

ST. ANASTASIA FAITH FORMATION

MAKING A CONNECTION BETWEEN CATECHESIS AND LITURGY

The Christian principles learned in the classroom and home only make sense if they are practiced regularly. **Attendance at Mass is an integral part of Faith Formation.** It is expected and hoped that the families who are enrolled in our programs be fully aware of their Sunday Mass obligation and fulfill the obligation faithfully by participating in the Eucharistic Celebration (Mass). We consider this practice to be fundamental for successfully instilling the seeds of our Catholic faith in our children.

SUNDAY MORNING MASS

We encourage families with young children to attend the 11:30 A.M. Mass which focuses on the children. Our parish Mass schedule, listed in the bulletin, is:

Saturday evenings: 5:00 PM, Sundays: 8:00 AM, 10:00 AM, 11:30 AM, 1:00 PM (Spanish), 7:00 PM.

In addition, during the program year noted on the calendar, are Reconciliation Services for Advent and Lent, our Ash Wednesday Prayer service for Children along with Music with Ann Coughlin-Luna as instructor. Music Class this year will be in the school cafeteria so drop off as usual.

PRAYERS TO SAY WITH YOUR CHILDREN

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. **AMEN.**

The Lord's Prayer

Our Father, who art in heaven, hallowed be Your name.

Your kingdom come, Your will be done on earth as it is in heaven.

Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. **AMEN.**

The Hail Mary

Hail Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. **AMEN.**

Glory Be to the Father

Glory be to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now and ever shall be, world without end. **AMEN.**

Act of Contrition

Dear God, I am sorry for all my sins.

I am sorry for the wrong things I have done.

I am sorry for the good things I have failed to do.

I will try to do better. Help me to show Your love. **AMEN.**

Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth;

and in Jesus Christ, His only Son, our Lord; Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day He arose again from the dead; He ascended into heaven, sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. **AMEN.**