

# MOTHER OF SORROWS / MADRE DE LOS DOLORES

114 W. 87th. (Corner: Main & 87th), Los Angeles, CA 90003

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Religiosas Carmelitas de San Jose, C.S.J.  
Sisters Carmelites of St. Joseph, C.S.J.  
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**Educación Religiosa/Confirmación**  
**Religious Education/ Confirmation**  
Hna. Marta Elena Molina  
(323) 789-6316

**Secretaries:**

Marisol Guzman • Rosa Sandoval • Katherine Padilla



**Pastor**  
Fr. Brian Chung

**School Principal / Directora**  
Ms. Griselda Villarreal

**website:** motherofsorrowsla.org

**School / Escuela**  
100 W. 87th Place  
(323) 758-6204

Email: moscatholicch@yahoo.com

## MASSES / MISAS

### Sunday / Domingo

7:00 am Español  
8:30 am Español  
10:30 am English  
12:00 pm Español  
2:00pm Español - Misa de Niños  
6:00pm Español

### Monday - Friday / Lunes - Viernes

6:15 pm Español

### Jueves

Hora Santa después de Misa

## OFFICE HOURS / HORAS DE OFICINA

**Weekdays / Diario**  
9:00 am - 8:00 pm

**Saturday / Sabado**  
9:00 am - 2:00 pm

**Sunday / Domingo**  
8:00 am - 3:00 pm

## RECONCILIATION / RECONCILIACIÓN

(Confessions / Confesiones)

Thursday / Jueves 7:00 pm - 8:00 pm

(And by request / cuando piden)

## BAPTISM / BAUTISMOS

English: Please call for an appointment.

1ro y 2do Miercoles 7:00 p.m. Llamar antes para inscribirse.

## WEDDINGS / BODAS

Must meet with a priest *six (6) months* before the wedding.

Los novios hablen con el Sacerdote al menos *6 meses* antes.

## PARISH MINISTRIES / MINISTERIOS PARROQUIALES

If you are interested please give them a call / Si esta interesado llame por favor

All Night Adoration/Adoradores Nocturnos: 1st Saturday of the month, 1er Sabado del Mes @ 9pm-5am...Jose y Maria Ramirez 323-707-7380  
Altar Society/Sociedad del Altar: .....Maria Quiñonez 323-396-8036  
Altar Servers/Monaguillos: .....Fridays (Viernes) 7pm-9pm.....Sister Lucia Padilla  
Choirs/Coros: .....Sister Lucia Padilla &  
.....Alicia Montañó 323-561-2900  
Get up and Walk/Levantate y Camina: .....Thursdays (Jueves) 7pm-9pm.....Gerardo y Irma Ceja Cervantes  
.....323-547-5989  
Liturgical Ministries/Ministerios Litúrgicos: Wednesday (Miercoles) 7pm; Lectors (Lectores).....Sister Lucia Padilla  
.....Eucharistic Ministers (Ministros de Eucaristia)  
.....Ushers (Ujieres)  
Religious Education/Catecismo: .....Hna. Marta Elena Molina  
Seeds of the Kingdom (RCIA)/.....Mondays (Lunes) 7pm & Saturdays (Sábados) 8am .....Sister Ana Delmy Molina  
Semilla del Reino: .....September (Septiembre) to May (Mayo)  
St. Vincent de Paul: .....Thursdays (Jueves) 9:30am-11am .....Guadalupe Gonzalez 323-319-7370  
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## PLEASE PRAY FOR EMILY NGUYEN

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."  
-Isaiah 41:10

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POR FAVOR APOYE A ESTOS ANUNCIANTES



Lecturas de hoy:		De la próxima semana:	
Jeremías	31, 31-34	Isaías	50, 4-7
Hebreos	5, 7-9	Filipenses	2, 6-11
Juan	12, 20-33	Marcos 14, 1-15, 47 o bien 15, 1-39	

**Marzo 21, 2021**

*“Oh Dios, crea en mí un corazón puro”.*

*Salmo 50*


**Fifth Sunday of Lent**

*“Create a clean heart, a clean heart in me, O God”.*

*Psalm 51*

Today's Readings:		Next week's Readings:	
Jeremiah	31: 31-34	Isaiah	50:4-7
Hebrews	5:7-9	Philippians	2:6-11
John	12:20-33	Mark 14:1-15:47 or 15:1-39	


**Lecturas Bíblicas para esta Semana**  
**Bible Readings for this Week:**



**Lun: Deuteronomio 13:1-9, 15-17, 19-30, 33-62 o bien 13:41-62 & Juan 8:1-11**  
**Mar: Números 21:4-9 & Juan 8:21-30**  
**Mier: Deuteronomio 3:14-20, 91-22, 95 & Juan 8:31-42**  
**Jue: Isaías 7:10-14, 8:10 / Hebreos 10:4-10 / Lucas 1:26-38**  
**Vier: Jeremías 20:10-13 & Juan 10:31-42**  
**Sab: Ezequiel 37:21-28 & Juan 11:45-56**


**Mon: Deuteronomy 13:1-9, 15-17, 19-30, 33-62 or 13:41-62 & John 8:1-11**  
**Tu: Numbers 21:4-9 & John 8:21-30**  
**Wed: Deuteronomy 3:14-20, 91-22, 95 & Juan 8:31-42**  
**Th: Isaiah 7:10-14, 8:10 / Hebrews 10:4-10 / Luke 1:26-38**  
**Fri: Jeremiah 20:10-13 & John 10:31-42**  
**Sat: Ezequiel 37:21-28 & John 11:45-56**

**DID YOU KNOW?**




**Revisit screen time recommendations**  
Parents everywhere are struggling to be parents, teachers, and friends for their children in the midst of the COVID-19 pandemic, many are likely and understandably relying on screens to help them through these seemingly endless days. Many children are also online for school, which only increases their screen exposure. The American Pediatric Association warns parents that too much screen time can lead to sleep problems, lower grades, mood and weight problems, and can keep children from learning how to relax and have fun without a screen present. Try to make time for reading, playing games, and other screen-free activities that will help break the cycle of screen addiction and talk to your children's teachers about how screen time for school can be managed. For more information, visit [https://www.aacap.org/AACAP/Families\\_and\\_Youth/Facts\\_for\\_Families/FFF-Guide/Children-And-Watching-TV-054.aspx](https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Children-And-Watching-TV-054.aspx)

**¿SABÍA USTED?**



**Revise las recomendaciones de tiempo de pantalla**  
Los padres de familia en todas partes están luchando por ser padres, maestros y amigos de sus hijos en medio de la pandemia de COVID-19, y es probable y comprensible que muchos confíen en las pantallas para ayudarlos en estos días aparentemente interminables. Muchos niños también están en línea por la escuela, lo que solo aumenta su exposición a la pantalla. La Asociación Estadounidense de Pediatría advierte a los padres de familia que pasar demasiado tiempo frente a una pantalla puede provocar problemas para dormir, calificaciones más bajas, problemas de estado de ánimo y de peso, y puede impedir que los niños aprendan a relajarse y divertirse sin una pantalla presente. Trate de hacer tiempo para leer, jugar y otras actividades lejos de la pantalla que ayudarán a romper el ciclo de adicción a la pantalla y hable con los maestros de sus hijos sobre cómo se puede administrar el tiempo de pantalla en la escuela. Para obtener más información, visite [https://www.aacap.org/AACAP/Families\\_and\\_Youth/Facts\\_for\\_Families/FFF-Guide/Children-And-Watching-TV-054.aspx](https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Children-And-Watching-TV-054.aspx).

**GOSPEL REFLECTION**  
Fifth Sunday of Lent (B)  
*by Rev. Fr. Allen Bacler Abadinos*  
"Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain, but if it dies, it bears much fruit."



**Today Gospel John 12:20-33**

Some Greeks who had come to worship at the Passover Feast came to Philip, who was from Bethsaida in Galilee, and asked him, "Sir, we would like to see Jesus." Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, "The hour has come for the Son of Man to be glorified. Amen, amen, I say to you, unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit. Whoever loves his life loses it, and whoever hates his life in this world will preserve it for eternal life. Whoever serves me must follow me, and where I am, there also will my servant be. The Father will honor whoever serves me.

"I am troubled now. Yet what should I say? 'Father, save me from this hour'? But it was for this purpose that I came to this hour. Father, glorify your name." Then a voice came from heaven, "I have glorified it and will glorify it again." The crowd there heard it and said it was thunder; but others said, "An angel has spoken to him." Jesus answered and said, "This voice did not come for my sake but for yours. Now is the time of judgment on this world; now the ruler of this world will be driven out. And when I am lifted up from the earth, I will draw everyone to myself." He said this indicating the kind of death he would die.


**EL LLAMADO A MORIR/THE CALL TO DIE**

La muerte no necesariamente suena tan atractiva para la mayoría de la gente. Entonces, ¿cómo debemos mirar a la muerte? Cuando nuestro tiempo llegue de acuerdo con la voluntad de Dios, debemos acogerlo y anticipar nuestra inmersión total en la vida de Dios.

Pero este pasaje de las Escrituras habla de la muerte en otro nivel. Morir por uno mismo significa que dejamos ir todo egoísmo en la vida. En primer lugar, todos los actos intencionales de egoísmo deben ser dejados ir. Esto podría incluir incluso cosas buenas como una relación amorosa, más bien, no debemos aferrarnos a nada, ni siquiera a las cosas buenas, por motivos egoístas. El amor, cuando es amor auténtico inspirado en Dios, siempre es desprendido y desinteresado, mirando sólo hacia el bien del otro. Esta es la muerte más pura para uno mismo que podemos vivir.

Reflexiona, hoy, sobre tu llamamiento a morir. Primero, reflexiona sobre la muerte literal de este mundo que algún día experimentarás. No temen ese momento; más bien, verlo como una gloriosa transición a la plenitud de la vida. Busca maneras de morir a ti mismo, ahora.

**Identifica maneras prácticas y concretas en que Dios te está llamando a esta forma de muerte.**  
**SEÑOR, ME ENTREGO A TI Y A TU SANTA VOLUNTAD DE UNA MANERA TOTAL Y SACRIFICIAL. LLÉVAME, QUERIDO SEÑOR, Y HAZ CONMIGO LO QUE TU DECIDAS. DIOS, EN TI CONFÍO.**



Death does not necessarily sound all that inviting to most people. So, how should we look at death? When our time comes in accord with the will of God, we should welcome it and anticipate our full immersion into the life of God.

But this Scripture passage speaks of death on another level. Dying to oneself means that we let go of all selfishness in life. First, all intentional acts of selfishness must be let go. This could include even good things such as a loving relationship, we must not cling to anything, even good things, for selfish motives. Love, when it is authentic love inspired by God, always is detached and selfless, looking only toward the good of the other. This is the purest death to self that we can live.

Reflect, today, upon your calling to die. First, reflect upon the literal death from this world that you will one day experience. Do not fear that moment; rather, see it as a glorious transition into the fullness of life. Look for ways that you can die to yourself, here and now.

**Identify practical and concrete ways that God is calling you to this form of death.**  
**LORD, I GIVE MYSELF TO YOU AND YOUR HOLY WILL IN A TOTAL AND SACRIFICIAL WAY. TAKE ME, DEAR LORD, AND DO WITH ME AS YOU WILL. JESUS, I TRUST IN YOU.**


**RIP /Sus Intenciones de hoy en Memoria de:**



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**HORARIO DE SEMANA SANTA/ HOLY WEEK SCHEDULE**

**Palm Sunday, March 28<sup>th</sup>**  
**Domingo de Ramos/Palm Sunday**  
Todas las misas serán horario Regular  
All masses will be at regular time



**Holy Thursday, April 1<sup>st</sup>**  
**7:00 P.M. Jueves Santo**  
La última Cena del Señor/Mass of the Lord's Supper

**Good Friday, April 2<sup>nd</sup>**  
**7:00 P.M. Viernes Santo**  
Celebración de la Pasión del Señor/Celebration of the Passion of the Lord

**Holy Saturday, April 3<sup>rd</sup>**  
**8:00 P.M. Vigilia Pascual/ Easter Vigil**

**Easter Sunday, April 4<sup>th</sup>**  
**Domingo de Resurrección** Todas las misas serán horario Regular/All masses will be at regular time


**Anuncios Importantes**  
**Important Announcements**



-Everyone is invited to participate in the Holy Stations of the Cross every Friday of Lent beginning with the Holy Eucharist at 6:15 pm.

-Todos están invitados a participar en el Santo Viacrucis todos los viernes de cuaresma iniciando con la Santa Eucaristía a las 6:15pm.

**Oremos por los Enfermos**  
**Let us pray for the Sick**



Anna Chung  
María De Jesús Padilla  
Celia Ochoa  
Josefina Mayorquín