

Saint Raphael Catholic Church

5444 Hollister Ave., Santa Barbara, CA, 93111

Phone: (805) 967-5641 Fax: (805) 964-2988 Email: office@straphaelsb.org

straphaelsb.org

March 1, 2020 – First Sunday of Lent

Lenten Parish Mission

“Return To The Father”

With Fr. Emeka

Sunday, March 8 to Thursday, March 12

English

Sunday, Monday, and Tuesday
7:15 pm to 8:30 pm, in the church

Spanish

Wednesday
7:15 pm to 8:30 pm, in the church

Additional Morning Sessions

Monday – Thursday
8:30 am to 9:00 am
in the church
(after morning Mass)

(Bilingual)

Closing Mass
Thursday

8:00 pm, in the church

**All evenings will conclude with refreshments
in the Parish Hall**

For more information, contact Deacon Steve Montross
(805) 698-1018



Fr. Emeka spoke at St. Raphael Church as a visiting Priest last August on Mission Sunday. He is engaging, energetic and full of life!

Pastor

Msgr. Jon F. Majarucon

Associate Pastor

Fr. Rajan Sengol

Retired Priest

Rev. Frank Colborn

Deacons

Dcn. Stephen Montross
Dcn. Sergio López Macías

Confession

Saturdays: 4:00 pm to 5:00 pm

Masses

Monday through Friday: 8:00 am

Wednesday: 12:05 pm

Saturday: 5:30 pm Vigil

Sunday: (English) 7:30 am, 9:30 am,
11:00 am, 5:30 pm Life Teen Mass
(Español) 12:30 pm

Eucharistic Adoration

First Friday of every month for
24 hours, concluding with
Benediction

St. Raphael School

160 St. Joseph St.
Santa Barbara, CA 93111-2367
Michelle Limb, Principal
(805) 967-2115
www.straphaelschoolsb.org



Pastor's Corner

First Sunday of Lent 2020

Our Lady's Assistance

Lent is an intense period of time when we focus for 40 days on doing God's will. We give up worldly things so we can be more focused on doing God's will. We focus on the welfare of OTHERS, not self.

The practice of certain Devotions and use of Sacramentals do not (in and of themselves) save us. It's what we DO (unselfishly) because of them, that makes it possible for God's grace to *flow through us to others*.

Ashes on your forehead, rosaries around your neck, not eating meat on Friday will NOT get you into heaven. Ashes remind us of the "shortness" and "sanctity of life": LIVE LIFE WELL IN LOVING SERVICE OF OTHERS. Rosaries are not "jewelry". Do not wear them around your neck or hang them from your car mirror. Rosaries and medals are NOT superstitious talismans to ward off evil. The rosary assists us in praying **for others**. In and of itself the consumption of meat is not a sin: **failing to do something for the POOR is the sin.** (Traditional Lenten Friday practice was *that the money saved on the luxury of meat was to be given to the poor*). **If you give up meat on Friday but do NOTHING for the poor it is an empty and selfish gesture.**

For Lent, carry a rosary in your pocket. At every moment you are at rest and not doing anything, recite a "Hail Mary" or two.

Mary will help you to "think of someone", or "do something specifically" to help **another**. Why do you think I carry such a large rosary in my pocket? *It reminds me to spend every precious moment of life bringing God's grace into the world.*

Lent is not merely a time of giving up things. It is eradicating things that distract us from doing God's work. **Lent is not about you.** Lent is about dying to self so that others may have life and life in abundance. God sent **you** into this world to ease others' burdens.

God's Love and Grace was meant to be available to His children but we all-too-often get in the way. DIE to self, serve and pray for others in these holy 40 days of Lent.

Mary, Mother of God help us.

Msgr. Jon F. Majarucon

Mass Intentions

February 29—March 6, 2020

Feb 29 Sat (Vigil)	5:30 pm	Beatriz Romero Susi (D)
Mar 1 Sun	7:30 am	Roman & Rosita Juan (D)
	9:30 am	Walter McCartney (D)
	11:00 am	Joan Meissner (D)
	12:30 pm	Dulce Maria Lopez (L)
	5:30 pm	Our Parish Community
Mar 2 Mon	8:00 am	Juno Mason (D)
Mar 3 Tue	8:00 am	Allan Fanning (D)
Mar 4 Wed	8:00 am	Jesus Rojas (D)
	12:05 pm	Frank Bond Horner (D)
Mar 5 Thu	8:00 am	Paige Cooper (L)
Mar 6 Fri	8:00 am	Francisco Espinoza (D)

Lenten Fish Fry Dinners

Knights of Columbus Council 5300 is sponsoring Lenten Fish Fry dinners each Friday evening during Lent (no fish fry on Good Friday). Serving begins at 6:00 pm in the Parish Hall. Enjoy one of the tastiest fish dinners you can get in Southern California! Cost is only \$10. Children under 12: \$5. **Take-out meals are available.** Proceeds support the charitable works of the Council.



Blood Drive — Knights of Columbus Council 5300 will be sponsoring a blood donation drive in the Parish Hall on **Sunday, March 8** from 8:30 am to 12:30 pm. **Advance sign-ups** will be held outside of the church after the 7:30 am, 9:30 am, and 11:00 am Masses **today** (Sunday, March 1). Sign-ups will also take place outside the bloodmobile on the day of the blood drive. The Knights will provide a **free breakfast** to all donors who complete the donation process prior to the 11:00 am conclusion of the breakfast service.



"The Gathering" — Widows, widowers, and other singles are invited to play cards, board games, and other activities next Sunday, **March 8**, from 12:30 pm to 3:00 pm in the Parish Center, Rm. A/B.

Fingerprinting — **March 12** in the Parish Hall. The Archdiocese mandates that all volunteers are to be fingerprinted through the Archdiocese of LA. If you volunteer in any capacity and have not yet been through this process, please contact the Parish Office for an **appointment**. Thank you for your support in helping to keep our campus and those who are vulnerable, safe.

~ Calendar Highlights This Week ~

Sunday, March 1

Sign-up for the March 8 Blood Drive, after morning Masses, outside the church

Monday, March 2

Guadalupanos, 7:00 pm, St. Joseph Rm.

Tuesday, March 3

Escuela de Evangelización, 7:00 pm, PC, MP Room

Friday, March 6

Fish Fry Dinner, serving begins at 6:00 pm, Parish Hall

Stations of the Cross: 5:30 pm (English) and 7:00 pm (Spanish), Church

Grupo de Oración, 7:00 pm, Conference Rm.

Adoration of the Blessed Sacrament begins at **9:00 pm**

Saturday, March 7

Women's "Lenten Morning of Reflection", 8:30 am to 1:00 pm, PC, Rm. A/B

Benediction, **10:00 am**

Sunday, March 8

Blood Drive, 8:30 am to 12:30 pm, Parish Hall

Parish Breakfast, 8:30 am to 11:00 am, Parish Hall

"The Gathering", 12:30 pm to 3:00 pm, PC, Rm. A/B

PC=Parish Center

"First Friday" Eucharistic Adoration — On Friday, **March 6**, the Blessed Sacrament will be exposed at **9:00 pm** until Solemn Benediction at **10:00 am**, Saturday, March 7. For information, please email margpriest@aol.com or call **967-7391**.

Please note the change in time of the start of Adoration of the Blessed Sacrament, and that Benediction on Saturday is at 10:00 am instead of the usual time of 8:00 am.

Women's "Lenten Morning of Reflection" — Women are invited to a "Mini-Retreat" on **Saturday, March 7**, from 8:30 am to 1:00 pm in the Parish Center, Room A/B. \$10 per person includes lunch. **RSVP** prior to March 3 by calling Rita Fennell at **(805) 886-8555**. Please invite a friend! Hope to see you there!

Parish Breakfast — Next Sunday, **March 8**, the Knights of Columbus will be serving their delicious "gourmet" breakfast in the Parish Hall from 8:30 am until 11:00 am. Enjoy scrambled eggs, sausage, pancakes, fruit cocktail, applesauce, fruit juice and coffee, tea or hot chocolate — all for the low price of \$5. **Take-out meals available.** Proceeds fund the charitable works of the Knights of Columbus, Council 5300.



Financial Information

Parish Giving — Sign up for electronic giving! Safe and secure! Visit the website: straphaelsb.org or contact Shanelle Turcios in the Parish Office, **967-5641 x101**. Email: sturcios@straphaelsb.org.

Liturgical Ministries

Anointing of the Sick or Funeral Ministry — Call the Parish Office at **967-5641**.

Eucharistic Ministry to the Sick and Homebound —

If someone is at Goleta Valley Cottage Hospital, a nursing home, or homebound and needs Eucharist brought to them, call Vicky Jacobson at **895-1499**.

Eucharistic Ministers (at Mass) — Marcia Greiten, **705-8924**.

Lectors — Charles Kriech, **967-8886**; Anne White, **451-2709**.

Music — Dorothy Turner, **968-0683**; Bob/Patty Burnham **569-5858**.

Sacristans — Marie Lundfelt, **687-4313**.

2020 Together in Mission

"Our Story is Alive"

Our parishes and schools desire to be the center of community life, reaching out to those in our midst. However, some struggle to keep the lights on. Vibrant ministries, crucial repairs and operating expenses are supplemented by generous donations. For over 27 years you have responded to the call to keep our story of faith alive. Together with thousands of Catholics across the Archdiocese, your gifts have enabled our poorest communities to thrive!

This year, our parish has been asked to raise \$84,849. If you and your family have not had the opportunity to make your pledge, please complete a pledge card found in the pews, or make your pledge online by visiting ourmissionla.org/give. Your gifts to Together in Mission ensure that every Catholic living in the Archdiocese has a parish to celebrate their faith and access to Catholic school education. You are living your faith through your actions when you support Together in Mission.



Please Pray for the Sick of Our Parish

Manuel Alergan	Trang Ha	Ngan Ngo
Victor Allende Bollo	Rich Hagon	Truc Ngo
Delia Almaguer	Albert Hannon	Lala Nungaray
Oscar Ardian	Aiden Henderson	Lupe Osuna
Stan Baran	Erik Jacobson	Eleanor Paulazzo
Arthur Barba	Alfonso Jimenez	Dee Penza
Eleanor Barstow	Juanito Jimenez	Robert Priest
Kathleen Bottiani	John Kestel	Therese Pugh
Carol Brown	Katherine Kiernan	Lydia Ramirez
Kenneth Brown, Jr.	Ken Kiernan	Bill Randolph
Randy Brown	Michael Kroes	Glady Randolph
Song Cao	Thang Lac	Lisa Rasmussen
Fr. Frank Colborn	Kelly Lallier	Kimberly Reyes
Ricardo Contreras	Velia Lara	Garry Reynolds
Fernando Del Pozzo	Celia Lopez	Hal Rich
III	Mrs. Charles Lundfelt	Fr. Antonio Ruiz
Alejandro Doran	Katherine Mai	Rene Ruiz
Monica Espinoza	Paul Makis	MaryAnne Schreier
Christian Franzen	Ernesto Maldonado	Alfred Torres
Juan Frausto	Carmen Martinez	Dany Torres
Ana Ma. Garcia	Sr. Maria Inez	Efrain Torres
Guzman	Martinez	Chau Tran
Blanca Gomez	Lauretta May	Chi Tran
Mack Gonzalez	Virginia Mayer	Ria Van Son
Charles Graham	Carol McLafferty	Dominic Ventura
Suzie Graves	Roberto Medina	Lou Ventura
Sally Guarnes	Marisol Murillo	Loretta Verhasselt
Miguel Angel	Anguinal	Alicia Zanolini
Guerrero	Noel Murillo	
Dung Ha	Judy Nelson	
Tram Ha	Letty Nelson	

To add or remove immediate family from this list, please contact the Parish Office: **967-5641**.

Names will be removed from the list after 90 days unless the Parish Office is advised otherwise. Thank you.

Wider Catholic Community News

World Day of Prayer 2020 — Join Church Women United on Friday, **March 6**, 10:15 am at First Presbyterian Church Chapel, 21 East Constance Ave., Santa Barbara. Optional lunch to follow, \$8. To **RSVP** call the church at **(805) 687-0754** by March 4.

Special Event — On Sunday, **March 8**, St Louis de Montfort Church in Orcutt will host Alan Ames from Perth, Australia. He will share his inspiring conversion story. Starts after the 6:00 pm Sunday Mass. The talk will be followed by Exposition of the Blessed Sacrament, a "Healing Service", Confession, and then concludes with Benediction. 1190 East Clark Ave, Santa Maria. **(805) 937-4555** or Lydia Marin at **(805) 708-1946**.

Spirituality & Fellowship

Divine Mercy: Martha Avila 964-4945. Meets monthly (usually 3rd Tuesday of the month) at 7:00 pm, in the church.

Eucharistic Adoration/Exposition: Margaret Priest 967-7391

Healing of Families: Dcn. Stephen Montross 964-9152

Knitting & Crafts: Betty Watt (805) 968-9845. Meets every Thursday, 9:00 am to 2:00 pm, in the Conference Room.

Operation Outreach: Beth Fairfield 964-7919

Charismatic Prayer and Worship: Barbara Flynn. Meets Wednesdays at 6:30 pm, in the Conference Rm.

Rosary & Divine Mercy Prayer Group: Meets Thursdays, 8:30 am, in the church "crying room".

Rosary Makers: Janet Fanucchi 886-9723

Secular Order of Discalced Carmelites: Meets monthly. Reid Wagner at Reidwagner5@yahoo.com or (805) 252-6105

St. Joseph Men's Prayer Group: Bob Marks 968-6008. Meets Wednesdays, 6:30 pm, in the church.

St. Raphael Bowling League: Joanne Anderson, 967-8645 or Carol McLafferty, (805) 685-4284

The Gathering: Marie Mlodzik 967-4330

"Little Souls" Sunday School — Since October 1968,

"Little Souls" Sunday School has been offering classes for **3, 4, 5/6 year old** children during the 9:30 am Sunday Mass. Classes are held for one hour each Sunday from the **first of October to the first of May** (except for holidays). We

teach about God's gifts i.e., Gift of our senses, Gift of our family, Gift of animals, Gift of Jesus and the Gift of our world. Each lesson is at the level that the young child can understand. For more information, contact Cecilia Marks at skidmarks2heaven@gmail.com.

Men's Conference — **Saturday, March 28**, 8:00 am to 1:00 pm, at Notre Dame School (Auditorium), 33 E. Micheltorena St., Santa Barbara. The half-day conference includes inspiring talks by Fr. John Love and Fr. Calin Tamiian, prayer, fellowship, and lunch. Sponsored by Saint Therese Classical Academy. Cost: \$10. **RSVP:** sbrocha@hotmail.com or **(805) 729-4309**.

5th Annual "Chapel to Church" 1/2 Marathon Run/Walk — **Saturday, March 28**. Register at active.com. For more information, visit chapeltochurch.com or call **(805) 937-4555**. Proceeds benefit Catholic Charities of Santa Maria.

St. Raphael School

straphaelschoolsb.org

Principal: Michelle Limb, **967-2115**

Preschool: Edna Santos, **967-4435**

From The Principal's Desk

Dear St. Raphael School Families and Friends,
Lent is a season of alms-giving, penance, reflection and fasting. All students will receive an "alms box" from St. Vincent's to support the Father Virgil Cordano Center. These alms boxes will support our homeless brothers and sisters in the Santa Barbara area. The loose change will change lives!

Registration for the 2020-2021 school year is March 19. The Catholic Education Foundation (CEF) Tuition Assistance applications are now available. You can download the forms from the e-newsletter or pick up a copy in the office. All families applying for financial assistance must make an appointment now with CEF at Bishop Diego High School. CEF will be at Bishop Diego High School on March 17. A copy of the financial aid application will need to be dropped off at our school office as well.

Important Dates:

March 5: 1st Reconciliation at 1:00 pm

March 6: Stations of the Cross at 1:05 pm

March 13: Stations of the Cross at 1:05 pm. End of the 2nd Trimester.

In Mary's Love,

Ms. Michelle Limb, Principal

Protecting Our Children

Personalize your fire safety plan. Research shows that having a fire escape plan, and executing it quickly, greatly increases the chances of a successful escape from a house fire. In studies, researchers tested standard high-decibel smoke alarms on sleeping children, and found that just over half the children woke up to the noise. However, when researches used personalized messages recorded by the children's parents in conjunction with the beeping smoke alarms, almost 100 percent of the children woke up and successfully followed their escape plan.

Saint Raphael Youth Ministry



Leading Teens Closer to Christ

Teen Mass and High School Life Night:

5:30 pm Teen Mass followed by Life Night

For Teens Interested in Getting Baptized and/or Making First Communion:

We have a special sacrament class just for teens in 7th grade and older

LIFETEEN® and Confirmation News

Confirmation Preparation Year 1 and Year 2 will begin in the middle of September. Confirmation Registration Packets will be available starting on **August 1**. You can obtain a packet in the Parish Office, after 5:30 pm Sunday evening Masses or call John **(805) 964-3466 x1**. Packets available at www.straphaelslifeteen.com.

Junior High Program for 7th and 8th Graders

This twice-a-month pre-Confirmation program explores the Life and Word of Jesus Christ through the Gospels. We want to provide our Junior High students the foundation they need to prepare for Confirmation in their High School years and for any sacraments that they may not have received (Baptism, Confession, First Communion). Call John at **(805) 964-3466 x1** for more information. Register by contacting the Parish Office or Youth Ministry Office. **For info on ANY** of the teen programs, call John or email srym12@yahoo.com.

- **Confirmation Year 1 and 2** meet on Monday Nights from 7:00 to 9:00 pm.
- **"Men of God"** and **"Daughters of the King"** both meet every other Wednesday, 7:00 to 9:00 pm.
- **Full Circle**, a support group for teenagers, meets every other Wednesday from 7:00 to 9:00 pm.
- **Dos Pueblos Catholic Club** meets Wednesdays at lunch in room Q-13; pizza is one dollar per slice.
- **S.M. Breakfast Club** meets every other Thursday on late start from 7:45 to 8:45 am at Cody's restaurant.

Youth Ministry Young Adult Group (Ages 22-36)

The focus is on building community, and sharing/growing in faith. Meetings are **every other Tuesday** from 7:00 pm to 8:30 pm. Follow on Instagram [belong_sb](https://www.instagram.com/belong_sb). For info, call Justine at **(805) 964-3466 Ext 2**.

Parish Staff and Office Hours

Monday thru Thursday: 8:30 am to 7:30 pm; **Friday:** 8:30 am to 5:00 pm; **Saturday:** 9:00 am to 2:00 pm; **Sunday:** 8:30 am to 2:00 pm. Parish Office staff: **967-5641.**

After hours **emergency** number: **(424) 219-3747.**

Bulletin Submissions — Please submit items no later than **Friday, at Noon, nine days prior** to the intended Sunday bulletin. Parish organizations have priority. Items must be emailed or typed clearly on paper. **No phone-in announcements please.** Announcements may be edited for space. Email: **office@straphaelsb.org**

Bulletin: Deborah Correio, bulletin@straphaelsb.org

Finance/Accounting/Online Giving: Shanelle Turcios, 967-5641 x101, sturcios@straphaelsb.org

Finance Council: John Hoenigman—*Chairman*; 967-2114

Website: Kylie McCue, kmccue@straphaelsb.org, 967-5641

Faith Formation

Adult Faith Formation (Holy Communion, Confirmation):

Parish Office, 967-5641

Children's Liturgy of The Word: Nancy Panizzon, 964-5462

Altar Servers: Bruce Schumikowski, 964-4456 & MaryJo Comer, (805) 886-5710

Baptism Coordinator: Maria Romero, 967-5641

End of Life: Parish Office, 967-5641

"Little Souls" Sunday School: Cecilia Marks, 968-6008

Religious Education (CCD):

English Coordinator: Karen Froelicher, 967-1641 x3

Bilingual Coordinator: Ana Cervantes, 967-1641 x4

Rite of Christian Initiation for Adults (RCIA): Msgr. Jon F. Majorucon, 967-5641 Ext. 105

Vocations, Parish Rep: John Switzer 967-8049

Service & Outreach

Always Our Children: Support group for parents of LGBTQ children, Joe & Kathie Schneider 687-4338

Catholic Charities Santa Barbara: 965-7045

Community Counseling Center: 962-3363

Engaged Encounter: <http://www.cceofla.org>

Hospice of Santa Barbara (counseling services): 563-8820

Jail Ministry (Restorative Justice): Michael Ledisa (213) 705-5510

Knights of Columbus:

Third Degree Grand Knight: Raphael Cardenas (805) 967-2309

Fourth Degree Faithful Navigator: Frank Donohoe (805) 698-6102

District Deputy: Chris Arnoult (805) 964-6324

Martha's Ministry: Mary Penza call or text (805) 455-2580

Network Medical: Supporting unplanned pregnancies 967-9096

Service & Outreach (cont'd)

Neuropathy Support Group: Nancy Kriech 967-8886

Parish Festival: Glenn Schiferl 964-6013

Respect for Life: Rita Fennell (805) 886-8555

Rachel's Vineyard: Post-abortion support for women and men (877) 467-3463 (877-HOPE4ME)

Rescue Mission: 966-1316

Safeguard the Children: Msgr. Jon F. Majorucon, 967-5641

Santa Barbara Pastoral Region Office: Bishop Robert Barron, 682-0442

Scouting:

Boy Scouts: Glenn Schiferl, 964-6013, www.goleta105.com

Girl Scouts: Stephanie Carlyle 968-6505, Jame Flint 962-6395
Venture Crew: Joe Bauer, 967-2211

Victims Assistance Ministry: Suzanne Healy (213) 637-7650

Villa Majella: Services/shelter for single pregnant women.

Website: villmajella.org; (805) 964-1650

Visiting Nurse and Hospice: 965-5555

24-Hour Help Line/Crisis Intervention: 692-4011 or (800) 400-1572

In Need of Help?

Call St. Vincent de Paul **683-8535.**

Fasting and Abstinence — Catholics abstain from meat on Ash Wednesday, Good Friday and on all the Fridays of Lent. On a day of fasting, eat only one full meal; you may also eat two partial meals. Everyone age 14 and older is bound by the law of abstinence. Fasting is required of people 18 to 59. Catholics younger and older than that need not fast, and any person with medical issues is exempt from fasting.

Wider Catholic Community News (cont'd)

Pro-Life — Join in prayer for an end to abortion and for the conversion of those working at Planned Parenthood. 518 Garden Street in Santa Barbara. The Holy Rosary and Divine Mercy Chaplet will be recited. Please contact Gisela Cooper at **(805) 886-3732** (text/call) for meeting **dates and times.**

By the anxieties and worries of this life
Satan tries to dull man's heart and make a
dwelling for himself there.

St. Francis of Assisi

Noticias de la Parroquia

Misión Parroquial De Cuaresma "Regresando A Nuestro Padre"

El Padre Emeka

8 de Marzo — 12 de Marzo

En Ingles: domingo 8, lunes 9, y martes 10
de 7:15 pm a 8:30 pm

Español: miércoles 11 de 7:15 pm a 8:30 pm

Sesiones matutinas adicionales en la iglesia lunes a
jueves, 8:30 am a 9:00 am
después de misa de la mañana

En La Misa de Clausura (Bilingüe)
jueves 12 a las **8:00 pm**

Todas las noches concluirán con refrigerios
en el salón parroquial



El Padre Emeka estuvo como Sacerdote
visitante en agosto, del domingo de Misión. Él
es cogedor, enérgico y lleno de vida.

Cenas de 'Pescado Frito' en Cuaresma — Los Caballeros de Colon, Consejo 5300 patrocina las cenas de "Pescado Frito" todos los viernes durante la Cuaresma. (No el Viernes Santo). Venga al Salón Parroquial de la Iglesia y disfrute de una de las mejores cenas de pescado en el sur de California (puede pedirla para llevar a su casa si lo desea). El costo es de \$10. Niños menores de 12 años, \$5. Se comienza a servir a las 6.00 de la tarde. El dinero colectado financiará obras de caridad de los Caballeros de Colon.



Protegiendo a Los Niños — Personalice su plan de seguridad contra incendios. Estudios demuestran que contar con un plan de escape en caso de incendios, y ejecutarlo rápidamente, aumenta en gran medida las posibilidades de un escape exitoso de una casa incendiada. En los estudios, los investigadores probaron las alarmas de humo estándares de altos decibeles con niños dormidos, y encontraron que solo la mitad de los niños se despertaron con el ruido. Sin embargo, cuando los investigadores usaron mensajes personalizados grabados por los padres de los niños junto con el sonido de las alarmas, casi el 100 por ciento de los niños se levantaron y siguieron con éxito el plan de escape.

¿Necesita Ayuda?

Recuerde llamar al **683-8535**, San Vicente de Paul

Escuela de Evangelización (EDE): Deacon Sergio Lopez, 805-689-5087 and Ana L. Lopez, 805-895-2027

Guadalupanos: Carlos Sanchez, 570-1838 and Jesus Lopez, 895-4099

Comite de Liderazgo Hispano: Jesus Lopez, 895-4099

Ministros de la Eucaristía: Misa: Carlos Sanchez, 570-1838, y Estela Santos, 683-6542

Para Los Enfermos: Carlos Sanchez, 570-1838 y Ana Lopez, 805-895-2027

Liturgia Dominical Para Niños: Ester Lopez, 895-4099

Ujieres/Hospitalidad: Bernardo Lule, 964-9194

Grupo de Oración: Jesús Lopez, 895-4099

Horas de Oficina

lunes, martes, miércoles y jueves:

8:30 am a 11:30 am y 12:30 pm a 7:30 pm

viernes: 8:30 am a 11:30 am y 12:30 pm a 5:00 pm

sábado: 9:00 am a 2:00 pm

domingo: 8:30 am a 2:00 pm

office@straphaelsb.org

Ayuno y Abstinencia

Durante la Cuaresma, los católicos de los Estados Unidos se abstienen de comer carne el Miércoles de Ceniza y todos los Viernes de la cuaresma. También ayunamos el Miércoles de Ceniza y el Viernes Santo. En un día de ayuno, coma solamente una comida completa, al día, también puede comer 2 comidas parciales y ningún refrigerio entre comidas. Todas las personas de 14 años de edad y mayores, deben cumplir con la ley de abstinencia. El ayuno empieza a regir después de cumplir los 18 años hasta después de los 59 años.

2020 Unidos en Misión

"Nuestra Historia Está Viva"

Este año, a nuestra parroquia se le ha pedido que recaude \$84,849.00. Si usted y su familia no han tenido la oportunidad de hacer su promesa, les pedimos que completen una tarjeta de compromiso que se encuentra en las bancas, o que haga su promesa en línea visitando togetherinmission.org.

Sus donaciones aseguran que cada católico que vive en la Arquidiócesis tenga una parroquia para celebrar su fe y



acceso a la educación escolar católica. Ustedes están viviendo su fe a través de sus acciones cuando se comprometen a ayudar a Unidos en Misión.

