



Dear Brothers and Sisters in Christ,

This past Thursday hopefully you were able to join our Holy Father to pray for the end of this pandemic. *(If you missed it you can view on Youtube)*. Our Holy Father gave a special “urbi et orbi” apostolic blessing — “to the City of Rome and the world” — with the possibility of attaining a plenary indulgence. While the normal conditions for obtaining a plenary indulgence include sacramental Confession and Communion, during the pandemic, those conditions have been altered to when it again becomes possible.

If anyone would like to go to confession, I am offering “drive up confessions”. Give me a call to arrange, “drive up to the rectory”, roll down your window as I sit on the steps of the rectory to hear your confession.

Our recording (*not livestream*) of last weekend mass was well received with over 3,870 views (with a minimum of 9,286 minutes viewed in total). The bishop has granted permission for us to continue to record masses with a crew of 3 to 4 people, observing social distancing, as well as insuring proper sanitation and disinfecting.

The mass for the **5th Sunday of Lent** (this weekend) can be viewed on our web page and Facebook page after 4:30 pm on Saturday 28 March, 2020.

Like many of you, I am not on Facebook, but all can view the video as it is a public page.

Parish web page: <https://www.holycrossng.com/>

Facebook page: <https://www.facebook.com/holycrosschurchkemptville/>

Or this direct link to the video <https://www.facebook.com/watch/?v=586868515253885>

While we are unable to distribute and receive communion, we can make an Act of Spiritual Communion, expressing our desire and intent to receive the Lord spiritually. Please note that the church will remain closed until further notice.

Parents who would like a copy of the Children's Bulletin you can find it at: <https://thekidsbulletin.com/>

If you know of anyone who does not have email, and maybe not able to get out and about, please try and keep them up to date on what is happening, and see if there is a way for them to view the Sunday mass on line.

Yours in Christ,

Fr. Andrew Shim p.p.

Act of Spiritual Communion

by St. Alphonsus de Liguori

My Jesus, I believe that you are present in the Most Holy Sacrament.

I love you above all things, and I desire to receive you into my soul.

Since I cannot at this moment receive you sacramentally,
come at least spiritually into my heart.

I embrace you as if you were already there and unite myself wholly to you.

Never permit me to be separated from you. **Amen**

Pray for those in need of healing

(Please note: This is our regular prayer list, it does not mean they have covid-19 virus)

To **add** or **remove** a name please email me at holycrosskemptville@gmail.com

Elaine Anderson; Kevin Arcand; Shirley Arcand; Robert Barbe; Albinas Beres; Georgette Berube
Anne Brennan; Bernie Brennan; Doreen Bugyra; Norma Burke; Bill Corrigan
Simone & Marshal Cosens; Clare Doyle; Jimmy Falsetto; Barbara Finlayson; Ryan Forbes
Jean Marc Fortin; Martin Gaudet; May Gauthier; Karen Hill; Shirley Howard; Anne Howison
Mary Hutchings; Nigel James; Erroll Kennedy; Gregory Langley; Jackie Leduc
Nathan Livingstone; Brady Long; Gerald Loughlin; Harold MacDonald; Paul Mahabir
Doloresse Martin; Hilary Morey; Shawna Nickerson; Emily Nilsson; Elena Nisi; Paula Nisi
Ann Oakley; Evelyn O'Neill; Gord Payne; Ken Payne; Kevin Pearson; Gary Porter; Fr. Brian Price
Cecile Prodonick; Heather Racine; Guy Roberge; Irma Roberge; Cyndie Roobol; Dorothy Ryan
Diane Schmitz; Maurice Seguin; Pat Shafer; Brian Telford; Jeannette Twolan; Maria Vallee
Marg Wales; Scott Walker; Keith Wheatley; Travis Wilson; Rosalie Wiseman; Betty Wright

Pray for those who have died

Join our Holy Father in praying for an end to this pandemic.

(pray the rosary or the stations of the cross)

(pray the Divine Mercy Chaplet or other devotions)

Pray for our health care workers

and all those who are in contact with the public.

(cashiers, food services etc.)