you have any childhood memories of your faith, Church, or Catholic Holidays?  
What are some of them?
9. What Catholic devotions have helped you pull through the tough time(s) in your life?
10. Is there a time that you did not practice your faith? What were the circumstances?
11. What do you find to be the most rewarding part of Mass?
12. Is there anything that you don't understand or don't agree with concerning matters of faith?  
What is it and why?
13. How do you see God working in your life?
14. How do you see God working in "my" life?

# SPONSOR PROMISE

Due March 22, 2022

As a Confirmed Catholic who participates regularly in the sacramental life of the Church, I am willing to take time to help

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**Print full name of Candidate**

understand the joys and obligations of Confirmed Catholics. I promise to communicate regularly with this young person and be the support and guide that the Church expects all sponsors to be. I understand that I must obtain a Sponsor Eligibility Letter from my parish of membership indicating that I am eligible to be a Sponsor because I am a registered Catholic who participates in Sunday Mass weekly, by receiving the Eucharist as often as possible and Penance as necessary, and by being open to the Word of God as revealed in Scripture and taught by the Roman Catholic Church.

**Sponsor's Signature:** \_\_\_\_\_

**Print Sponsor's Full Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

*Please return to:*

St. Andrew the Apostle  
Attn: Religious Education  
6720B Union Mill Road  
Clifton, VA 20124

# CONFIRMATION LETTER OF INTENT

Due October 23, 2021

In renewing my baptismal vows, I profess my Catholic faith in the Creed and renounce Satan. It is my intent in both faith and practice to embrace the *entire* law of Christ contained in the Catholic Church; which includes being faithful to the teachings of the Holy Father in regards to issues of faith and morals (i.e. issues such as abortion). I promise to follow the precepts of the Church both now and after Confirmation.

## Precepts of the Church

**1. To assist at Mass on all Sundays and Holy Days of Obligation.**

Jan. 1 – Solemnity of Mary | 40 days after Easter – Ascension Thursday | Aug. 15 – Assumption of Mary | Nov. 1 – All Saints’ Day | Dec. 8 – Immaculate Conception | Dec. 25 – Christmas

**2. To fast and abstain on the days appointed.**

The Church’s current regulations in the U.S. require fasting and abstinence from meat on Ash Wednesday and Good Friday; and abstinence from meat on the Fridays during Lent. Every Friday is a day of sacrifice. We are obliged to make a sacrifice every Friday. This could be the traditional practice of abstinence from meat or another sacrifice.

**3. To confess our sins at least once a year in the sacrament of Penance.**

**4. To receive Holy Communion worthily during the Easter Season.**

To receive Holy Communion worthily, one must:

1. Observe the Eucharistic Fast of one hour before receiving Holy Communion.
2. Be in the state of grace.
3. Believe that Holy Communion is the true Body, Blood, Soul and Divinity of our Lord and Savior, Jesus Christ.

**5. To contribute to the support of the Church.**

**6. To observe the laws of the Church concerning marriage.**

As the parent of a Confirmation candidate, I promise to fully assist in my child’s preparation for the sacrament. I promise that my child will continue to study the Catholic faith, regularly attend Mass and receive the Sacrament of Penance before and after Confirmation.

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Confirmation Candidate’s Printed Name

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Confirmation Candidate’s Signature

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Date

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Parent’s Signature

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Date



# CONFIRMATION 7<sup>TH</sup> GRADE RETREAT PERMISSION SLIP

Due October 5, 2021

My consent is hereby given as the parent of \_\_\_\_\_ to attend/participate in THE CONFIRMATION 7 RETREAT at St. Andrew the Apostle Catholic Church and School on October 23, 2021. **I understand that one parent must attend the beginning of the retreat, from 8:45 am – 10:15 am, and return by 1 p.m. for pick-up.** I do hereby agree to release, indemnify and hold harmless the chaperones, St. Andrew the Apostle Catholic Church, and the Catholic Diocese of Arlington, VA from any and all liability for any claim or injury or loss sustained by my child's participation in the above event. In the event of a medical emergency, I hereby give permission to those in charge to request necessary medical treatment for my child, in the event that I cannot be reached at the below listed phone numbers.

Parent's Name \_\_\_\_\_

Signature of Parent/Legal Guardian \_\_\_\_\_ Date \_\_\_\_\_

## Emergency Numbers:

Cell: (Mom) \_\_\_\_\_ (Dad) \_\_\_\_\_

Home number: \_\_\_\_\_

My child is allergic to the following medications: \_\_\_\_\_

Other allergies: \_\_\_\_\_

My child is currently taking the following prescribed drugs: \_\_\_\_\_

My child's birth date: \_\_\_\_\_

Family physician: \_\_\_\_\_

Phone numbers: \_\_\_\_\_

## STUDENT AGREEMENT

I agree to follow these expectations of behavior from the time I arrive at St. Andrew's until the time I am picked up by my parents at the end of the event. I understand that if I do not follow these expectations I will be given a warning, and depending upon the severity of my misbehavior, I may be asked by the Religious Education Coordinator to call my parent/guardian.

I agree to behave in a Christian manner which means:

I will respect myself.

I will respect other people (no fighting, no bad words).

I will respect and follow any direction given by the Religious Education Director and Chaperones. I understand that they are acting for my best interests.

I agree to come ready to enjoy a great event!

Youth signature \_\_\_\_\_

Date: \_\_\_\_\_

# CONFIRMATION RECORD FORM

A copy of the candidate's baptismal certificate or Profession of Faith must be attached to this form.  
Print legibly when completing the form. - Due October 5, 2021

**Full Legal Name of Student** \_\_\_\_\_  
As it is shown on the *baptismal certificate*

**Confirmation Saint Name:** \_\_\_\_\_  
A report on the saint who bears the name chosen by the candidate is **due by March 22, 2022.**

## SACRAMENTAL RECORD INFORMATION

Date of Birth: \_\_\_\_\_ Place of Birth (City, State): \_\_\_\_\_

Date of Baptism: \_\_\_\_\_ Church of Baptism: \_\_\_\_\_  
(or Profession of Faith)

Church of Baptism Address: \_\_\_\_\_

\_\_\_\_\_  
City | State | Zip Code | Country

Date of First Holy Communion: \_\_\_\_\_ Church of FHC: \_\_\_\_\_

Note the following information:

- 1) A copy of the candidate's Baptismal Certificate or Profession of Faith (for those not baptized in the Catholic Church) must be attached to this form.
- 2) Candidates who were baptized or made a Profession of Faith at St. Andrew's must provide the date of baptism in lieu of a baptismal/POF certificate.
- 3) Baptismal certificates in a foreign language must include a translation by the parent.

## FAMILY INFORMATION

Father's Full Legal Name: \_\_\_\_\_

Mother's Full Maiden Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Email: \_\_\_\_\_

## SPONSOR INFORMATION

**Name of Confirmation sponsor:** \_\_\_\_\_  
(Indicate only one sponsor)

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Sponsor's Parish:** \_\_\_\_\_  
Name | City | State

**What is the sponsor's relationship to the person being confirmed?** \_\_\_\_\_