

Dear Brothers and Sisters in Christ,

I pray that this email finds you and your family in good health and safe in the environment we find ourselves today. I believe by all reports, we will have to endure this situation for the foreseeable future.

I know it is difficult for many of us to not be able to attend the Sunday Mass. To assist in this area, we have recorded the liturgy for the 4th Sunday in Lent (our first ever recording). You can view it at: <https://www.facebook.com/holycrosschurchkemptville/videos/2766104460179285/?t=111>

This is a great opportunity to gather your family, and those with you this weekend, to participate in your home parish liturgy and message and give praise and thanks to God. We can take comfort in knowing that you are doing this with many others from our parish and internet community. Although we are not gathered together physically, know that we have come together spiritually for this Mass.

While we are unable to distribute and receive communion, we can make an Act of Spiritual Communion, expressing our desire and intent to receive the Lord spiritually. In the homily, I highlighted some things we can be doing to strengthen ourselves and how we can reach out to others in our community that may be in need.

Please note that the church will be open every day from 8 AM until 5 PM, until further notice. If you can, take some time to visit with the Lord in the Blessed Sacrament present in the tabernacle.

Parents who would like a copy of the Children's Bulletin you can find it at: <https://thekidsbulletin.com/>

There will not be any communal celebrations of the Sacrament of Reconciliation leading up to Easter. If anyone is in need of this Sacrament, please contact me and we can make arrangements. There will be no pastoral visits to our Nursing Homes and Retirement Homes. If you are aware of anyone in need of the Anointing of the Sick, have them or a family member get in touch with me.

I pray that everyone remains in good health and relying on God's grace and love to bring us through this challenging period. I will keep you posted on any changes that may develop.

If you know of anyone who does not have email, and maybe not able to get out and about, please try and keep them up to date on what is happening, and see if there is a way for them to view the Sunday liturgy.

Yours in Christ,
Fr. Andrew Shim p.p.



Act of Spiritual Communion

by St. Alphonsus de Liguori

My Jesus, I believe that you are present in the Most Holy Sacrament.

I love you above all things, and I desire to receive you into my soul.

Since I cannot at this moment receive you sacramentally,
come at least spiritually into my heart.

I embrace you as if you were already there and unite myself wholly to you.

Never permit me to be separated from you. **Amen**

Summary of Notice

Church:

Open Daily: 8 AM - 5 PM

Masses:

Cancelled until further Notice

Sacrament of Reconciliation:

By appointment

Anointing of the Sick:

By appointment

Contact:

Tel: 613-258-3377

Email: holycrosskemptville@gmail.com

Pastor: Fr. Andrew Shim

Pray for those in need of healing

(Please note: This is our regular prayer list, it does not mean they have covid-19 virus)

Elaine Anderson; Kevin Arcand; Shirley Arcand; Robert Barbe; Albinas Beres; Georgette Berube; Anne Brennan; Bernie Brennan; Doreen Bugyra; Norma Burke; Bill Corrigan; Simone & Marshal Cosens Clare Doyle; Jimmy Falsetto; Barbara Finlayson; Ryan Forbes; Jean Marc Fortin; Martin Gaudet May Gauthier; Karen Hill; Shirley Howard; Anne Howison; Mary Hutchings; Erroll Kennedy Gregory Langley; Jackie Leduc; Nathan Livingstone; Gerald Loughlin; Harold MacDonald; Paul Mahabir Dolores Martin; Hilary Morey; Shawna Nickerson; Emily Nilsson; Elena Nisi; Paula Nisi; Ann Oakley Evelyn O'Neill; Gord Payne; Ken Payne; Kevin Pearson; Fr. Brian Price; Cecile Prodonick; Heather Racine Guy Roberge; Irma Roberge; Cyndie Roobol; Dorothy Ryan; Diane Schmitz; Maurice Seguin; Pat Shafer Brian Telford; Jeannette Twolan; Maria Vallee; Marg Wales; Scott Walker; Keith Wheatley; Travis Wilson Rosalie Wiseman; Betty Wright

Pray for those who have died