Entrance Antiphon: Ps 18 (17): 19-20
The Lord became my protector. He brought me out to a place of freedom; he saved me because he delighted in me.

Reading I: Sirach 27:4-7
This part of the Wisdom literature is an observation on human behavior and the moral imperative. Our worth as humans is to be assessed from our words and deeds, just as "the fruit of a tree shows the care it has had."

Psalm Response: Ps 92:2-3, 13-14, 15-16
(R) Lord, it is good to give thanks to you. This psalm is a hymn of praise and thanks for God’s faithful deeds. The just are likened to trees growing in the sacred precincts of the Temple, which is often seen as the source of life and fertility because of God’s presence.

Reading II: 1 Corinthians 15:54-58
The resurrection of Christ is not just the first instance of a final resurrection, but also one that will make all other resurrections at the end possible. But, this resurrection life is not just a mere resuscitation, it is an elevation to a new mode of existence with a new spiritual body.

Becoming better leaders, as well as better disciples, requires us to carefully choose our words and deeds, and ensure that our discipleship bears fruit.

Communion Antiphon: Mt 28:20
Behold, I am with you always, even to the end of the age, says the Lord.
ST. JANE FRANCES DE CHANTAL CHURCH
BETHESDA, MARYLAND

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Opening the Word: 8th Sunday in Ordinary Time (Year C)

Imagine that you and Jesus are standing in today’s Gospel reading under a fruit tree, loaded with ripening fruit. Jesus points to the fruit and says, “A good tree does not bear rotten fruit... .every tree is known by its fruit.” In prayer, ask Jesus to show you areas where you are not bearing good fruit—perhaps in your friendships or family life or in your moral life. Listen to Jim Beckman as he offers prayer and insights for today's Gospel by visiting https://watch.formed.org/videos/8th-sunday-in-ordinary-time-march-3-2019.

Whole 40: Making a Spiritual Plan for Lent

Wednesday, March 2 is Ash Wednesday, the beginning of Lent and a great day to make a plan for this holy and grace-filled season. Dr. Ben Akers sits down with Dr. Elizabeth Klein, Professor at the Augustine Institute Graduate School, to discuss the purpose of the season of Lent, how to prepare for it, and why it is such a fruitful season in our life of faith. Access all episodes in this series by visiting https://watch.formed.org/videos/whole-40-making-a-spiritual-plan-for-lent.

Lent with Brother Francis - Season 2: 4-part Series