Homily Series - Staying Power

This is the fourth week of the series we are calling "Staying Power." This series is about spiritual growth. Spiritual growth matters because it helps us identify our purpose and to become as Matthew Kelly says "the best version of ourselves". It matters because it is only by growing spiritually and as a follower of Christ that we can love the people around us the way want to, but so often fall short of.



This weekend we are celebrating the feast of

all Saints. We remember that we are all called to be saints and we not only honour those declared as saints by the church but the countless saints in our midst and those who have gone before us. We hear from Matthew's gospel, Jesus' Sermon on the Mount, in particular the most familiar section of His message, commonly called, "The Beatitudes.

The beatitudes introduce and set the tone for Jesus' Sermon on the Mount by emphasizing the humble state of humans and the righteousness of God. Each beatitude depicts the ideal heart condition of a citizen of God's kingdom. In this idyllic state, the believer experiences abundant spiritual blessings and grows in holiness towards becoming a saint.

This ties in beautifully with the fourth week of our message series we call Staying Power. You see the saints had what we call great staying power, because they made certain commitments to grow in their spiritual lives and followed through on those commitments.

Prayer Fully - New for this homily series we are starting a **Daily Devotional** called **Prayer Fully**. If you would like to receive these Daily Devotions by email please sign up here:



https://holycrosskemptville.breezechms.com/form/4b205a

We will automatically send you a daily reading, prayer and brief reflection that you can use to jump-start your own prayer efforts. Even a few minutes a day is a great place to start.

Pray today for the grace to be consistent in prayer and to put into practice what you discover there.

Staying Power Small Group Sessions - Week 4 - Support on our journey

This week our small group sessions will be on

Monday morning 9 am and Monday evening 6:30 pm.

You can join on Zoom at our evening session as well.

To sign up, please see the link below.

https://holycrosskemptville.breezechms.com/form/35787f

THE BE ATTITUDES Ten Paths to Holiness



Topic of Next Session:

Be a person who lives in the present moment with a passion for peace and justice.

Thursday 5 November 2020 6:30 pm to 8:00 pm

A video presentation on the "BE ATTITUDES" - Ten Paths to Holiness by Albert Haase, OFM

Sign up online on our web page to attend in the hall or on line via zoom or if you wish to receive a link to view at your convenience.

There are many paths to heaven.

Each one of us is called to discover our own unique way
to grow in holiness whether it be as a parent, spouse, babysitter
beautician, bartender, or businessperson.

No matter the occupation or role we play in life,
there are ten characteristics that should shine in the life of every Christian disciple.

<u>Each independent talk</u> explores one or as many as three of the ten important attitudes that will shape each one of us into the person God calls us to be.

Liturgy Schedule			
Date	Day	Time	Mass Intention
31 Oct	Sat	5:00 pm	Maurice Seguin
1 Nov	Sun	9:00 am	For the people
		11:00 am	Souls of Salvatore & Rosalia Pelaia
2 Nov	Mon	8:15 am	Deceased of the Whetung Family
3 Nov	Tue	8:15 am	Sophie Sapchuk
4 Nov	Wed	No Mass Scheduled	
5 Nov	Thur	No Mass Scheduled	
6 Nov	Fri	6:00 pm	Adoration (Confessions in Chapel Area)
		7:00 pm	Bob Rea
7 Nov	Sat	5:00 pm	Norma McManus
8 Nov	Sun	9:00 am	For the people
		11:00 am	Sylvia Turcotte

Pray for those in need of healing

To <u>add</u> or <u>remove</u> a name <u>please see Prayer Intentions Form on our Website</u>

Elaine Anderson; Kevin Arcand; Shirley Arcand; Robert Barbe; Albinas Beres; Georgette Berube Dennis Bourque; Patricia Breau; Anne Brennan; Bernie Brennan; Doreen Bugyra; Frances Caron; Bill Corrigan; Simone & Marshal Cosens; Fr. Donald Cummings; Gary Dinelle; Clare Doyle; Ryan Forbes Jean Marc Fortin; Charles Foster; Bob Galvin; Martin Gaudet; May Gauthier; Bill Geerts; J.P. Giard Lucien Geoffroy; Melissa Heil; Karen Hill; Anne Howison; Erroll Kennedy; Deacon Robert Kirk Gregory Langley; Tracy Larocque; Jackie Leduc; Nathan Livingstone; Dorothy Lloyd; Brady Long Harold MacDonald; Michael MacEachern; Daniel MacGillivray; Paul Mahabir; Stella Marleau Dolorese Martin; Hilary Morey; Emily Nilsson; Elena Nisi; Ann Oakley; Evelyn O'Neill Jeannette Osborne; Gord Payne; Ken Payne; Kevin Pearson; Heather Racine; Claire Radcliffe Guy Roberge; Irma Roberge; Alex Ross; Pat Shafer; Jordan Stacey; Brian Telford; Jeannette Twolan Maria Vallee; Marg Wales; Keith Wheatley; Travis Wilson; Betty Wright; Matt Zanutta

Pray for those who have died



